DeBakey CV Education

Building on Dr. Michael E. DeBakey's commitment to excellence in education, Houston Methodist’s DeBakey CV Education is an epicenter for cardiovascular academic and clinical educational programs that support the provision of optimal care to patients suffering from cardiovascular conditions and diseases.

Find Us on Social Media

Online Resources • houstonmethodist.org/debakey-cv-education

- Conference and course presentations
- Interviews with world-renowned physicians and clinicians
- Cardiology and cardiovascular surgery technical tips and tricks
- Free online subscription to the Methodist DeBakey Cardiovascular Journal journal.houstonmethodist.org
- Houston Methodist Institute for Technology, Innovation & Education (MITIE™) houstonmethodist.org/mitie
- Updates on upcoming Houston Methodist DeBakey CV Education courses
- Photos of events and procedures

debakeycvedu@houstonmethodist.org • 713.441.6507 • @debakeyCVedu

Accreditation and Designation Statements

For designated health care professional activities only. Please see each activity for applicable continuing education information.

Physicians
Houston Methodist is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. These live activities have been approved for AMA PRA Category 1 Credits™.

Nurses
Houston Methodist is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center’s Commission on Accreditation.

Please note that email is not a secure means to communicate confidential or health-related information, including Social Security number, date of birth, financial information, etc.

Houston Methodist DeBakey CV Education

2021 COURSE CATALOG

Events targeting physicians, nurses, allied health professionals, patients and the public.
Continuing Education for Health Care Professionals

MARCH 26
VIRTUAL

SIXTH ANNUAL
Houston Heart Failure Summit
bit.ly/HFS-2021
#houstonHFailureSummit
Course Director: Arvind Bhimaraj, MD, MPH
This program provides a comprehensive update on the prevention, diagnosis and management of heart failure. Faculty experts present informative lectures, and lead panel discussions and case-based presentations. Sessions cover the most recent novel treatments for chronic heart failure, pulmonary hypertension and hospital admissions. Participants will acquire the tools to improve the care of patients with heart failure.

APRIL 24
VIRTUAL

FOURTH ANNUAL
Heart Failure Management Conference
bit.ly/HFMC-2021
#HFmanagement
Course Director: Arvind Bhimaraj, MD, MPH
This program engages patients, families and caregivers with information and strategies for managing heart failure. Discussions focus on self-care: dealing with diagnosis and symptoms, stress management, exercise and healthy living and nutrition. The conference is streamed live online and on the spiritual education channel within Houston Methodist Hospital.

APRIL 9-10
Houston, Texas

THIRD ANNUAL
Critical Care Symposium
bit.ly/CriticalCare-2021
#HMcriticalcare
Course Directors: Ari Cedars, MD; Valeria Duarte, MD; C. Huie Lin, MD, PhD; Thomas E. MacGillivray, MD; and Gary Monteiro, MD
This popular annual event is a unique opportunity for patients, family, caregivers and their physicians to learn more about care and treatment options from leading adult congenital heart disease experts. The event is split into two sections: one for health care professionals and another for patients and caregivers.

MAY 22
VIRTUAL

FIFTH ANNUAL
Cardiology for the Noncardiologist
bit.ly/CNC-2021
#CNC2021
Course Directors: Alpesh R. Shah, MD and William A. Zoghbi, MD
This course covers a core cardiology curriculum and updates in general cardiology for noncardiology health care providers. Attendees learn to identify common cardiovascular risk factors and understand new guidelines and approaches for cardiovascular disease.

NOV. 6
VIRTUAL

SEVENTH ANNUAL
Adult Congenital Heart Symposium
bit.ly/HMACHD2021
#A CHD2021
Course Directors: Ari Cedars, MD; Valeria Duarte, MD; C. Huie Lin, MD, PhD; Thomas E. MacGillivray, MD; and Gary Monteiro, MD
This popular annual event is a unique opportunity for patients, family, caregivers and their physicians to learn more about care and treatment options from leading adult congenital heart disease experts. The event is split into two sections: one for health care professionals and another for patients and caregivers.

MAY 22
VIRTUAL

SECOND ANNUAL
CVD Prevention Symposium
bit.ly/CVD-Prevention
#CVDprevention2021
Course Director: Khurram Nasir, MD, MPH, MSc
Integrating recent advances in cardiovascular prevention and management into clinical care can improve patient outcomes and save lives. Learn about these developments in this interactive, interdisciplinary symposium featuring world-renowned experts who will provide state-of-the-art updates on populations at risk, cutting-edge diagnostic tools, novel therapeutics and the latest research for preventing cardiovascular disease. Participants will be able to apply these contemporary risk assessment and CVD prevention management approaches in their clinical practices.

