

Journey to Practicing Medicine in the U.S.

Journey to Practicing Medicine in the U.S.: A Houston Methodist Perspective

This program offers international physicians and medical students an overview of the steps required in order to begin the pathway of practicing medicine in the United States through the Houston Methodist perspective. Participants will gain insight into what residency programs in Texas often require in candidates, while hearing personal experiences from Houston Methodist physicians who took the journey of obtaining their medical licenses to practice in the U.S. This experience will include an opportunity for learners to participate with an observership in the clinical area of interest. This is a short 5 day program designed to give a peek into the process international physicians must consider before embarking on the journey to practice medicine in the U.S.

Program Objectives

- Develop an understanding of the Houston Methodist structure and ICARE values while gaining familiarity with the Houston Methodist Hospital campus.
- Gain insight into requirements of the United States and requirements of the state of Texas when considering international prospective residents and fellows while also learning the difference between ACGME and Non-ACGME programs and requirements.
- Acquire an understanding of the type of immigration documents that international prospective residents/fellows would need to consider while exploring his/her pathway to practicing medicine in the United States.
- Gain exposure to personal experiences of Houston Methodist physician(s) who went through the process of gaining a license to practice in the United States.

Clinical Observership Objectives

- Acquire insight into the various roles involved in team-based care across the care continuum for patients.
- Observe day to day clinical operations to acquire insight to be used as a basis to formulate related clinical questions.
- Gain exposure to the use of techniques and tools that help clinicians to recognize, understand, and manage patient conditions.
- Review processes in place for comprehensive education of patient and family regarding care.
- Participate with Grand Rounds, Journal Clubs, etc.

Sample Program Outline:

The program offers physicians and medical students an opportunity to gain insight into the process of gaining a U.S. medical license from the Houston Methodist perspective. Learners will hear from key leadership at HMH while engaging in an observation experience based on the learners most aligned clinical profession.

- **Day 1** – Introduction to Houston Methodist Hospital and Tour of Facility
- **Day 2** – Clinical Observation Day & Journey to Medicine Presentation #1
- **Day 3** – Clinical Observation Day & Journey to Medicine Presentation #2
- **Day 4** – Clinical Observation Day & Journey to Medicine Presentation #3
- **Day 5** – Clinical Observation Day & Global Huddle/Exit Interviews

Program Cost:

Contact Global Education Office for pricing. International learners are responsible for airfare, hotel accommodations and transportation. Houston Methodist Global can provide guidance on accommodation options.

Houston Methodist Global Health Care Services (HMG)

HMG is committed to building health care capacity globally through transferring best practices. HMG offers educational programs designed for healthcare providers and professionals at every stage in their career, providing these individuals with the opportunity to learn using the most advanced technology and processes from HMG. With experienced faculty, established educational infrastructure, and training expertise, HMG has proven ability in coordinating, developing and delivering exceptional educational programs.

The above program is part of HMG's Revolving Education Development Series which is divided into two initiatives: the Innovative Leadership Experience And Development program (I LEAD) which targets clinicians and non-clinicians interested in enhancing their leadership skills and advancing their institutions overall operations, and the Integrated Health Education And Leadership program (I HEAL) which targets clinicians only and allows learners to immerse themselves quickly in a specific health care topic of interest that aligns with our Centers of Excellence. Under the RED Series, programs do not exceed 5 days and are offered seasonally.