

A photograph of a surgeon and a nurse in an operating room. The surgeon is in the foreground, wearing a blue surgical cap and mask, focused on a procedure. A female nurse in blue scrubs stands behind him, also wearing a mask. The background shows the illuminated ceiling of an operating room. A large, abstract graphic of a pixelated map of the United States is overlaid on the right side of the image, with colors including shades of blue, red, and white.

# LEADING MEDICINE: A TOWN HALL CONVERSATION WITH DR. MARC BOOM

Town Hall Conversation XXXVII

HOUSTON  
**Methodist**<sup>®</sup>  
LEADING MEDICINE

# Houston Methodist – South Region

Chris Siebenaler

Executive Vice President, Houston Methodist

Chief Executive Officer, Houston Methodist Sugar Land Hospital



# South Region Presence



 3 Emergency Care Centers

 1 Comprehensive Care Center



# South Region by the Numbers

2022

3 Full-Service Hospitals

40,851 Admissions



5,033 Births

Surgeries

8,090 Inpatient

21,466 Outpatient



808 Licensed Beds



2,821

Affiliated Physicians

As of May 2023

169,786 Emergency Room Visits



Number of Employees

5,851

As of May 2023

HOUSTON  
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LEADING MEDICINE



# South Region Presence

## ● Primary Care Group

13 locations | 53 Physicians



### HM Sugar Land

- 7 PCG Locations
- 28 PCG Physicians

### HM Clear Lake

- 4 PCG Locations
- 18 PCG Physicians

### HM Baytown

- 2 PCG Locations
- 7 PCG Physicians

# Centers of Excellence

## Cancer

- Commission on Cancer Accreditation
- ACR Breast Center of Excellence
- Access to clinical trials
- RN navigation
- Survivorship program



## Heart & Vascular

- New Advanced procedures (TAVR, Watchman)
- RN navigation for vascular access/dialysis patients



## Orthopedics & Sports Med

- Advanced technological capabilities utilized in the sports and rehab facility
- Orthopedic and Sports PT Residencies
- Athlete Trainer coverage for area ISDs and private schools



## Women's Services

- Level II Maternal Designation
- Level III NICU Designation (HMSL)
- Obstetrical Emergency Care (HMB & HMSL)



## Neurosciences

- DNV Primary Stroke Center
- Full neuro capabilities 24/7
- Sub-specialty care (sleep medicine, movement disorders, and more)
- Thrombectomy capable (HMSL)



# HM Baytown

Unity Tower – Opened November 2022

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# HM Clear Lake

League City Emergency Care Center – Opened May 2023



# HM Sugar Land

Medical Office Building 4 – Opening Fall 2023

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## OFFICE OF COMMUNITY BENEFITS

