

## About Houston Methodist

Houston Methodist is comprised of a leading medical, academic and research institute in the Texas Medical Center®, and six community hospitals serving the greater Houston area.

Houston Methodist Hospital has been recognized by *U.S. News & World Report* as one of the country's best hospitals in cardiology and heart surgery.



### HEART SCANS LOCATION INFORMATION

|  | Vascular Age Screening | Heart Scan | Vascular Screening | Heart Scan Plus |
|--|------------------------|------------|--------------------|-----------------|
| Houston Methodist Hospital             | ●                      | ●          | ●                  | ●               |
| Houston Methodist San Jacinto Hospital | ●                      | ●          | ●                  | ●               |
| Houston Methodist Sugar Land Hospital  |                        | ●          | ●                  | ●               |
| Houston Methodist West Hospital        |                        | ●          | ●                  | ●               |
| Houston Methodist Willowbrook Hospital | ●                      | ●          | ●                  | ●               |

- *self-referral is available*
- *requires physician's order*



#### HOUSTON METHODIST HOSPITAL

6565 Fannin Street  
Houston, TX 77030

#### HOUSTON METHODIST SAN JACINTO HOSPITAL

4401 Garth Road  
Baytown, TX 77521

#### HOUSTON METHODIST SUGAR LAND HOSPITAL

16655 Southwest Freeway  
Sugar Land, TX 77479

#### HOUSTON METHODIST WEST HOSPITAL

18500 Katy Freeway  
Houston, TX 77094

#### HOUSTON METHODIST WILLOWBROOK HOSPITAL

18220 State Highway 249  
Houston, TX 77070



713.790.3333  
houstonmethodist.org

# SMART HEARTS GET HEART SCANS

Protect yourself from heart disease with heart-smart behaviors and annual heart screenings.





## FREQUENTLY ASKED QUESTIONS

**Q: Should everyone have a screening test?**

**A:** No. Screenings are beneficial for men between 40 and 65 and women between 45 and 70 or if you are considered intermediate risk. Risk factors include family history, smoking, high cholesterol, high blood pressure and diabetes. This is a screening exam to assist in detecting potential diseases.

**Q: If I have a known heart condition, can I still get these tests?**

**A:** The Heart Scan and Heart Scan Plus are not necessary for those who have coronary artery disease, heart stents of any kind or have had coronary bypass surgery. For these patients, we recommend an evaluation by a cardiologist.

**Q: How can I pay for these tests?**

**A:** The prices listed reflect the cash pay price and include both the test and evaluation of the results. While insurance may provide coverage, the prices may vary and a doctor's referral may be required for scans and screenings. If using insurance, please obtain an order from your physician to ensure appropriate scheduling and verification. Medicare will not cover the cost of these tests.

**Q: How long will the test take?**

**A:** The heart scan takes approximately 15 minutes. The Vascular Screening and the Vascular Age Screening (CIMT) each take approximately 30 minutes. The complete Heart Scan Plus will take approximately one hour.

**Q: Why should I have my screenings at Houston Methodist?**

**A:** Your results will be processed in an accredited lab and evaluated by either a cardiologist, a vascular surgeon or a sub-specialized radiologist. Your results will be sent to your physician and/or you within seven business days. We suggest you share the results with your primary care physician or cardiologist.

## HEART SCAN \$140

**Calcium Score |** Using a CT scanner, this tests for calcium buildup of plaque on the walls of the arteries. It is used to detect coronary artery disease and, if present, can determine the severity.

## VASCULAR AGE SCREENING (CIMT) \$120

Using ultrasound, the thickness of the arteries is measured to produce a risk assessment that estimates the vascular age of your arteries. Blood vessels are also checked for blockages.

## VASCULAR SCREENING \$120

**Carotid Artery Screening |** Blood vessels are checked for blockages using ultrasound.

### Abdominal Aortic Aneurysm Screening |

Using ultrasound, this test looks at the abdominal aorta and checks for thinning or ballooning, either of which could suggest a potential rupture.

### Peripheral Artery Disease (PAD) Screening |

Blood pressure cuffs are placed on the ankles to evaluate blood flow in the legs.

## HEART SCAN PLUS \$205

This combination package includes the Heart Scan and the Vascular Screening.

*To self-refer, candidates must be male 40-65 or female 45-70 and have one of the following risk factors: diabetes, current smoker, obesity, family history, cholesterol greater than 160/LDL and/or blood pressure greater than 140/90.*

## Cardiovascular disease is the leading cause of death for men and women.

Houston Methodist Heart and Vascular Screening Packages can help you understand your risk, which is the first step toward prevention. We employ many of Houston's most highly trained cardiologists, cardiovascular surgeons, radiologists and technologists to analyze your tests and help you understand your risk.

Houston Methodist has a 30-year history of excellence in cardiovascular imaging and diagnostics, and we are leading the fight against heart and vascular disease.

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For more information or to schedule a screening, please call **713.790.3333** or visit [houstonmethodist.org/heartscans](http://houstonmethodist.org/heartscans).

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