



LEADING MEDICINE:
A TOWN HALL CONVERSATION
WITH DR. MARC BOOM

Town Hall Conversation XXXVII

HOUSTON
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LEADING MEDICINE

Houston Methodist – South Region

Chris Siebenaler

Executive Vice President, Houston Methodist

Chief Executive Officer, Houston Methodist Sugar Land Hospital



South Region Presence



✚ 3 Emergency Care Centers

★ 1 Comprehensive Care Center

South Region by the Numbers

2022

3 Full-Service
Hospitals

808 Licensed
Beds



As of May 2023



2,821 Affiliated
Physicians

As of May 2023

40,851
Admissions



169,786
Emergency
Room Visits



5,033
Births



Surgeries

8,090
Inpatient

21,466
Outpatient



Number of
Employees

5,851

As of May 2023



South Region Presence

● Primary Care Group

13 locations | 53 Physicians



HM Sugar Land

- 7 PCG Locations
- 28 PCG Physicians

HM Clear Lake

- 4 PCG Locations
- 18 PCG Physicians

HM Baytown

- 2 PCG Locations
- 7 PCG Physicians

Centers of Excellence



Cancer

- Commission on Cancer Accreditation
- ACR Breast Center of Excellence
- Access to clinical trials
- RN navigation
- Survivorship program



Heart & Vascular

- New Advanced procedures (TAVR, Watchman)
- RN navigation for vascular access/dialysis patients



Orthopedics & Sports Med

- Advanced technological capabilities utilized in the sports and rehab facility
- Orthopedic and Sports PT Residencies
- Athlete Trainer coverage for area ISDs and private schools

ABPTRFE

Accredited Program



Women's Services

- Level II Maternal Designation
- Level III NICU Designation (HMSL)
- Obstetrical Emergency Care (HMB & HMSL)



Neurosciences

- DNV Primary Stroke Center
- Full neuro capabilities 24/7
- Sub-specialty care (sleep medicine, movement disorders, and more)
- Thrombectomy capable (HMSL)



HM Baytown

Unity Tower – Opened November 2022

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HM Clear Lake

League City Emergency Care Center – Opened May 2023

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HM Sugar Land

Medical Office Building 4 – Opening Fall 2023

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OFFICE OF COMMUNITY BENEFITS
South Region Community Impact

2022 SUMMARY



\$291,147,220

**Total Financial Assistance &
Community Benefits**



24,967

Unique Patients Receiving
Financial Assistance



\$128K

Sponsorship Support to
Area Nonprofits

\$ \$107M+

Financial Assistance
Provided

 **\$184M+**

Community Benefits
Provided



1,380

I CARE in Action
Volunteered Hours

**COMMUNITY HEALTH ACCESS
PRIORITIES**



Primary Care



Specialty Care



Mental Health Care



Healthy Living

**DEI SOCIAL DETERMINANT
PRIORITIES**



Healthy Neighborhoods



Educational Empowerment



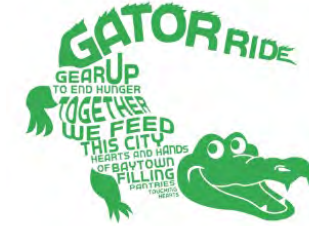
Economic Empowerment

South Region in the Community

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HOUSTON MUSEUM of NATURAL SCIENCE
SUGAR LAND



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Houston Methodist – North Region