### South Region Community Impact

#### 2022 SUMMARY



**\$291,147,220**

Total Financial Assistance &  
Community Benefits



**24,967**

Unique Patients Receiving  
Financial Assistance



**\$128K**

Sponsorship Support to  
Area Nonprofits

**\$ \$107M+**

Financial Assistance  
Provided

**\$184M+**

Community Benefits  
Provided



**1,380**

I CARE in Action  
Volunteered Hours

## COMMUNITY HEALTH ACCESS PRIORITIES



**Primary Care**



**Specialty Care**



**Mental Health Care**



**Healthy Living**

## DEI SOCIAL DETERMINANT PRIORITIES



**Healthy Neighborhoods**

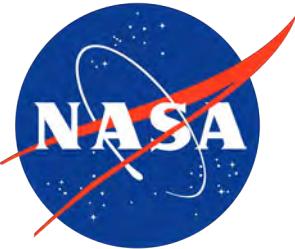


**Educational Empowerment**

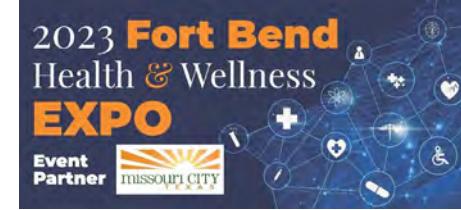


**Economic Empowerment**

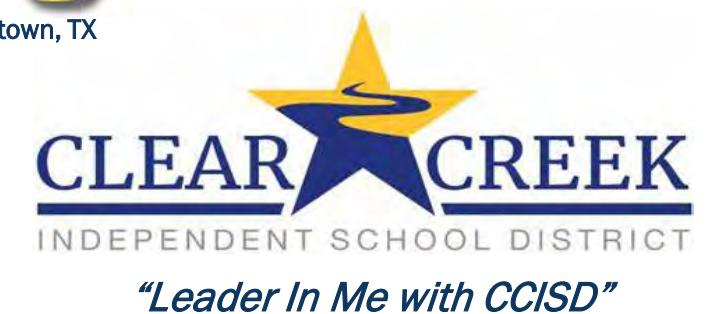
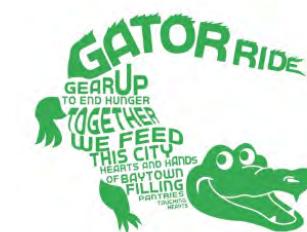
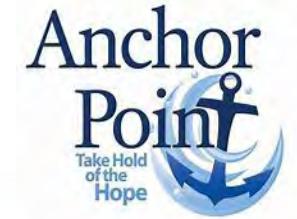
# South Region in the Community



