

About Houston Methodist

Houston Methodist Hospital is ranked Best in Texas and No. 14 in the nation by *U.S. News & World Report* for cardiology, heart & vascular surgery.



LOCATIONS FOR HEART SCREENINGS AND SCANS

	Heart Scan	Heart Scan Plus	Vascular Screening	Vascular Age Screening (CIMT)
Houston Methodist Hospital	●	●	●	●
Houston Methodist Baytown Hospital	●	●	●	
Houston Methodist Clear Lake Hospital	●	●	●	●
Houston Methodist Cypress Hospital	●	●	●	
Houston Methodist Imaging Center in Spring Branch	●			
Houston Methodist Sugar Land Hospital	●	●	●	
Houston Methodist West Hospital	●	●	●	●
Houston Methodist Willowbrook Hospital	●	●	●	●
Houston Methodist The Woodlands Hospital	●	●	●	

● Self-referral is available

● Requires physician's order

Houston Methodist Hospital

Texas Medical Center
6565 Fannin St.
Houston, TX 77030

Houston Methodist

Baytown Hospital
4401 Garth Rd.
Baytown, TX 77521

Houston Methodist

Clear Lake Hospital

18300 Houston Methodist Dr.
Houston, TX 77058

Houston Methodist

Cypress Hospital
24500 Northwest Fwy.
Cypress, TX 77429

Houston Methodist Imaging

Center in Spring Branch

8333 Katy Fwy.
Houston, TX 77024

Houston Methodist

Sugar Land Hospital
16655 Southwest Fwy.
Sugar Land, TX 77479

Houston Methodist

The Woodlands Hospital
17201 Interstate 45 S.
The Woodlands, TX 77385

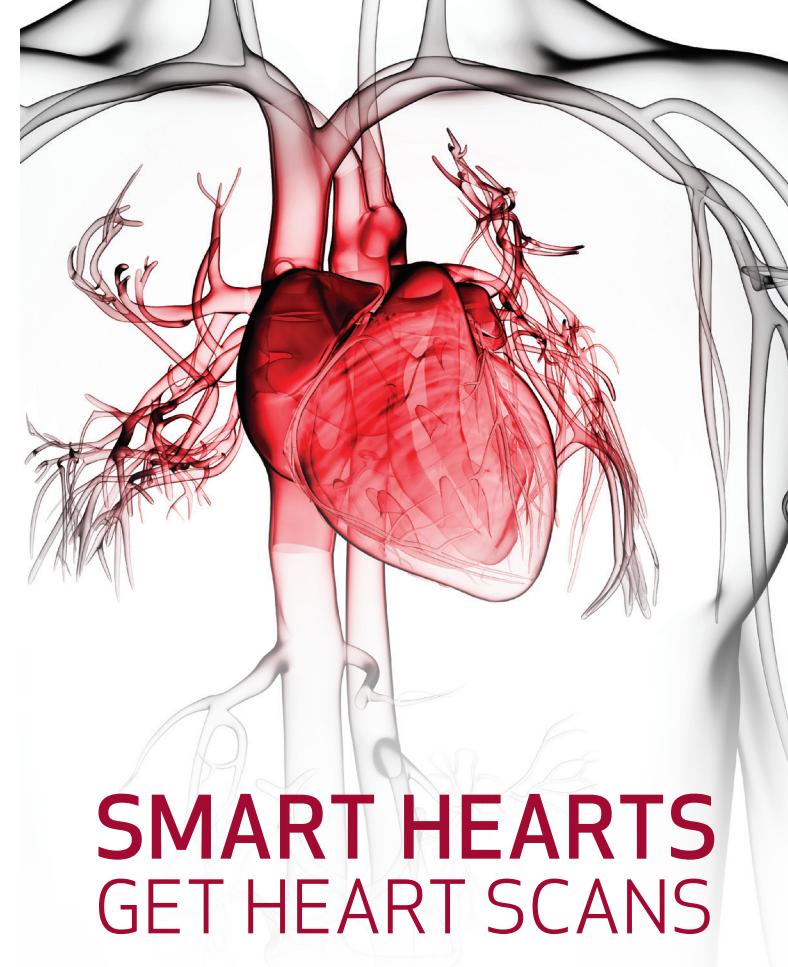
Houston Methodist

West Hospital

18500 Katy Fwy.
Houston, TX 77094

Houston Methodist

Willowbrook Hospital
18220 State Hwy. 249
Houston, TX 77070



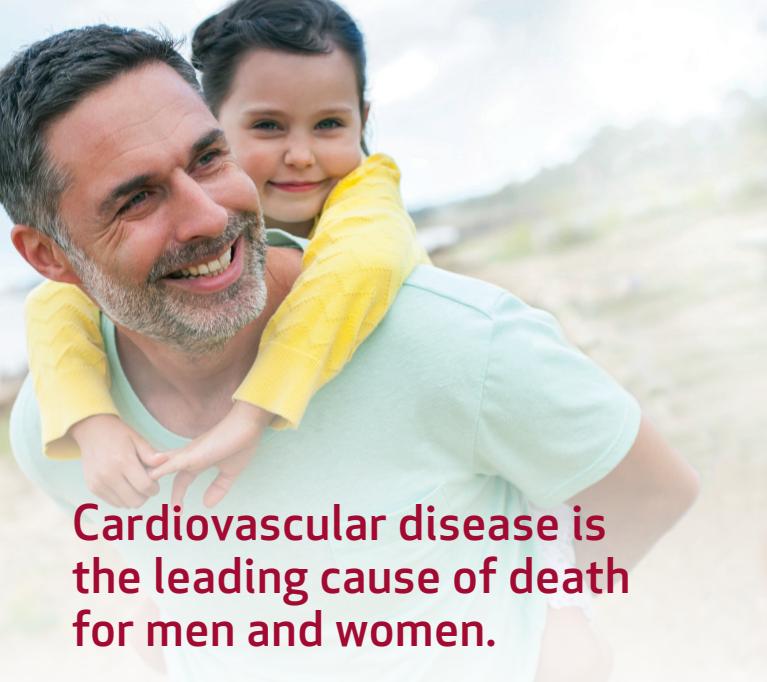
SMART HEARTS GET HEART SCANS

Protect yourself from heart disease with heart-smart behaviors and annual heart screenings.



HOUSTON
Methodist
DEBAKEY HEART &
VASCULAR CENTER

houstonmethodist.org/heartscans



Cardiovascular disease is the leading cause of death for men and women.

Houston Methodist Heart and Vascular Screening Packages can help you understand your risk, which is the first step toward prevention. We employ many of Houston's most highly trained cardiologists, cardiovascular surgeons, radiologists and technologists to analyze your tests and help you understand your risk.

Houston Methodist has a 30-year history of excellence in cardiovascular imaging and diagnostics, and we are leading the fight against heart and vascular disease.

If you have a referral from your physician to schedule a Heart Scan, call **346.356.3044**.

For a self-referral visit,
Houston Methodist MyChart,
houstonmethodist.org/schedule-heart-scan
or scan the QR code.



FREQUENTLY ASKED QUESTIONS

Q: Should everyone have a screening test?

A: No. Screenings are beneficial for men between the ages of 40 to 65 and women between the ages of 50 to 70, and those who are considered immediate-risk individuals. Risk factors include family history, smoking, high cholesterol, high blood pressure and diabetes. This is a screening exam to assist in detecting potential diseases.

