CPAM BY THE NUMBERS
In 2017, the Center for Performing Arts Medicine provided services to tens of thousands of patients, their families, and staff at Houston Methodist locations across the system:

- Nearly 1,500 music therapy contact hours across the system
- 125 performances as part of the Margaret Alkek Williams Crain Garden Performance Series
- 12 performances across the Houston Methodist system
- 2,650 pianist contact hours
- More than 160 pieces of employee art work installed throughout the Houston Methodist system
- 115 participants in employee arts curriculum and choirs
- Continuing Medical Education courses attended by 330+
- 16% increase in Artist Card Members
- DOZENS of educational presentations at national conferences, universities, and for Global learners at Houston Methodist
- 5 Community Outreach Lectures at The Health Museum sharing the connection between music and health

LETTER FROM THE DIRECTOR

DEAR FRIENDS AND COLLEAGUES,

While CPAM continued to deepen and expand its artist health, arts therapy, arts integration and research programs throughout the Houston Methodist system in the last year, I also had the opportunity to participate in a variety of conferences and events in the field of Art in Health around the nation. The combination of our continued growth at home and my experiences around the nation have confirmed to me that the field of Arts in Health is truly experiencing a renaissance. Throughout the U.S., the arts are being used to enhance health care, promote public health, and support community well-being in a wide variety of settings. More and more, people and institutions are turning to the arts as a way to transcend boundaries, illuminate ideas, and discover and explore more effective ways to inspire, heal and care for each other. It is because of this increased interest that Houston Methodist’s Center for Performing Arts Medicine in 2017 commissioned the National Organization for Arts in Health to produce a white paper entitled “Arts, Health, and Well-Being in America.” We are extremely proud of the outcome of this research and are excited to be able to share this via thenoah.net (click the Resources Tab for online viewing of the White Paper).

What we know, and the white paper confirms, is that the various approaches – or entry points – to Arts in Health, when administered effectively and purposefully coordinated, work beautifully in collaboration with one another, in synchrony amongst disciplines, while offering improved clinical, experiential and holistic results. Data shows that Arts in Health supports the economics of healthcare and improves the patient experience. It even impacts how we respond to crisis, as we displayed in our response to the devastating effects of Hurricane Harvey through the arts. We are proving this every day at CPAM, and collectively, working with our partners around the nation including NOAH, we are creating a future where the arts are an integral part of health and well-being.

To learn more about the center, visit houstonmethodist.org/performing-arts or call 713.441.4048.

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Composer; Director, System Center for Performing Arts Medicine at Houston Methodist

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Community Reintegration

WHEN PATIENTS AND VISITORS FIRST ENTER A HOUSTON METHODIST HOSPITAL OR CLINIC, THEY MAY HEAR THE SOUND OF A PIANIST PLAYING IN ONE OF THE LOBBIES OR SEE EMPLOYEE ARTWORK ADORNING THE WALLS BETWEEN APPOINTMENTS. While sitting in a waiting room, Houston Methodist patients and family members can watch recorded performances from Crain Garden on Channel 19. Recently, the Center expanded its practice of intertwining the arts with a patient’s experience of preparation for discharge from the unit. “Communicating with the clinical care team is integral to understanding how we can be successful in providing these arts integration opportunities,” she said. “Logistically, there are some parameters surrounding the treatment schedule of patients on the rehab unit and their therapists, but the enthusiastic interest of the committee affirmed the need for intentional programming to engage patients in therapeutic experiences off of the unit. Some of the musical requests from the therapists that supported the experience were specific to meter, speed, interaction and genre.”

The Ermelinda Cuellar Jazz Trio, a crowd favorite of the Margaret Alkek Williams Crain Garden performance series, was selected to be the inaugural group for the Community Reintegration Performance Series. The trio’s music filled the Outpatient Center lobby as patients came down from their units and family members sat in the open waiting area on the second floor. The response was extremely positive from staff and patients. We look forward to expanding this unique collaboration. For more information about performances at the hospital, visit https://www.houstonmethodist.org/performing-arts/news-events/crain-garden-performance-series/

Special thanks to the community reintegration through the arts steering committee for their innovative programming. The committee includes Kayla Butler, Khalid Mohamed, Jessica Rose, Jonathan Silbert, and Laura Duda.