Communities  
In Schools  
Bay Area



HOUSTON MUSEUM of NATURAL SCIENCE  
SUGAR LAND



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LEADING MEDICINE

# Houston Methodist – North Region

Debra F. Sukin, MHA, PhD, FACHE

Executive Vice President, Houston Methodist

Chief Executive Officer, Houston Methodist The Woodlands Hospital



# Houston Methodist North Region



**HMWB – 358 Beds**



**HMTW – 293 Beds**



**HMW – 271 Beds**

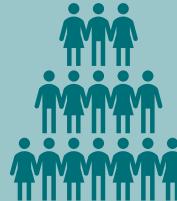


**HMCCH Katy – 102 Beds**



# North Region by the Numbers

**3** Full Service Hospitals



**7,373**

Number of Employees



**288,895**  
Patients seen in 2022

**922**



Licensed Beds

**3,784**

Affiliated Physicians



**2,999**  
Nurses



Emergency Room Visits



**164,480**

Surgeries

**11,461** inpatient

**26,201** outpatient



2022 Year End

**CMS**  
CENTERS FOR MEDICARE & MEDICAID SERVICES  
5-Star Quality Rating System



**MAGNET**  
RECOGNIZED  
AMERICAN NURSES  
CREDENTIALING CENTER

**DNV-GL**

**BERNARD A. BLINN, MD**  
Quality Leadership  
TOP PERFORMER  
2022  
vizient.

**LEAPFROG**  
HOSPITAL  
SAFETY  
GRADE  
A  
SPRING 2023

**CERTIFIED**  
Orthopaedic  
Excellence

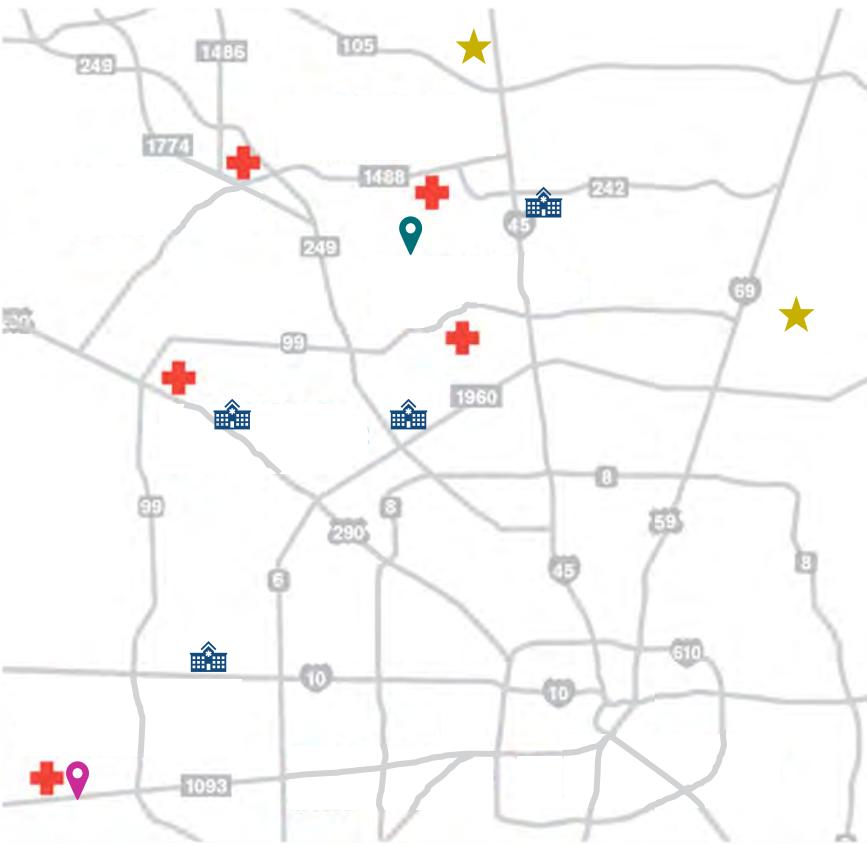
**CERTIFIED**  
AMERICAN COLLEGE OF CARDIOLOGY  
TRANSATHERETIC  
VALVE

**ACCREDITED**  
AMERICAN COLLEGE OF SURGEONS  
COMMISSION  
ON CANCER  
ACCREDITED  
CENTER

**CERTIFIED**  
COMPREHENSIVE  
STOMA  
CENTER

**ACCREDITED**  
AMERICAN COLLEGE OF SURGEONS  
MBSAQIP  
ACCREDITED  
CENTER  
QUALITY  
PROGRAM  
AMERICAN SOCIETY FOR METABOLIC AND BARIATRIC SURGERY

