

# DIABETES SUPPORT GROUP

The Diabetes Self-Management Program at Houston Methodist is proud to offer a free monthly support group for people with diabetes, their friends and families. Please join us to discuss diabetes-related topics, gain support and encouragement, build awareness and so much more.

## 2017 DATES

FEBRUARY	Medical Center	2/1/2017	1-2 p.m.
MARCH	Sugar Land	3/20/2017	1-2 p.m.
APRIL	Willowbrook	4/20/2017	10-11 a.m.
MAY	San Jacinto	5/2/2017	6-7 p.m.
JUNE	Medical Center	6/28/2017	1-2 p.m.
JULY	Sugar Land	7/17/2017	1-2 p.m.
AUGUST	Willowbrook	8/3/2017	6-7 p.m.
SEPTEMBER	San Jacinto	9/5/2017	6-7 p.m.
OCTOBER	Medical Center	10/25/2017	1-2 p.m.
NOVEMBER	Sugar Land	11/13/2017	1-2 p.m.
DECEMBER	Willowbrook	12/7/2017	10-11 a.m.

For more information, please visit [houstonmethodist.org/events](http://houstonmethodist.org/events) or call **832.667.LOSE (5673)**.

### Houston Methodist Hospital

6445 Main St., Houston Methodist Outpatient Center, 23rd Floor

### Houston Methodist San Jacinto Hospital

4401 Garth Road, Community Room, 1st Floor

### Houston Methodist Sugar Land Hospital

16659 Southwest Frwy., Medical Office Building 2, Room 265

### Houston Methodist Willowbrook Hospital

13300 Hargrave Road, Hargrave Building, Suite 160