Laura Duda, CPAM Arts Integration project specialist, works with artists to create enjoyable, appropriate performances for patients. “Communicating with the clinical care team is integral to understanding how we can be successful in providing these arts integration opportunities,” she said. “Logistically, there are some parameters surrounding the treatment schedule of patients on the rehab unit and their therapists, but the enthusiastic interest of the committee affirmed the need for intentional programming to engage patients in therapeutic experiences off of the unit. Some of the musical requests from the therapists that supported the experience were specific to meter, speed, interaction and genre.”

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IN 2017, HOUSTON METHODIST WAS HONORED BY THE AMERICANS FOR THE ARTS AND NAMED A BCA 10: BEST BUSINESSES PARTNERING WITH THE ARTS IN AMERICA HONOREE. The Business Committee for the Arts (BCA) is a division of Americans for the Arts founded by David Rockefeller that honors 10 U.S. companies annually for their exceptional commitment to the arts. Houston Methodist was nominated by the Houston Grand Opera and was the only Texas institution and only hospital to receive the honor in 2017.

“We are grateful to honor these businesses for their exceptional involvement in ensuring that the arts thrive in their communities,” said Robert L. Lynch, president and CEO of Americans for the Arts. “They provide the arts with significant financial and in-kind support, and they incorporate meaningful arts-related programs into their employee, customer, and community relations activities – truly setting a standard for other businesses to follow.”

With daily music performances in public areas and rebroadcasts on patient TV, art therapies in clinical areas, visual art throughout the hospital, and specialized artist health care, Houston Methodist supports a holistic environment of care for artists, patients and visitors, and an arts-enriched work environment for staff. Houston Methodist believes this support aligns with its I CARE values of integrity, compassion, accountability, respect, and excellence, and leads to improved clinical outcomes and overall patient experience. As the hospital system organizer for the arts, the Center for Performing Arts Medicine is proud to receive this recognition and of the institution’s commitment to the arts.

“This innovative program is designed to meet the special health needs of performers while integrating the arts into our hospital environment. It plays a very important role in the healing process,” said Dr. Marc Boom, president and CEO of Houston Methodist.
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Visit americansforthearts.org/events/bca-10 for more information on Americans for the Arts and the BCA 10.
By Joseph Cohen

A scalpel within a millimeter of an artery ... The hand gently caressing the neck of an 18th-century Stradivarius ... Like the vocations of the surgeon and the violinist, I am an artist who seeks precision. I embrace the correlation between medium specificity and human perception by the application. A few basic tenets propel me: the pursuit of meaning and exploring and expanding avenues to human understanding. As an artist, I have long been interested in the specific investigation of material and the diverse responses reached through engagement with the Art Object.

A pause in locomotion is necessary since the human eye has certain limits; a designed myopia, where the eye cannot see what the intellect understands. Breakthroughs in material science have allowed me to work with specialized substances that have great potential to relieve these blind spots.

With the support of Houston Methodist’s Center for Performing Arts Medicine and Ennio Tasciotti, I began working with Christian Boada (Tasciotti Lab, Houston Methodist Research Institute), analyzing pigment samples of natural and manmade materials in the nano spectrum to create audio signatures. This feat is achieved using techniques idiosyncratic to nanotech. Collaborating with Dan Workman at SugarHill Studios permitted me to pursue, answer and display to the viewer, with great fidelity, the question: What does a painting sound like? While this new form of experiencing a painting was both exciting and fruitful, it begged the question ... Can this process be reversed?

Can a painting be made from “color chords?” These questions made me think about creating a much more ambitious work. My work with Christian and Ennio successfully generated individual “color chords” from unique pigment samples. These “color chords” were then used to produce musical compositions at SugarHill Studios. The finished musical composition, 24 measures in length, was then taken as a template and used to paint the individual notes onto a canvas, using the exact pigments used in the analysis. The artwork affords the viewer the opportunity to experience both the inimitable visual and audio aspects of the material, through the lenses of both science and art. The painting rests against the wall, placed atop five clear acrylic boxes that are filled with the pigments used, while the audio feature is experienced through headphones next to the Art Object.

