

Recovering from COVID-19?

# Consider Donating Blood Plasma

Houston Methodist is seeking patients who have recovered from proven COVID-19 infection to donate their blood plasma. Plasma from a healthy, recovered patient contains antibodies that kill the virus and have the potential to heal and potentially save the life of a hospitalized COVID-19 patient.

**If you would like to help, please call 346.238.4360** between 9 a.m. and 5 p.m., Monday through Friday, to speak with a research study team member, or visit **[houstonmethodist.org/blood-plasma-donation](https://houstonmethodist.org/blood-plasma-donation)**.

- Eligible plasma donors include both **Houston Methodist patients with proven COVID-19 infection** and **patients treated outside of Houston Methodist for COVID-19**.
- If treated for COVID-19 outside of Houston Methodist, **please provide proof of a positive COVID-19 molecular test result**.
- Patients with **certain underlying medical conditions and advanced age are not eligible to donate**.

The plasma donation procedure is similar to donating blood and takes about an hour. Unlike regular blood donation, plasma can be donated as often as twice a week.

HOUSTON  
**Methodist**<sup>®</sup>  
LEADING MEDICINE