# North Region Presence



5 Emergency Care  
Centers

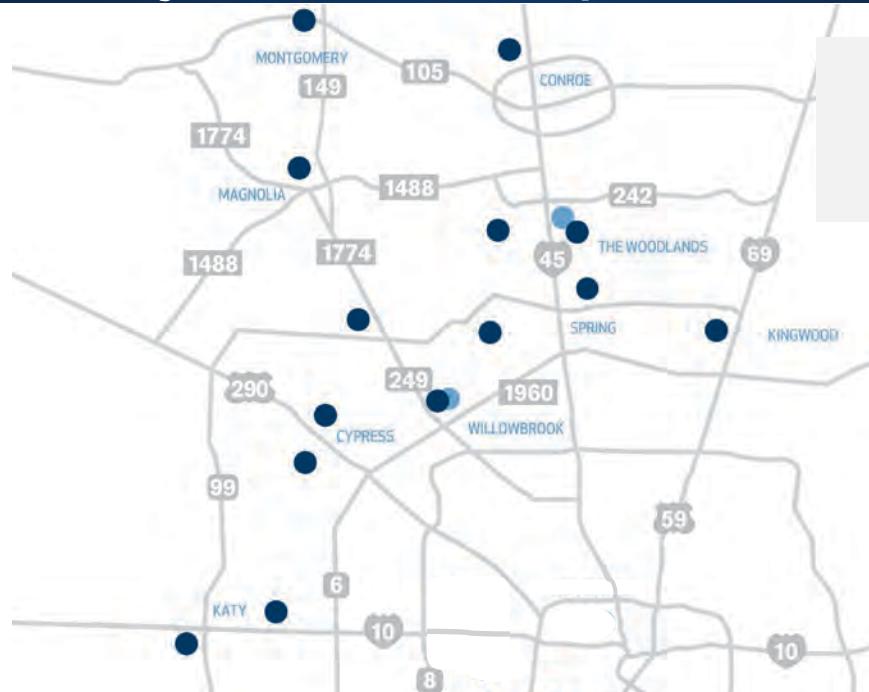


2 Comprehensive  
Care Centers



1 new Comprehensive  
Care Center

# North Region Presence: Primary Care Group



## Primary Care Group

22 Locations | 104 Providers

● Primary Care Location    ● Same-Day Clinic

### West Houston

- 4 PCG Locations
- 21 Providers

### Willowbrook

- 4 PCG Locations
- 21 Providers

### Cypress

- 4 PCG Locations
- 15 Providers

### The Woodlands

- 10 PCG Locations
- 47 Providers

# Centers of Excellence

## Cancer



- Commission on Cancer Accreditation
- ACR Breast Center of Excellence
- Advanced technology and therapies
- Community Access to clinical trials



## Heart & Vascular



- #1 Consumer Preference
- New Advanced procedures (TAVR, Watchman, and more)
- NCDR Chest Pain – Gold Performance Achievement



## Orthopedics & Sports Med



- #1 Consumer Preference
- Advanced technological capabilities utilized in the sports and rehab facility
- Advanced Total Joint Program
- Athlete Care and Coverage for area ISDs and private schools



## Women's Services



- Level III Maternal Designation
- Level III NICU Designation
- Outpatient Lactation Program



## Neurosciences



- #1 Consumer Preference
- DNV Primary Stroke Center
- DNV Advanced Spine Surgery Certification
- Full neuro capabilities 24/7
- Sub-specialty care (sleep medicine, movement disorders, and more)