Like the doctor and musician, the precision I bring as an artist is central to my vocation. Through an interdisciplinary approach to art and science, I will continue to include nanomaterials as I fully integrate the artist, researcher, and scientist into my practice. Our ability to learn from one another as we evolve, extend visions, and share our diverse experiences, will inevitably push the boundaries of art. For me, this heightened layer that I am unlocking for the senses adds a level to the art and science for which new meaning and understanding can be realized.

An Artist in Residence
You may not expect to see Joseph Cohen walking through the Houston Methodist Research Institute hallways. Cohen, with a striking red beard and inquisitive eyes, is the first of his kind at Houston Methodist— an artist in residence. Partnering with Dr. Ennio Tasciotti’s laboratory, Cohen’s passion for arts in health has led him to many labs across the country. Funded by a grant from the Houston Arts Alliance, Cohen is working alongside scientists to discover what may be visible, but is unseen.
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History of Music Therapy at Houston Methodist

2014
November – J. Todd Frazier, director of CPAM, brought the innovative idea of supportive care through music therapy to the leadership team, which included Cathy Currier-Buckingham, director of Rehabilitation Services; Michael Gettleman, manager of Rehabilitation Services; the Rev. Robert Kidd, director of Spiritual Care and Integration; and Ann Scanlon McGinity, vice president of nursing.

2015
January – Four-month trial of musical therapy begins at Houston Methodist Hospital

April – Music therapy becomes a part of rehab service line establishing music therapy as a part of CPAM programming

2016
August – Full-time music therapist hired at Houston Methodist St. Catherine Hospital

August – Manager of music therapy hired for Houston Methodist system

November – Pilot for music therapy implemented in Psychiatric Unit

2017
August – Full-time music therapist hired for cell and gene therapy

November – Implemented pilot for music therapy in Outpatient Infusion Center

December – Music therapist hired for weekly support groups in the Cancer Center at Houston Methodist Sugar Land Hospital

2018
January – Partnered with Houston Grand Opera to host mini-residency in Psychiatry unit

January – Full-time therapist hired to Psychiatry unit

June – Open affiliate internship program with Sam Houston State University

September – Full-time music therapist hired for piloting units and referral patients at HMH

Music Therapy at Houston Methodist St. Catherine Hospital

IT WAS A TYPICAL SPRING DAY IN APRIL 2016 WHEN MR. SMITH WAS WALKING HIS DOG, JACK, AND AN UNIMAGINABLE TWIST OF FATE LED TO A CAR JUMPING THE CURB AND PINNING HIM AGAINST THE FENCE. Smith suffered a fractured pelvis, ruptured spleen, lacerated liver and all of the bones in his left leg were crushed and required extensive skin grafts. After 12 surgeries and multiple hospitalizations, Smith arrived at Houston Methodist St. Catherine’s Hospital for long-term acute care.

Due to medical complications, Smith’s surgical wounds did not heal, but became infected, creating openings of abnormal tunnels between organs. Once fiercely independent, a CEO of a major company and the leader of his family, Smith now required help in almost every appointment or another medical procedure. His beloved wife, of 14 years, left the hospital except by ambulance for a doctor’s appointment or another medical procedure. His beloved and devoted family was exhausted and on the brink of an emotional breakdown. He was losing hope and depression was setting in.

This was when the team at St. Catherine’s called in a specialist of a different sort, the music therapist. Board-certified music therapist, Virginia Gray approached Smith with a humanistic and patient-centered lens. At the first session, Gray engaged Smith in singing familiar songs, learning about his interests and reminiscing over his past successes. By the second session, there was already a sense of safety and familiarity as Gray accompanied Smith to a wound care treatment. During the treatment, she guided Smith through an imagery exercise and employed the intervention of entrainment, matching the patient’s heart rate to the music and slowly adjusting her playing to bring his heart rate down and increase the depth of his breathing. Soon after, Smith was able to attend his wound care sessions without the use of additional pain medication.