OCT. 9
VIRTUAL

15th ANNUAL
Pumps and Pipes
bit.ly/PP-2021
#PumpsandPipes
Course Director: Alan B. Lumsden, MD
Pumps & Pipes’ guiding principle is “exploring your neighbor’s toolkit.” Medicine, aerospace, energy and academia converge at this annual conference exploring multidisciplinary solutions to complex, real-world problems. Pumps & Pipes features engaging presentations about innovative cross-industry collaborations; hands-on demonstrations in cutting-edge medical, aerospace and energy technologies; and a concurrent immersive experience for high-school students participating in the Pumps & Pipes STEAM program.

DECEMBER
VIRTUAL

THIRD ANNUAL
Critical Care Symposium
bit.ly/CriticalCare-2021
#HMcriticalcare
Course Directors: Faisal N. Masud, MD; and Atyia F. Dhala, MD
This symposium addresses the learning needs of the interprofessional critical care team by incorporating diverse lectures and speakers across a wide variety of critical care topics. The afternoon is dedicated to breakout sessions, including hands-on training that can be applied to everyday ICU practices.

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FIFTH ANNUAL
**ACTION STAT: Advanced Practice Provider Boot Camp**
An Accelerated Conference for the Acute and Primary Care Clinician
#actionSTAT

Course Directors: Nicole Twine, PhD, RN, ACNP-BC; Alan B. Lumsden, MD; and Miriam “Pepper” Santa Ana, MSN, RN, ANP-C

This boot-camp-style weekend course offers hands-on training for nurse practitioners and physician assistants practicing in a hospital-based setting. Focus areas include cardiology and cardiovascular medicine, pulmonology, neurosurgery, emergency medicine and professional development. Action STAT is intended for nurse practitioners and physician assistants in all specialties, nurse practitioner and physician assistant students, registered nurses, and pharmacists.

SEVENTH ANNUAL
**Adult Congenital Heart Symposium**
bit.ly/IMACHD2021  #ACHD2021

Course Directors: Ari Cedars, MD; Valeria Duarte, MD; C. Huie Lin, MD, PhD; Thomas E. MacGillivray, MD; and Gary Monteiro, MD

This popular annual event is a unique opportunity for patients, family, caregivers and their physicians to learn more about care and treatment options from leading adult congenital heart disease experts. The event is split into two sections: one for health care professionals and another for patients and caregivers.

THIRD ANNUAL
**Vascular Ultrasound Master Class**
bit.ly/VUMC-2021  #VUMC

Course Director: William A. Zoghbi, MD

Course Co-Directors: Stephen H. Little, MD; John J. Mahmarian, MD; Dipan J. Shah, MD; and Miguel A. Quiñones, MD

This course teaches the fundamentals of vascular ultrasound physics and examination techniques, clinical applications and interpretations. Faculty experts review protocols and lead case-based discussions to build strong basic knowledge. Attendees get hands-on practice performing ultrasound studies on volunteers who have abnormal findings.

11th ANNUAL
**Multimodality Cardiovascular Imaging for the Clinician**
bit.ly/MMI-2021  #MMI2021

Course Director: William A. Zoghbi, MD

Course Co-Directors: Stephen H. Little, MD; John J. Mahmarian, MD; Dipan J. Shah, MD; and Miguel A. Quiñones, MD

This program features didactic lectures and panel discussions focused on the vital role cardiovascular imaging plays in the management of the cardiovascular patient. Small-group breakout sessions provide an interactive learning experience.
This course teaches incoming integrated vascular surgery residents the skills necessary to be functional on the floor and in the OR from their first day. Attendees learn how to gown and scrub, recognize instruments, place central lines, do ABIs, master essential suturing techniques and more. Sessions cover practical topics including algorithms for basic floor issues and emergencies, recordkeeping, and case presentations. Free for qualified registrants.

课程的目标是培训新的整合血管外科住院医师，让他们从第一天就能在病房和手术室中发挥作用。与会者学习如何穿戴和洗手、识别仪器、放置中心静脉导管、做足背动脉搏动检查、掌握基本缝合技术等。课程还涵盖实用内容，如基本问题和紧急情况的算法、记录保存和案例展示。符合条件注册者免费参加。

**Eighth Annual Preintern Training for Vascular Residents: “Jump Start” Your Training**

**JUNE 7-9**  
Houston, Texas

#preintern2021

**Course Directors:** Alan B. Lumsden, MD; Ahmed Soliman, MD; Paul Schurmann, MD; Miguel Valderrábano, MD; and William A. Zoghbi, MD

This course follows our guiding principles: “Teach broadly. Teach early. Teach basics.” Designed for first- and second-year fellows in cardiology, this track will provide exposure to various devices and techniques through virtual lectures, case presentations, and interactive discussions, led by world-class faculty in their cardiology specialty. Due to the pandemic, only the Cardiology track will take place this year.

