COVID-19: TESTING INFORMATION

Your safety is our number one priority. To help minimize risk of the spread of COVID-19, Houston Methodist is implementing the following measures:

- Houston Methodist patients needing a COVID-19 test must have an order from their physician as well as a scheduled appointment. Please talk to your physician about scheduling a test.
- If testing is required, your physician’s office will provide you information about scheduling your test.
- The testing for COVID-19 must be performed at least 24 hours and no more than 5 calendar days prior to your surgery/procedure.
- In order to minimize the chances that you get COVID-19 during the time you test until the day of your surgery/procedure please follow the guidelines below.

• On the day of your testing:
  - Please wear a mask upon entry and at all times while in the hospital.
  - You will be screened for a fever upon arrival at Houston Methodist.

• Receiving your test results:
  - If you have a positive test result, you will be contacted by the hospital and given proper instructions.
  - Negative results will be displayed in MyChart and/or you will be notified by your physician.

Limit social interactions until your scheduled procedure/surgery
If possible, stay at home
Avoid others if you think they are sick

Conduct essential travel only

If you must go out in public during this time, wear a mask and practice proper hand hygiene

If you are in need of groceries or food, we encourage you to use delivery services or have a family/friend pick the items up for you

To help facilitate social distancing, please do not bring visitors. If a visitor is required, he or she must be 18 or older.

If you have a fever or if you are ill, you will be redirected to contact your physician for additional guidance or to utilize virtual urgent care.

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