On days when he didn’t have a wound care treatment, Gray and Smith practiced music-assisted breathing techniques for managing his pain when she is not available. They also took time to listen to music and talk about the lyrics. The songs reminded him that others have felt the way that he does now. They gave him a starting point to process the emotional pain that compounded his physical pain and, in time, he developed a new outlook on life. Within a few months, Smith was able to return home. On his way out, Gray led the team in singing a farewell song to Smith and his family as they continue their journey toward improving his health at home.

Music therapists are trained to provide:

• Assessment
• Treatment
• Evaluation of progress

Music therapists treat needs in various domains:

• Physical
• Developmental
• Cognitive
• Social
• Academic
• Emotional

For more information about music therapy at Houston Methodist visit houstonmethodist.org/performing-arts/music-therapy

What is Music Therapy?

Music therapy is the clinical and evidence-based use of music within a therapeutic relationship by a credentialed professional who has completed an accredited music therapy program through the American Music Therapy Association.

Certification requirements:

Bachelor’s, master’s or PhD in music therapy

1,200 hours of supervised clinical training/internship

Pass the board certification examination for music therapists (cbmt.org)
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Paintbrush and Blue by Minh Tran

Palm at Sunrise by Lindrel Thompson

Glory in the Sky by Darlene Rains

Arts integration at Houston Methodist means much more than art simply happening on our campuses. It is integrated into the guest experience to enhance the healing environment. In 2017, the Center for Performing Arts Medicine launched a first-of-its-kind musician’s guide for artists performing in a hospital setting. The guide enables CPAM performers to understand what meaningful arts integration and purposeful programming looks like in our unique setting. Specifically, the guide highlights what type of programming is most effective in achieving a healing environment of care.

Special thanks to Chase Cobb, former CPAM Project Specialist, for creating this guide. To view the guide, learn more about upcoming events in the Margaret Alkek Williams Crain Garden Performance Series, or to learn more about how your group can perform at Methodist, visit https://www.houstonmethodist.org/performing-arts/news-events/crain-garden-performance-series/.

Rudy Espinosa, CPAM staff pianist, plays regularly in Crain Garden

Home run for Houston Methodist Singers

Houston Methodist, the official health care provider of the Houston Astros, has a long history with the 2017 World Championship team. However, the relationship moved to center stage May 22, 7:10 p.m., as the Houston Methodist Singers performed the National Anthem for the hometown crowd during Houston Methodist night at Minute Maid Park. The Houston Methodist Singers, in their third year, is comprised of Houston Methodist staff and physicians who rehearse weekly for performances both in and out of the hospital.

Led by M.J. Gallop, employees from Houston Methodist Hospital and Houston Methodist Willowbrook Hospital, performed at the game. The Houston Methodist Singers are honored to have had this opportunity to come together and join their voices after months of weekly rehearsals held onsite at their respective campuses. Congrats Houston Methodist Singers!!

Congrats Houston Methodist Singers!
CPAM releases Musician’s Guide for hospital performances

Artists walking into Crain Garden may take a moment and pause before they perform, or think twice before playing a certain selection, possibly unsure of whether the music is too loud for the guests milling around before them. Crain Garden is not your average performance venue, yet more than 100 annual performances make it a very special performance hall. From jazz to classical, from international touring artists to local school aged performers, Crain Garden demands unique and intentional programming – something not offered at other venues around Houston.

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Employee Art Expands to Walter Tower

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Rudy Espinosa, CPAM staff pianist, plays regularly in Crain Garden

Special thanks to Chase Cobb, former CPAM Project Specialist, for creating this guide. To view the guide, learn more about upcoming events in the Margaret Alkek Williams Crain Garden Performance Series, or to learn more about how your group can perform at Methodist, visit https://www.houstonmethodist.org/performing-arts/news-events/crain-garden-performance-series/.
HOUSTON METHODIST AND THE CENTER FOR PERFORMING ARTS MEDICINE JOINS THE HOUSTON GRAND OPERA ON ITS QUEST: “SEEKING THE HUMAN SPIRIT”

A six-year multidisciplinary initiative created by HGO is designed to highlight the universal spiritual themes raised in opera and expand Houstonians’ connection to opera and the arts. CPAM and HGO are partnering together to create complimentary projects that extend beyond the theatre.