## OFFICE OF COMMUNITY BENEFITS

### North Region Community Impact

#### 2022 SUMMARY



# \$315,327,509

Total Financial Assistance &  
Community Benefits



# 30,157

Unique Patients Receiving  
Financial Assistance



# \$500K+

Sponsorship Support to  
Area Nonprofits

# \$ \$105M+

Financial Assistance  
Provided



# \$210M+

Community Benefits  
Provided



# 1,209

I CARE in Action  
Volunteered Hours

#### COMMUNITY HEALTH ACCESS PRIORITIES



Primary Care



Specialty Care



Mental Health Care



Healthy Living

#### DEI SOCIAL DETERMINANT PRIORITIES



Healthy Neighborhoods



Educational Empowerment



Economic Empowerment

# HM at Community Events



HOUSTON METHODIST  
CY-HOOPS INVITATIONAL

A CY-FAIR EDUCATIONAL  
FOUNDATION EVENT



# Houston Methodist Cypress Hospital

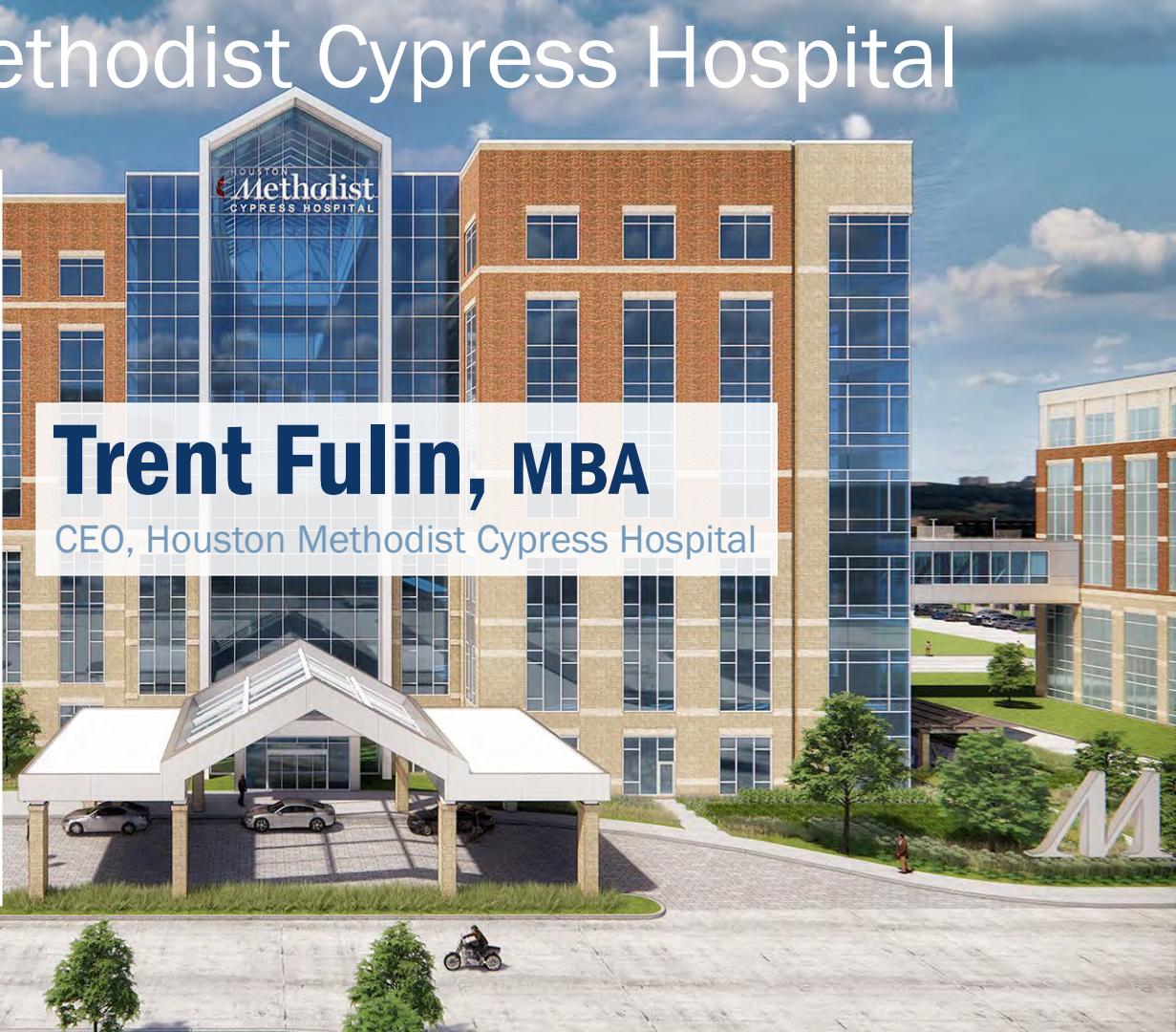


# Houston Methodist Cypress Hospital

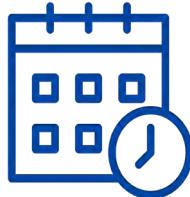


**Trent Fulin, MBA**

CEO, Houston Methodist Cypress Hospital



# Smart Hospital of the Future Bets



Self Control Scheduling



Self Control  
Check-in



Clinical & Financial  
Knowledge



No Call Center  
Agents



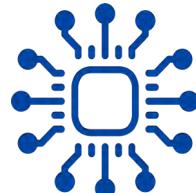
Phygital



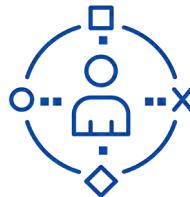
Smart  
Room



Voice over Type



Predictive and  
Proactive AI



Ambient  
Intelligence



Service  
Robotics



Remote Monitoring  
of Patients



Multi-modal  
Education

- \$650M Endeavor
- Cypress Market is home to >284K residents
- 500-Bed Hospital
- 105+ Acres
- 2 Medical Office Buildings
  - Opening Early 2024
- Hospital Grand Opening
  - Early 2025