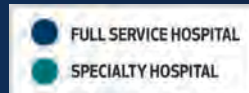
Debra F. Sukin, MHA, PhD, FACHE

Executive Vice President, Houston Methodist

Chief Executive Officer, Houston Methodist The Woodlands Hospital



Houston Methodist North Region



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HMWB – 358 Beds



HMW – 271 Beds



HMTW – 293 Beds

HMCCH Katy – 102 Beds



North Region by the Numbers

3 Full
Service
Hospitals



7,373
Number of Employees



288,895
Patients seen in 2022

922



Licensed Beds

3,784
Affiliated Physicians



2,999
Nurses

Emergency Room Visits

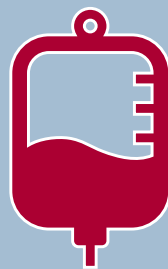


164,480

Surgeries

11,461 inpatient

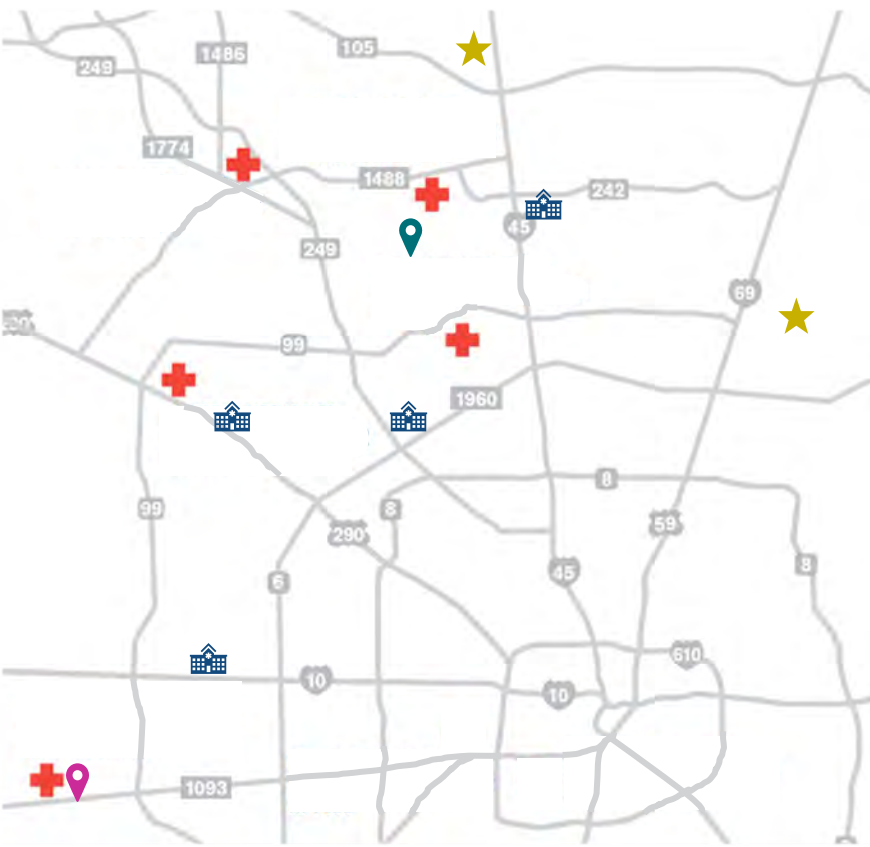
26,201 outpatient



2022 Year End



North Region Presence



5 Emergency Care Centers



2 Comprehensive Care Centers

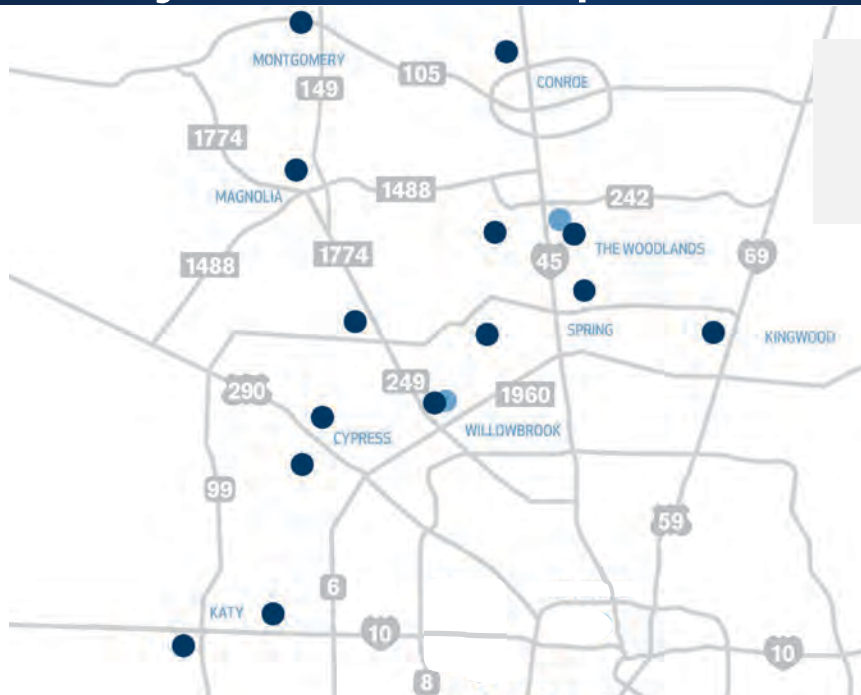


1 new Comprehensive Care Center

North Region Presence: Primary Care Group

Primary Care Group

22 Locations | 104 Providers



Primary Care Location



Same-Day Clinic

West Houston

- 4 PCG Locations
- 21 Providers

Willowbrook

- 4 PCG Locations
- 21 Providers

Cypress

- 4 PCG Locations
- 15 Providers

The Woodlands

- 10 PCG Locations
- 47 Providers

Centers of Excellence



Cancer

- Commission on Cancer Accreditation
- ACR Breast Center of Excellence
- Advanced technology and therapies
- Community Access to clinical trials



Heart & Vascular

- #1 Consumer Preference
- New Advanced procedures (TAVR, Watchman, and more)
- NCDR Chest Pain – Gold Performance Achievement



Orthopedics & Sports Med

- #1 Consumer Preference
- Advanced technological capabilities utilized in the sports and rehab facility
- Advanced Total Joint Program
- Athlete Care and Coverage for area ISDs and private schools



Women's Services

- Level III Maternal Designation
- Level III NICU Designation
- Outpatient Lactation Program



Neurosciences

- #1 Consumer Preference
- DNV Primary Stroke Center
- DNV Advanced Spine Surgery Certification
- Full neuro capabilities 24/7