Q: If I have a known heart condition, can I still get these tests?

A: The Heart Scan and Heart Scan Plus are not necessary for those who have coronary artery disease, heart stents of any kind or have had coronary bypass surgery. For these patients, we recommend an evaluation by a cardiologist.

Q: How can I pay for these tests?

A: The prices listed reflect the cash pay price and include both the test and evaluation of the results. Most insurance will reimburse patients with proper documentation presented. Medicare will not cover the cost of these tests.

Q: How long will the test take?

A: The heart scan takes approximately 15 minutes. The Vascular Screening and the Vascular Age Screening (CIMT) each take approximately 45 minutes. The complete Heart Scan Plus will take approximately one hour.

Q: Why should I have my screenings at Houston Methodist?

A: Your results will be processed in an accredited lab and evaluated by either a cardiologist, a vascular surgeon or a subspecialized radiologist. Your results will be sent to your physician and you within seven business days. We suggest you share the results with your primary care physician or cardiologist.

HEART SCAN \$140

Calcium Score. Using a CT scanner, this tests for calcium buildup of plaque on the walls of the arteries. It is used to detect coronary artery disease.

HEART SCAN PLUS \$205

This combination package includes the Heart Scan and the Vascular Screening.

VASCULAR SCREENING \$120

Carotid Artery Screening. Blood vessels are checked for blockages using ultrasound.

Abdominal Aortic Aneurysm Screening. Using ultrasound, this test focuses on the abdominal aorta and checks for potential rupture.

Peripheral Artery Disease (PAD) Screening.

Blood pressure cuffs are placed on the ankles to evaluate blood flow in the legs.

VASCULAR AGE SCREENING (CIMT) \$120

Using ultrasound, the thickness of the arteries is measured to produce a risk assessment that estimates the vascular age of your arteries.

To self-refer for Heart Scan or Heart Scan Plus, you must:

- **Be male 40 to 65 or female 50 to 70**
- **Have at least one — or a family history — of the following risk factors: diabetes; current smoker; obesity; cholesterol greater than 160/LDL; blood pressure greater than 140/90**

A Heart Scan or Heart Scan Plus is not recommended if you:

- **Are male younger than 40**
- **Are female younger than 50**
- **Have no known risk factors for heart disease**
- **Have been diagnosed with heart disease**

There are no requirements for Vascular Screening or Vascular Age Screening for campuses that allow self-referrals.