# Houston Methodist Update

Marc L. Boom

June 22, 2023

# Houston Methodist ranked #132 on Forbes 2023 Best Employers for Diversity List



## Top 10 Hospital Systems Ranked

Rank	Hospital System
38	Cincinnati Children's
49	Cone Health
73	Cleveland Clinic
75	BJC Health Care
78	Henry Ford Health System
97	Duke University Health System
132	Houston Methodist
139	Ohio State University Wexner Medical Center
150	UT Southwestern
168	Rush University Medical Center

# Houston Methodist Sugar Land Milestone: 25<sup>th</sup> Anniversary



# Women's Health Symposium



# Houston Methodist MS 150 Team

47 HM Cyclists  
Completed the  
MS150 This Year,  
Raising \$40,000+



**Kathleen C. Kobashi,  
MD, MBA, chair of  
Urology, received the  
Victor A. Politano  
Award for advancing  
patient care through  
the diagnosis and  
treatment of pelvic  
floor disorders**



**American  
Urological  
Association**

**Victor A. Politano Award**



**Kathleen C. Kobashi, MD, MBA**

For advancing patient care through the diagnosis and  
treatment of pelvic floor disorders

# EnMed Class of 2023



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HOUSTON CHRONICLE  
HOUSTONCHRONICLE.COM • TUESDAY, MAY 23, 2023 • VOL. 122, NO. 222 • \$3.00

## Vehicle inspections likely to vanish

Texas drivers would no longer need the annual tests if legislation becomes law

By Doug Begley  
STAFF WRITER

Texas legislators have approved a bill to eliminate annual vehicle safety inspections, meaning automobile registration renewals will no longer be contingent on the state of a motorist's windshield wipers or fuel cap. The Texas Senate passed

the \$7 cut that inspection stations would receive.

The new law would take effect Sept. 1, ushering in the biggest change to vehicle registration since state officials linked registration and annual inspection to a state sticker placed on the windshields of Texas cars and trucks in 2005. The state has 2.2 million registered vehicles.

Under the bill, which is aimed at state finances, the proposal replaces the \$750 state inspection fee with a fee paid with the vehicle's registration. Drivers will save

the \$7 cut that inspection stations would receive.



Malena PHILIP/Staff Photographer

Inspection continues on A2

## City's \$1B budget for HPD not enough, some say

By Yilun Cheng  
STAFF WRITER

The Houston Police Department's general fund budget would grow 10 percent in 2024 for the first time next year under Mayor Sylvester Turner's proposed spending plan, but officials say the city's growing population and staffing needs mean staffing will continue to put pressure on public safety resources.

Under the mayor's budget proposal, the department would receive about \$1 billion, nearly a third of the city's total general fund dollars, plus another \$20 million in other funds, for the fiscal year that begins July 1. That represents a percent increase from the current budget that mostly will support previously announced pay raises for officers.

More than 90 percent of the police budget goes to staffing, covering roughly 5,200 officers and supporting personnel and 1,200 civilian employees. The department, however, has not adequately kept pace with the department's escalating demands, officials and experts say.

As of April, the department had 342 fewer full-time equivalent officers than it had 15 years ago, according to data from the Texas Department of Public Safety. The department has coincided with a population surge in Houston, which has driven the city's resident-to-officer ratio up from 331

Malena PHILIP/Staff Photographer



Ashni Patel holds a cystoscope that is part of a clinical trial for bladder cancer at Houston Methodist Hospital. She is among the first group of 22 "physcianers" who graduated Saturday from the Texas A&M and Houston Methodist ENMED program.