- Sub-specialty care (sleep medicine, movement disorders, and more)





OFFICE OF COMMUNITY BENEFITS

North Region Community Impact

2022 SUMMARY



\$315,327,509

Total Financial Assistance &
Community Benefits



30,157

Unique Patients Receiving
Financial Assistance



\$500K+

Sponsorship Support to
Area Nonprofits

\$ \$105M+

Financial Assistance
Provided



\$210M+

Community Benefits
Provided



1,209

I CARE in Action
Volunteered Hours

COMMUNITY HEALTH ACCESS PRIORITIES



Primary Care



Specialty Care



Mental Health Care



Healthy Living

DEI SOCIAL DETERMINANT PRIORITIES



Healthy Neighborhoods



Educational Empowerment



Economic Empowerment

HM at Community Events



CY - FAIR
EDUCATIONAL
FOUNDATION
Today's Students - Tomorrow's Future



Houston Methodist Cypress Hospital



Houston Methodist Cypress Hospital



Trent Fulin, MBA

CEO, Houston Methodist Cypress Hospital



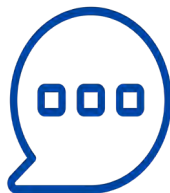
Smart Hospital of the Future Bets



Self Control Scheduling



Self Control
Check-in



Clinical & Financial
Knowledge



No Call Center
Agents



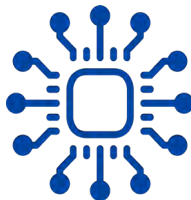
Phygital



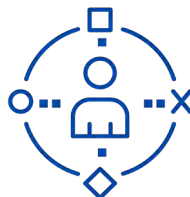
Smart
Room



Voice over Type



Predictive and
Proactive AI



Ambient
Intelligence



Service
Robotics



Remote Monitoring
of Patients



Multi-modal
Education

- \$650M Endeavor
- Cypress Market is home to >284K residents
- 500-Bed Hospital
- 105+ Acres
- 2 Medical Office Buildings
 - Opening Early 2024
- Hospital Grand Opening
 - Early 2025



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Houston Methodist Update

Marc L. Boom

June 22, 2023

Houston Methodist ranked #132 on Forbes 2023 Best Employers for Diversity List



Top 10 Hospital Systems Ranked

Rank	Hospital System
38	Cincinnati Children's
49	Cone Health
73	Cleveland Clinic
75	BJC Health Care
78	Henry Ford Health System
97	Duke University Health System
132	Houston Methodist
139	Ohio State University Wexner Medical Center
150	UT Southwestern
168	Rush University Medical Center