**Cardiovascular Fellows’ Boot Camp: Laying the Foundation**

**JULY 31–AUG. 1**  
VIRTUAL

#CVbootcamp

**Course Directors:** Bindu Chebrolu, MD; Valeria Duarte, MD; Nadeen Faza, MD; Imad Hussain, MD; C. Huie Lin, MD, PhD; and William A. Zoghbi, MD

This intense training follows our guiding principles: “Teach broadly. Teach early. Teach basics.” Designed for first- and second-year fellows in cardiology, this track will provide exposure to various devices and techniques through virtual lectures, case presentations, and interactive discussions, led by world-class faculty in their cardiology specialty. Due to the pandemic, only the Cardiology track will take place this year.

**Seventh Annual Open Aortic Training Course**

**OCT. 28-29**  
Houston, Texas

#openaortic

**Course Director:** Alan B. Lumsden, MD

This two-day course focuses on open aortic repair training using operative videos, open aortic models, and cadavers. It is designed for vascular fellows and PGY5 integrated residents. This course is free for qualified registrants.

**Inaugural Ethanol Ablation of Complex Arrhythmias Training**

**SEPT. 17**  
VIRTUAL

#EACAT

**Course Director:** Miguel Valderrábano, MD

This virtual course will include formal didactics from experts around the world as well as observational cases covering venous mapping techniques to collect electrical signals from cardiac veins. This course is intended for electrophysiology physicians and fellows, and interventional cardiologists.

**DeBakey CV Education for Trainees**

**DeBakey CV Education Webinars**

**Four ways to watch:**  
livestream.com/debakey  
Social Media:  
@debakeyCVedu

Participate with us by sending your questions to be answered live. Text DEBAKEY to 67607.
Course Director: Alan B. Lumsden, MD
This course teaches incoming integrated vascular surgery residents the skills necessary to be functional on the floor and in the OR from their first day. Attendees learn how to gown and scrub, recognize instruments, place central lines, do ABIs, master essential suturing techniques and more. Sessions cover practical topics including algorithms for basic floor issues and emergencies, recordkeeping, and case presentations. Free for qualified registrants.

bit.ly/Pre-Intern-2021  #preintern2021

EIGHTH ANNUAL
Preintern Training for Vascular Residents: “Jump Start” Your Training
JUNE 7-9
Houston, Texas

Course Director: Alan B. Lumsden, MD
This course teaches incoming integrated vascular surgery residents the skills necessary to be functional on the floor and in the OR from their first day. Attendees learn how to gown and scrub, recognize instruments, place central lines, do ABIs, master essential suturing techniques and more. Sessions cover practical topics including algorithms for basic floor issues and emergencies, recordkeeping, and case presentations. Free for qualified registrants.

bit.ly/Pre-Intern-2021  #preintern2021

Course Directors: Bindu Chebrolu, MD; Valeria Duarte, MD; Nadeen Faza, MD; Imad Hussain, MD; C. Huie Lin, MD, PhD; Alan B. Lumsden, MD; Ahmed Soliman, MD; Paul Schurmann, MD; Miguel Valderrábano, MD; and William A. Zoghbi, MD
This intense training follows our guiding principles: “Teach broadly. Teach early. Teach basics.” Designed for first- and second-year fellows in cardiology, this track will provide exposure to various devices and techniques through virtual lectures, case presentations and interactive discussion, led by world-class faculty in their cardiology specialty.

Due to the pandemic, only the Cardiology track will take place this year.

bit.ly/Boot-Camp-2021  #CVbootcamp

13th ANNUAL
Cardiovascular Fellows’ Boot Camp: Laying the Foundation
JULY 31–AUG. 1
VIRTUAL

Course Directors: Bindu Chebrolu, MD; Valeria Duarte, MD; Nadeen Faza, MD; Imad Hussain, MD; C. Huie Lin, MD, PhD; Alan B. Lumsden, MD; Ahmed Soliman, MD; Paul Schurmann, MD; Miguel Valderrábano, MD; and William A. Zoghbi, MD
This intense training follows our guiding principles: “Teach broadly. Teach early. Teach basics.” Designed for first- and second-year fellows in cardiology, this track will provide exposure to various devices and techniques through virtual lectures, case presentations and interactive discussion, led by world-class faculty in their cardiology specialty. Due to the pandemic, only the Cardiology track will take place this year.

bit.ly/Boot-Camp-2021  #CVbootcamp

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bit.ly/EACAT  #EACAT

SEVENTH ANNUAL
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OCT. 28-29
Houston, Texas

