

Global Education & Training: I HEAL

Art of Healing – Music Therapy

Leading Medicine: The Art of Healing - Music Therapy

The *Art of Healing* provides clinicians and allied health professionals an opportunity to gain an overview of the impact arts integration can have on the patient experience and on a patient's ability to heal. An overview of the history of music therapy, exposure to latest developments in treating patients through visual and auditory stimuli, understanding of how art and music is interwoven throughout Houston Methodist facilities, as well as an opportunity to observe select clinical areas working with performing artists from around the world make this a unique learning experience.

Program Objectives:

- Develop an understanding of the Houston Methodist structure and ICARE values while gaining familiarity with the Houston Methodist Hospital campus
- Define and understand the history of music therapy, music-based interventions and how technique is used within a hospital setting through exposure to elements of Neurologic Music Therapy and Psycho-emotional Care.
- Identify elements of art that have been incorporated into the Houston Methodist facility and their relationship in improving the patient experience.
- Acquire insight into the various roles involved in team-based care across the care continuum for patients in need of rehabilitation services which may include physical and occupational therapy, speech-language pathology, and psychiatric rehabilitation services in a variety of inpatient and/or outpatient settings through an observation experience designed to expose learners to day to day clinical operations. Learners should acquire insight to be used as a basis to formulate related clinical questions
- Learn about the mission of the Houston Methodist Center for Performing Arts Medicine and how it encompasses a specialized group of more than 100 physicians working collaboratively to address the specific demands placed on artists.

Target Audience: Physical therapists, neurologists, occupational therapists, orthopedists

Program Outline:

Learners will spend a total of 3 days observing while gaining exposure to a series of lectures designed to educate the learner on the importance of art in a care setting. This program will include educational facility tours and a concert in Crain Garden. The Global Education & Training team will evaluate the CV of participants to determine best observation assignment.

Week 1:

Monday	<ul style="list-style-type: none">– Introduction to Houston Methodist and the ICARE Culture– Tour of HMH Facilities– Introduction to Music Therapy Part 1
Tuesday	<ul style="list-style-type: none">– Clinical Observation Day– Music therapy Part 2– Crain Garden Concert
Wednesday	<ul style="list-style-type: none">– Clinical Observation Day
Thursday	<ul style="list-style-type: none">– Clinical Observation Day
Friday	<ul style="list-style-type: none">– Program “Lessons Learned” Discussion– Exit Interview

Program Details:

Clinical Observation:

Clinical observation is a shadowing experience that allows learners to observe the day to day operations in regards to patient care. Learners are not permitted to have direct patient interaction (Touch or treat the patient) but will get to observe how clinicians associated with the Houston Methodist Center for Performing Arts Medicine and related clinical units engage with patients to ensure a positive Methodist Experience. Learners will be placed in selected clinical units throughout the hospital by the Global Education & Training team based on capacity but with the learner's experience level and clinical interests taken into consideration.

Music Therapy Lectures:

Members of the Houston Methodist Center for Performing Arts Medicine (CPAM) will present on topics that will help the learner be able to better understand the field of music therapy and the impact it can have on a patient's ability to heal. Learners will get to see the effects of music on the brain and be able to discuss future implications of this form of care on the health care delivery system in the coming years.

Crain Garden Concerts:

The Crain Garden Performance Series features performances by individuals and members of different arts groups. Groups have included the Houston Symphony, and other live ensemble and choral programs. The purpose is to relieve anxiety by creating a welcoming environment of solace – offering emotional and spiritual inspiration and supporting the journey of healing and caregiving for all.

Program Cost:

Contact the Global Education & Training Office for pricing. International learners are responsible for airfare, hotel accommodations and transportation. Houston Methodist Global can provide guidance on these activities.

Houston Methodist Global Health Care Services (HMG)

HMG is committed to building health care capacity globally through transferring best practices. HMG offers educational programs designed for healthcare providers and professionals at every stage in their career, providing these individuals with the opportunity to learn using the most advanced technology and processes from HMM. With experienced faculty, established educational infrastructure, and training expertise, HMG has proven ability in coordinating, developing and delivering exceptional educational programs.

The above program is part of HMG's Revolving Education Development Series which is divided into two initiatives: the Innovative Leadership Experience And Development program (I LEAD) which targets clinicians and non-clinicians interested in enhancing their leaderships skills and advancing their institutions overall operations, and the Integrated Health Education And Leadership program (I HEAL) which targets clinicians only and allows learners to immerse themselves quickly in a specific health care topic of interest.

FOR QUESTIONS CONTACT US:

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