Houston Methodist Sugar Land Milestone: 25th Anniversary

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Women's Health Symposium



Houston Methodist MS 150 Team

47 HM Cyclists
Completed the
MS150 This Year,
Raising \$40,000+



Kathleen C. Kobashi, MD, MBA, chair of Urology, received the Victor A. Politano Award for advancing patient care through the diagnosis and treatment of pelvic floor disorders



**American
Urological
Association**

Victor A. Politano Award



Kathleen C. Kobashi, MD, MBA

For advancing patient care through the diagnosis and treatment of pelvic floor disorders

EnMed Class of 2023



Vehicle inspections likely to vanish

Texas drivers would no longer need the annual tests if legislation becomes law

By Doug Bagley

TEXAS WRITERS

Texas legislators have approved a bill to eliminate annual vehicle safety inspections, meaning automobile registration renewals would never again be contingent on the state of a motorist's windshield wipers or fuel cap.

The Texas Senate passed

House Bill 3097, authored by state Rep. Coby Harris, R-Pasadena, on Sunday. The bill just needs Gov. Greg Abbott's signature to eliminate the safety inspection for non-commercial vehicles in Texas.

To offset any blow to state finances, the proposal replaces the \$750 state inspection fee with a fee paid by the vehicle's registration. Drivers will save

the \$7 cut that inspection stations pocketed.

The new law would take effect Sept. 1, ushering in the biggest change to vehicle registration since state officials linked registration and annual inspection to a single sticker placed on the windshields of Texas cars and trucks in 2005. The state has 22 million registered vehicles.

"This legislation touches more Texans than nearly anything that will come out of the Legislature," former GOP state

Rep. and House member Doug A. Bagley



PHOTO BY DAVE HARRIS FOR THE CHRONICLE

The bill just needs Gov. Greg Abbott's signature to eliminate the annual safety inspection for vehicles in Texas.



Ashmi Patel holds a cystoscope that is part of a clinical trial for bladder cancer at Houston Methodist Hospital. She is among the first group of "physicianeers" who graduated Saturday from the Texas A&M and Houston Methodist ENMED program.

'Physicianeers' graduates hope to change health care

By Evan MacDonald

HOUSTON WRITERS

If there's one thing that everyone seems to hate about hospitals, it's the gowns. The "physicianeers" from the ENMED program at Texas A&M University and Houston Methodist are hoping to change that.

back and often leave patients feeling exposed, are designed so staff can put them on someone who is immobile or unconscious. But most patients are capable of dressing themselves, ENMED student Priya

"It makes sense why we have gowns the way that they are," she said. "What doesn't make sense is that there's more than one patient population in the hospital."

Arumachalam, 27, and her

ENMED program's inaugural class to move on to medical residencies

the problem by designing a gown that is slipped on over the head. It still opens in the front, though, to provide easy access for staff to examine a patient's chest or abdomen.

The prototype, which they hope to pilot at Houston Methodist, is an example of the perspective that ENMED physicianeers — a term the university-

City's \$1B budget for HPD not enough, some say

By Yikun Cheng

HOUSTON WRITERS

The Houston Police Department's general fund budget would break the 1 billion mark for the first time next year under Mayor Sylvester Turner's proposed spending plan, but officials say the city's growing population and staggered police staffing will continue to put pressure on public safety resources.

Under the mayor's budget proposal, the department would receive \$1.1 billion, nearly a third of the city's total general fund dollars, plus another \$25 million in other funds, for the fiscal year that begins July 1. That represents a 2 percent increase from the current budget that mostly will support previously announced pay raises for officers.

More than 90 percent of the police budget goes to staffing, covering roughly 5,000 officers, 800 civilian support personnel and 100 cadets. The allocation, however, has not adequately kept pace with the department's escalating demands, officials and experts said.

As of April, the department had 10 fewer full-time equivalent officers than it had 25 years ago, according to HPD data. The decrease has coincided with a population surge in Houston, which has driven the city's resident-to-officer ratio up from 146 HPD officers per 100 residents in 1998 to 116 in 2021.