Course Director: Alan B. Lumsden, MD
This two-day course focuses on open aortic repair training using operative videos, open aortic models and cadavers. It is designed for vascular fellows and PGYS integrated residents. This course is free for qualified registrants.

bit.ly/Open-Aortic-2021  #openaortic

Join us weekly at noon, CST
Tuesdays: Multimodality Imaging
Thursdays: DeBakey Heart & Vascular Center Grand Rounds

Join us weekly at 5 p.m., CST
WEEK 1
Monday: Aortic Talk
Tuesday: Atrial Fibrillation

WEEK 2
Monday: At the Cutting Edge of Cardiovascular Science
Tuesday: Vascular Residents
Wednesday: Adult Congenital Heart Disease
Thursday: Heart Failure

WEEK 3
Monday: Sisterhood in Surgery
Tuesday: Vascular Ultrasound Master Class

WEEK 4
Tuesday: Digital CV Health
Wednesday: Venous and Lymphatic Forum
Thursday: Innovation on the Loose

Connect with Houston Methodist DeBakey CV Education from any device, anytime, anywhere. Watch cardiovascular experts discuss trending topics from our DeBakey CV Education studios in the heart of the Texas Medical Center.

Four ways to watch:
livestream.com/debakey
Social Media: @debakeyCVedu
Participate with us by sending your questions to be answered live. Text DEBAKEY to 67607.
Continuing Education for Nurses

FIFTH ANNUAL
ACTION STAT: Advanced Practice Provider Boot Camp
An Accelerated Conference for the Acute and Primary Care Clinician
#actionSTAT
Course Directors: Nicole Twine, PhD, RN, ACNP-BC; Alan B. Lumsden, MD; and Miriam “Pepper” Santa Ana, MSN, RN, ANP-C
This boot-camp-style weekend course offers hands-on training for nurse practitioners and physician assistants practicing in a hospital-based setting. Focus areas include cardiology and cardiovascular medicine, pulmonology, neurosurgery, emergency medicine and professional development. Action STAT is intended for nurse practitioners and physician assistants in all specialties, nurse practitioner and physician assistant students, registered nurses, and pharmacists.

NOV. 6
VIRTUAL

NOV. 13
VIRTUAL

SEVENTH ANNUAL
Adult Congenital Heart Symposium
bit.ly/IMACHD2021 #ACHD2021
Course Directors: Ari Cedars, MD; Valeria Duarte, MD; C. Huie Lin, MD, PhD; Thomas E. MacGillivray, MD; and Gary Monteiro, MD
This popular annual event is a unique opportunity for patients, family, caregivers and their physicians to learn more about care and treatment options from leading adult congenital heart disease experts. The event is split into two sections: one for health care professionals and another for patients and caregivers.

THIRD ANNUAL
Vascular Ultrasound Master Class
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Course Directors: Zsolt Garami, MD and Alan B. Lumsden, MD
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DEC. 11-13
Fort Lauderdale, Florida

11th ANNUAL
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bit.ly/MMI-2021 #MMI2021
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Course Co-Directors: Stephen H. Little, MD; John J. Mahmarian, MD; Dipan J. Shah, MD; and Miguel A. Quiliones, MD
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Continuing Education for Health Care Professionals

For Patients, Families, Caregivers and the Public

MARCH 26
VIRTUAL

SIXTH ANNUAL
Houston Heart Failure Summit
bit.ly/HFS-2021 #houstonHFsummit
Course Director: Ashrith Guha, MD, MPH, and Barry H. Trachtenberg, MD
This program provides a comprehensive update on the prevention, diagnosis and management of heart failure. Faculty experts present informative lectures, and lead panel discussions and case-based presentations. Sessions cover the most recent novel treatments for chronic heart failure, pulmonary hypertension and hospital admissions. Participants will acquire the tools to improve the care of patients with heart failure.

APRIL 24
VIRTUAL

FOURTH ANNUAL
Heart Failure Management Conference
bit.ly/HFMC-2021 #HFmanagement
Course Director: Arvind Bhimaraj, MD, MPH
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APRIL 9-10
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Course Directors: Faisal N. Masud, MD; and Atiya F. Dhala, MD
This symposium addresses the learning needs of the interprofessional critical care team by incorporating diverse lectures and speakers across a wide variety of critical care topics. The afternoon is dedicated to breakout sessions, including hands-on training that can be applied to everyday ICU practices.

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• Cardiology and cardiovascular surgery technical tips and tricks
• Free online subscription to the Methodist DeBakey Cardiovascular Journal
  journal.houstonmethodist.org
• Houston Methodist Institute for Technology, Innovation & Education (MITIE™)
  houstonmethodist.org/mitie
• Updates on upcoming Houston Methodist DeBakey CV Education courses
• Photos of events and procedures

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