YOUR PARTNER FOR BREAST CANCER TREATMENT IN BAYTOWN

HOUSTON Methodist CANCER CENTER
Choose Houston Methodist Cancer Center at Baytown for Your Treatment and Survivorship

Each year, more than 250,000 women are diagnosed with breast cancer.* The shock and uncertainty can make it difficult to know what to do, and where to turn for help.

If you are diagnosed, it’s important to take a moment to catch your breath and understand that you do have a choice about where to go for care and the treatments you receive.

Houston Methodist Cancer Center provides:

• Specialists renowned for research and treatment of breast cancer
• Advanced care options for all breast cancer stages
• Compassion to listen to your concerns as well as oncology nurse navigators to guide and support you
• Second opinions for patients who may be seeking treatment at another cancer center

If you or a loved one are among the one in eight women diagnosed with breast cancer in her lifetime, we are here for you. We are committed to helping you focus on what matters most: healing, surviving and thriving.

Warmly,
The Houston Methodist Cancer Center Team

*Source: National Cancer Institute

ADVANCED CARE CLOSE TO HOME

When you are receiving treatment for breast cancer, accessing the care you need close to home is important. With Houston Methodist Cancer Center as your care partner, there’s no need to travel to different facilities for imaging, surgery, chemotherapy and radiation. Our specialists collaborate and coordinate all aspects of your care on campus, providing the care you may need quickly and conveniently.

In addition, our leading breast cancer care is available at seven locations across Greater Houston, making it easy for family or friends to assist and support you throughout your treatment.
Your Breast Cancer Care Path

WHERE YOU GO MATTERS

When you are making decisions about breast cancer care, where you go for treatment is extremely important. Our collaborative approach allows us to provide the care you need quickly and efficiently so you can focus on healing.

We offer:

- Highly trained doctors who specialize in treating breast cancer
- The latest technology, innovative treatment options and advanced procedures
- Collaborative teams of specialists who meet regularly to review cases and treatment plans
- Treatment services conveniently located on the same campus — imaging, chemotherapy, surgery, radiation
- Access to appointments within days
- Support groups and resources to help you cope with the emotional and physical effects of cancer

ACCESS TO ADVANCED, PERSONALIZED TREATMENTS AND UNIQUE CLINICAL TRIALS

No two breast cancer cases are exactly the same. Our comprehensive care team will work with you in an atmosphere of collaboration and compassion to develop a treatment plan personalized to your specific needs.

We offer:

- Chemotherapy
- Clinical trials – groundbreaking options, using the latest medications and innovative treatment strategies in collaboration with major institutions across the country (Visit houstonmethodist.org/cancer-clinicaltrials for more information.)
- High Risk Program – for women with a higher-than-average risk for developing breast cancer
- Hormone therapy
- Immunotherapy – using the body’s own immune system to kill breast cancer cells
- Radiation therapy, including high-dose brachytherapy
- Targeted therapy – using drugs or other substances that block cancer cells from growing and spreading
- Triple Negative Breast Cancer Clinic – for patients with this less common but more aggressive form of the disease
EXPERTISE IN BREAST SURGERY AND BREAST RECONSTRUCTION OPTIONS

Experienced surgeons who use the most sophisticated tissue-sparing techniques and reconstructive procedures can achieve results that remove the cancer, while still helping you feel whole.

We offer:

- Surgical options to remove cancerous tissue, and possibly lymph nodes and muscle, from the breast and breast area, including:
  - Mastectomy, with or without reconstruction
  - Skin-sparing mastectomy
  - Nipple-sparing mastectomy
  - Lumpectomy – removal of the tumor and a limited amount of surrounding tissue
  - Hidden scar techniques
- Radiofrequency clip localization – implantation of a tiny device before surgery to pinpoint abnormal tissue and save healthy tissue
- Reconstruction and restoration procedures that may include:
  - Using implants or the patient's own excess abdominal tissue to reconstruct the breast
  - Sculpting to make the restored breast appear natural

THE PATIENT EXPERIENCE

Receiving medical treatment of any kind can be stressful. How you’re treated while receiving that care makes a big difference. That’s why choosing a cancer center that is highly recommended by past patients, with skilled, board-certified doctors is important.

We offer:

- Breast cancer doctors with an average patient satisfaction rating of 4.8 out of 5
- A commitment to making your experience as nurturing and comfortable as possible
- A personal touch that begins the minute you arrive for a screening mammogram and continues throughout every aspect of your care

The patient rating score is an average of all responses to physician-related questions on our independently administered patient satisfaction survey. Responses are measured on a scale of 1 to 5, with 5 being the best score.
IMPORTANCE OF AFTERCARE
Many breast cancer survivors have ongoing physical needs after treatment ends. We are here to support you with services to help you deal with the physical effects of breast cancer treatment.

We offer:
- Acupuncture services, educational sessions and yoga and massage therapy
- Lymphedema therapy to help reduce swelling of your arms and legs after treatment
- Survivorship programs for long-term issues related to cancer treatment, such as fatigue, fertility and memory problems as well as counseling and support groups

GUIDANCE AND SUPPORT PROGRAMS AVAILABLE FOR YOU AND YOUR FAMILY
You may need help coping with the emotional effects of breast cancer. Our comprehensive services can help you with psychological and spiritual issues that may accompany a cancer diagnosis.

We offer:
- An oncology nurse navigator to guide you through your treatment process:
  - Answers general questions about treatment options
  - Coordinates care with your health care team
  - Educates about available resources
  - Identifies and assists with individual barriers to care
- Clinical social workers and chaplains
- Financial assistance resources
- Genetic counseling to assess your and your family's risk for genetic or hereditary causes of cancer
- Music, art and pet therapy sessions
- Nutrition counseling from a registered dietitian
- Support groups for patients and families

CARE FOR HEALTH COMPLICATIONS OR CONDITIONS BEYOND BREAST CANCER
Other medical conditions can impact treatment for breast cancer. Choosing a center with ready access to subspecialists trained in a variety of fields is worth considering. Working together, your complete team of specialists can create a safe and comprehensive treatment plan that takes into consideration all of your unique needs.

We offer expertise in many specialties, including:
- Cardiology
- Gastroenterology
- Gynecology
- Neurology
- Orthopedics and sports medicine
- Pulmonology
- Urology
CONVENIENT ACCESS TO YOUR HEALTH INFORMATION

An electronic health record can give you secure access to all of your health information and provide all of your doctors instant access to your records and notes — a critical advantage in breast cancer care. MyChart:

- Is accessible through the houstonmethodist.org website or the MyMethodist mobile app
- Makes scheduling appointments, viewing important test results and accessing your health records as easy as possible
- Allows you to communicate with your doctor’s office through your computer, tablet or smart phone

ACCREDITATIONS AND RECOGNITIONS

Houston Methodist Baytown is nationally recognized for its dedication to advancing research, quality treatment programs and outstanding patient care.
Leading Breast Cancer Care Close to Home

From screenings and diagnosis to advanced treatment options and personalized support, our leading breast cancer care is available in Baytown.

Visit houstonmethodist.org/breast-cancer for more information on our services or call 713.790.2700 to find a breast cancer specialist.