## 'Physicianeer' graduates hope to change health care

By Evan MacDonald  
STAFF WRITER

ENMED program's inaugural class to move on to medical residencies

If there's one thing that everyone seems to hate about hospitals, it's the gowns. The "physcianers" from the 2023 class of the Texas A&M University and Houston Methodist ENMED program are hoping to change that.

It makes sense why we have gowns: the way they are, she said. "What doesn't make sense is that there's more than one patient population in our hospital."

The prototype, which they hope to pilot at Houston Methodist, is an example of the perspective that ENMED physicians — a term the universi-

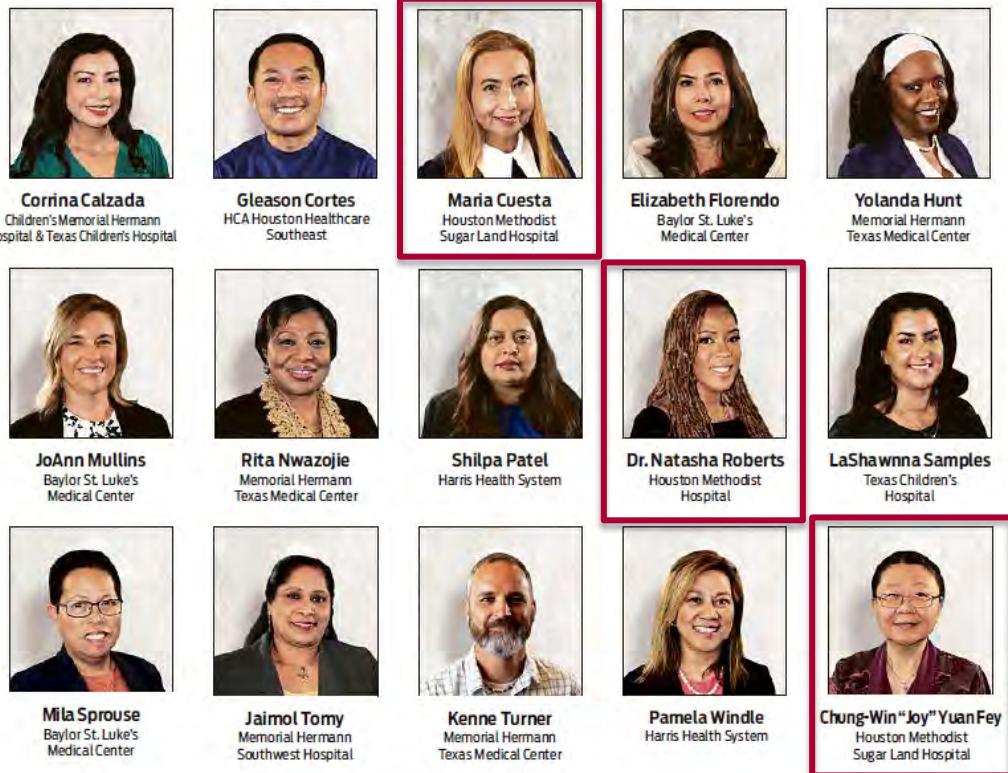
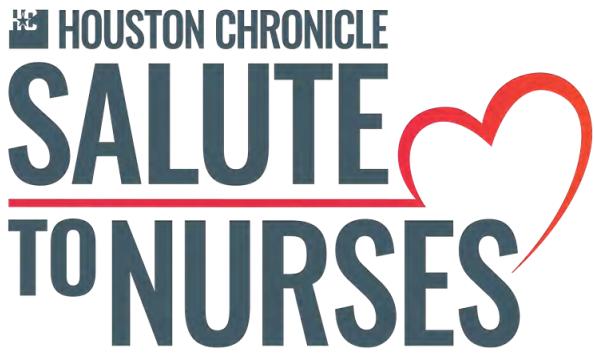
ty problem by designing a gown that is slipped on over the head. It also opens in the front, allowing for easier access for staff to examine a patient's chest or abdomen.

