

PROCEDURE GME05

Subject:
RESPONSIBILITIES OF RESIDENTS

Effective Date:
NOVEMBER 2004

Applies to:
HOUSTON METHODIST HOSPITAL SYSTEM
GME PROGRAMS

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Originating Area:
GRADUATE MEDICAL EDUCATION COMMITTEE

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I. GENERAL STATEMENT

A Program of Graduate Medical Education (GME) must provide Residents with an extensive experience in the art and science of medicine so that Residents will achieve excellence in diagnosis, care, and treatment of patients. This document describes the responsibilities of the Resident in a Program of GME within the context of the Accreditation Council for Graduate Medical Education (ACGME) General Competencies and other obligations of the Resident to the Program.

II. DESCRIPTION OF RESIDENT RESPONSIBILITIES

- A. The General Competencies provide the context for describing the Resident's responsibilities.
1. Patient Care: The resident will provide patient care that is compassionate, appropriate, and effective for the treatment of health problems and the promotion of health. The resident will participate in patient care, under supervision, commensurate with the resident's level of advancement and responsibility. Residents are expected to:
 - Communicate effectively and demonstrate caring and respectful behaviors when interacting with patients and their families
 - Gather essential and accurate information about their patients
 - Make informed decisions about diagnostic and therapeutic interventions based on patient information and preferences, up-to-date scientific evidence, and clinical judgment
 - Develop and carry out patient management plans
 - Counsel and educate patients and their families
 - Use information technology to support patient care decisions and patient education
 - Perform competently all medical, diagnostic and surgical procedures considered essential for the area of practice
 - Provide health care services aimed at preventing health problems or maintaining health
 - Work with health care professionals, including those from other disciplines, to provide patient-focused care
 - Maintain current licensure or Physician-in-Training Permit and other certifications required by the Program, Methodist, or other accrediting agency

- Timely maintain appropriate and current documentation of patient care in charts, electronic medical records, and reports
 - Comply with the immunization requirements, including documentation, for physicians of Methodist and its participating institutions
2. Medical Knowledge: The Resident must demonstrate knowledge about established and evolving biomedical, clinical, epidemiological and social-behavioral sciences and apply this knowledge to patient care. The resident will participate fully in the educational scholarly activities of the Resident's program. Residents are expected to:
- Demonstrate an investigatory and analytic thinking approach to clinical situations
 - Know and apply the basic and clinically supportive sciences appropriate to their discipline
 - Acquire specialty-specific medical knowledge as assessed in Milestones and in in-training exams.
 - Develop a personal program of learning to foster continued professional growth with guidance from Faculty
3. Practice-Based Learning and Improvement: The Resident must demonstrate the ability to investigate and evaluate his or her own patient care, to appraise and assimilate scientific evidence and to continuously improve patient care based on constant self-evaluation and life-long learning. Residents are expected to:
- Identify strengths, deficiencies, and limits in one's knowledge and expertise
 - Set learning and improvement goals
 - Incorporate formative evaluation feedback into daily practice
 - Systematically analyze practice experience using quality improvement methods and implement changes with the goal of practice improvement.
 - Locate, appraise, and assimilate evidence from scientific studies related to their patients' health problems
 - Obtain and use information about their own population of patients and the larger population from which their patients are drawn
 - Apply knowledge of study designs and statistical methods to the appraisal of clinical studies and other information on diagnostic and therapeutic effectiveness
 - Use information technology to optimize learning
 - Participate in the education of patients, families, medical students and other health care professionals
4. Interpersonal and Communication Skills: The Resident must demonstrate interpersonal and communication skills that result in the effective exchange of information and collaboration with patients, their families, and other health professionals. Residents are expected to:
- Create and sustain a therapeutic and ethically sound relationship with patients
 - Communicate effectively using effective nonverbal, explanatory, questioning, and writing skills with patients, families, and the public, as appropriate, across a broad range of socioeconomic and cultural backgrounds
 - Communicate effectively with physicians, other health professionals and health related agencies

- Educate patients, families, students, residents and other health professionals
 - Work effectively with others as a member or leader of a health care team or other professional group
 - Act in a consultative role to other physicians and health professionals
 - Maintain comprehensive, timely, and legible medical records
5. Professionalism: The Resident will demonstrate a commitment to carrying out professional responsibilities, and adherence to ethical principles, and sensitivity to a diverse patient population by fulfilling the following expectations:
- Adhere to Institutional and Programmatic procedures
 - Adhere to System Policy IM26 Use of Social Media Sites
 - Responsiveness to patient needs that supersedes self-interest
 - Respect for patient privacy and autonomy
 - Timely completion non-patient documentation and other documents/forms relevant to the training program
 - Timely completion of all Houston Methodist requires in-service training distributed via the Learning Management System (LMS)
 - Respect for patient privacy and autonomy
 - Residents are expected to undertake this commitment within Methodist's **I.-C.A.R.E.** values of
 - **I**ntegrity, by being honest and ethical in all they say and
 - **C**ompassion, by embracing the whole person and responding to emotional, ethical, and spiritual concerns as well as physical needs
 - **A**ccountability, by holding themselves accountable for their actions
 - **R**espect, by treating every individual as a person of worth, dignity and value
 - **E**xcellence, by striving to be the best at what they do and a model for others to emulate
6. Systems-Based Practice: The Resident must demonstrate an awareness of and responsiveness to the larger context and system of health care, including the social determinants of health, as well as the ability to call effectively on other system resources in order to provide optimal health care . The Resident will be expected to participate in Methodist programs, committees, councils, and activities whose actions affect the Resident's education or patient care. Residents are expected to:
- Understand how their patient care and other professional practices affect other health care professionals, the health care organization, and the larger society and how these elements of the system affect their own practice
 - Coordinate patient care across the health care continuum and beyond as relevant to their clinical specialty
 - Work effectively in various health care delivery settings and relevant to their clinical specialty and apply methods to control health care costs and allocate resources
 - Incorporate considerations of cost awareness and risk-benefit analysis in patient and/or population-based care as appropriate
 - Advocate for quality patient care and optimal patient care systems and assist patients in dealing with system complexities

- Work in interprofessional teams to enhance patient safety and improve patient care quality
 - Understand health care finances and its impact on individual patients' health decisions
 - Partner with health care managers and health care providers to assess, coordinate, and improve health care and to optimize system performance
- B. The Resident has specific responsibilities to the Program and Institution. Residents are expected to:
- Participate in the confidential and written evaluation of the Program, the Program Director, and Faculty
 - Read and comply with the written description of Program-specific responsibilities and supervisory lines of responsibility for the care of patients
 - Comply with ACGME, Houston Methodist GME, and Program-specific Duty Hour requirements by working within the Duty Hour limits, reporting violations of Duty Hours, and completing Duty Hour Surveys when asked
 - Read and comply with all Program, Houston Methodist GME, and applicable Houston Methodist Procedures and Policies
 - Complete the annual ACGME survey and the GME Annual survey and any other surveys mandated by the GME Office.
 - Participate annually in educational modules or activities or other compliance training required by the program, the GME Office or Houston Methodist including but not limited to fatigue awareness and management, physician impairment, including substance abuse, and monitoring.

IV. COMMITTEE REVIEWING/APPROVING PROCEDURE

1. Graduate Medical Education Committee [11 November 2004] [11 December 2008] [8 September 2016] [10 October 2019] [14 December 2022]

AUTHORITATIVE REFERENCES

Accreditation Council for Graduate Medical Education, Common Program Requirements.