INSIDE
Amid police shortages, lawmakers

Nurses' Week

HOUSTON CHRONICLE

SALUTE
TO NURSES



Corrina Calzada
Children's Memorial Hermann
Hospital & Texas Children's Hospital



Gleason Cortes
HCA Houston Healthcare
Southeast



Maria Cuesta
Houston Methodist
Sugar Land Hospital



Elizabeth Florendo
Baylor St. Luke's
Medical Center



Yolanda Hunt
Memorial Hermann
Texas Medical Center



JoAnn Mullins
Baylor St. Luke's
Medical Center



Rita Nwazojie
Memorial Hermann
Texas Medical Center



Shilpa Patel
Harris Health System



Dr. Natasha Roberts
Houston Methodist
Hospital



LaShawna Samples
Texas Children's
Hospital



Mila Sprouse
Baylor St. Luke's
Medical Center



Jaimol Tomy
Memorial Hermann
Southwest Hospital



Kenne Turner
Memorial Hermann
Texas Medical Center



Pamela Windle
Harris Health System



Chung-Win "Joy" YuanFey
Houston Methodist
Sugar Land Hospital

“Step Up to the Plate,” a Luncheon Featuring Dusty Baker



Spinal Stimulation Study



ROBOT PANTS

Houston researchers hope stimulation pilot study could lead to therapy for people with spinal cord injuries

By Evan MacDonald | STAFF WRITER

The high-tech exoskeleton that Kirsten Segraves calls her "robot pants" is critical to a spinal cord stimulation pilot study she's part of at Houston Methodist.

It also helped her prove that she's taller than her mother. Segraves, who turns 30 this month, always insisted that she was taller. The claim was difficult to prove, though, because she's been using a wheelchair since she suffered a spinal cord injury in a car accident when she was 16 years old.



The exoskeleton, created by a California company called Ekso Bionics, helped Segraves stand and take her first steps since the crash.

"It was really overwhelming at first, physically and emotionally, but once I got adjusted to it, it's very cool," said Segraves, who lives in Leander. "I didn't realize how used to being so short I was. When I'm up there ... my point of view is so much higher."

With the "robot pants," Segraves was able to measure herself against her mom, Sunday. *Spinal continues on C6*

On Thursday, May 11, 2023

in Houston, Texas. © Houston Chronicle

SPINAL From page C3

shire Lyle, who admitted that her daughter might be half an inch taller. But she didn't mind conceding the defeat, after seeing her daughter stand and walk again.

"It tugged at my heartstrings. We never want to see our kids struggle," Lyle said. "To be able to see her stand and take steps — it was beautiful."

Segraves and Lyle have always shared a strong bond, but that connection has grown stronger since the crash. Lyle chronicled her daughter's journey of learning to adjust to using a wheelchair from the start. They've also been on all kinds of adventures together, including a ski

prove motor function and quality of life. "The hope is that, eventually, robotic technology and spinal stimulation will coexist, and they will be synergistic to provide better therapeutic outcomes," he said.

A strong mother-daughter bond

Lyle has long been an advocate for individuals living with disabilities because she works one-on-one with medically frail children through her job as a pediatric nurse. But she became an even stronger ally after her daughter was injured in the crash.

Segraves was born in Arkansas, and she was staying there with her grandparents when she



Kirsten Segraves uses an exoskeleton system, which she calls her "robot pants," during a therapy session at Houston Methodist as her mom, Sunday Lyle, right, offers encouragement while showing a video on her phone.

patient, of course, but her help and support and love allow me to be who I am," she said. "To live my life with her by my side — as well as by myself — is so important to me."

Searching for therapy

Segraves has also focused on finding therapies to improve the lives of others living with spinal cord injuries.

Before the COVID-19 pandemic, she participated in a study, which Segraves led at Houston Methodist, that focused only on spinal stimulation. She quickly said "yes" after Segraves' team reached out to her again to gauge her interest in the current study.

Segraves has been working with robotics since 2017, but he said

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THANK YOU FOR ATTENDING OUR **TOWN HALL CONVERSATION**

If you would like more information about
Houston Methodist's community hospitals,
please contact foundation@houstonmethodist.org.

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