The prototype, which they hope to pilot at Houston Methodist, is an example of the perspective that ENMED physicians — a term the universi-

### INSIDE

Amid police shortages, lawmen

# Nurses' Week



# “Step Up to the Plate,” a Luncheon Featuring Dusty Baker



# Spinal Stimulation Study

A photograph capturing a moment of medical intervention or therapy. A man with a tattooed right arm and wearing a green shirt and black shorts is being assisted into a black motorized wheelchair. A woman in blue scrubs and a mask is providing support. Several other healthcare professionals in scrubs are standing by, and one in a white shirt and mask is on the right. The setting is a hospital hallway.

# ROBOT PANTS

Houston researchers hope stimulation pilot study could lead to therapy for people with spinal cord injuries

By Evan MacDonald | STAFF WRITER

The high-tech exoskeleton that Kristen Segraves calls her "robot pants" is critical to a spinal cord stimulation pilot study she's part of at Houston Methodist.

It also helped her prove that she's taller than her mother. Segraves, who turns 30 this month, always insisted that she was taller. The claim was difficult to prove, though, because she's been using a wheelchair since she suffered a spinal cord injury in a car accident when she was 16 years old.



The exoskeleton, created by a California company called Ekso Bionics, helped Segraves stand and take her first steps since the crash.

"It was really overwhelming at first, physically and emotionally, but once I got adjusted to it, it's very cool," said Segraves, who lives in Leander. "I didn't realize how used to being so short I was. When I'm up there ... my point of view is so much higher."

With the "robot pants," Se-graves was able to measure herself against her mom, Sun.

*Spinal continues on C*

Ex-TRINIDAD MATE 2023

## SPINAL Ergonomics

shine Lyk, who admitted that her daughter might be half an inch taller, but she didn't mind conceding the database, after seeing her daughter stand and smile again.

"It tugged at my heartstrings. We never went to see our kids strangle," Lyle said. "To be able to see her stand and take steps — it was beautiful."

Segoviano and Lyle have always shared a strong bond, but that connection has grown stronger since the crash. Lyle chronicled her daughter's journey of

learning to adjust to using a wheelchair from the start. They've also been on all kinds of adventures together, including a 100-mile bike ride.

new motor function and quality of life. "The hope is that, eventually, robotic technology and spinal stimulation will coexist, and they will be synergistic to provide better functional outcomes," he says.

strong  
other-daughter  
and  
Lyk has long been an  
advocate for individuals  
living with disabilities  
because she works one-  
on-one with medically  
fragile children through her  
home-based pediatric nurser-  
ing. She became an even  
stronger ally after her  
daughter was injured in

Seymour was born in Arkansas, and she was staying there with her grandmother when she



pendent, of course, is her help and support. "Love allows me to be who I am," she said. "To live my life with her by my side—as well as by my self—is so important to me."

Searching for therapy  
Sognsvann has also focused on helping improve the lives of others living with spinal cord injuries.

Before the COVID-19 pandemic, she participated in a study, which Sayenko led at Houston Methodist, that focused only on spinal stimulation. She quickly said "yes" after Sayenko had reached out to her again.

Soyerko has been working with robotics since 2006, but he said

Kirsten Segraves uses an exoskeleton system, which she calls her "robot pants," during a therapy session at Houston Methodist as her mom, Sunshine Lyle, right, offers encouragement while shooting a video on her phone.

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A photograph of a surgeon and a nurse in an operating room. The surgeon is in the foreground, wearing a blue surgical cap and mask, focused on a procedure. A female nurse in blue scrubs stands behind him, also wearing a mask. The background shows the illuminated ceiling of the operating room. A decorative graphic of a grid of blue, red, and white squares is overlaid on the right side of the image.

# THANK YOU FOR ATTENDING OUR TOWN HALL CONVERSATION

If you would like more information about  
Houston Methodist's community hospitals,  
please contact [foundation@houstonmethodist.org](mailto:foundation@houstonmethodist.org).

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