Provider Burnout and Fatigue During the COVID-19 Pandemic: Lessons Learned From a High-Volume Intensive Care Unit

There are 4 major contributors to COVID-19-related occupational fatigue and burnout:

- **Occupational Hazards**
- **National vs. Locally Scaled Response**
- **Process Inefficiencies**
- **Financial Instability**

Recommendations for healthcare leaders:

- Constant communication regarding access to medical necessities
- Structured training on large-scale disaster management response
- Feasible and practical methods to assess health care workers' fatigue and burnout is needed

Recommendations for policymakers:

- Ability to rapidly transform relevant industry
- Capacity to manufacture and produce innovative designs along with technical oversight to ensure minimum safety requirements are met
- Development of a medical reserve corps at the regional, state, and national level

Center for Outcomes Research
COR@houstonmethodist.org