HGO Managing Director Perryn Leech believes that this initiative has essential value for the current social landscape. “At a time when conflict and division are all around us, two things that unite all people and cultures are spirituality and music,” he said. “HGO is thrilled to launch the most ambitious and inclusive initiative in our 62-year history and to invite Houstonians to discover the powerful experiences that great opera provides. We are proud to break new ground in this city by collaborating with partner organizations who are doing vital artistic and community work and creating meaningful connections for new and nontraditional audiences as well as opera lovers.”

As part of the Margaret Alkek Williams Crain Garden Performance Series, patients, staff, and guests of Houston Methodist will experience public performances in Crain Garden shaped to illuminate healing aspects of music. Beyond the ongoing public performances, HGO performers have participated in a residency at Houston Methodist Hospital’s inpatient psychiatric unit.

By collaborating with our music therapy team the performers were able to help harness the therapeutic value of music and apply what they learned specifically to patient care. Jennifer Townsend, program manager, works with the artists in residence to fully understand their impact on the environment and goals of the unit. She believes, “People with mental health challenges need support and interventions to help them re-build or develop aspects of wellbeing. When these patients experience interaction with professional artists in such an intimate way as singing together it shows them that they are worthy of investment and engagement.”

Furthermore, a panel on human creativity led by Dr. Mauro Ferrari, president & CEO of Houston Methodist Research Institute, will focus on Dr. Ferrari’s theory of the four quadrants of human creativity and feature medical researchers and composers. HGO artists will also be given functional brain fMRIs to help further understanding of how creativity works at a neurologic level.

The Center for Performing Arts Medicine is proud to partner with the Houston Grand Opera as it embarks on its first of a kind initiative.

Houston Methodist Physician Provides Care for Members of the Houston Grand Opera

Dr. Todd Siff understands that artists – especially professional artists – have unique needs when it comes to their health. Playing day in and day out, musicians can face specific health challenges even when the show must go on.” In October 2017, Siff met with members of the Houston Grand Opera orchestra to discuss the performers’ unique health challenges. Artist card-holders from violinists to trumpeters to harpists enjoyed consultations with Siff, who has a strong interest in treating artists and musicians. Following the consultation, an athletic trainer worked with each of the artists and provided home exercises specially selected to prevent future injuries and strengthen muscles for performing. In the future, Siff and his team plan to work with the Houston Symphony and pre-professional artist training organizations to help their members stay healthy while performing.

Siff is an orthopedic surgeon who specializes in the hand and the upper extremity. He is a part of the Houston Methodist Sports Medicine Program and has a faculty appointment at the Institute for Academic Medicine at Houston Methodist, Weill Cornell Medical School, and University of Texas Medical Branch at Galveston. He is able to see, evaluate and discuss with our artist community, any orthopedic problems or concerns that arise. He focuses on not only treating these problems, but also in preventative measures.

Please visit houstonmethodist.org/doctor/todd-siff for more information on Dr. Siff.

Opera takes the human spirit in this grand, cathartic way and sings it back to you.

– Houston Grand Opera Artistic and Music Director Patrick Summers
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THE CENTER FOR PERFORMING ARTS MEDICINE HONORED DR. RICHARD STASNEY IN MAY 2017 BY PRESENTING HIM WITH THE SECOND ANNUAL ARTS BRIDGE AWARD FOR HIS LEADERSHIP IN BRIDGING THE WORLDS OF MUSIC AND MEDICINE FOR THE BENEFIT OF MANY.

The award, presented by CPAM Chairman Dr. Robert Jackson, as part of the Texas Medical Center Orchestra’s spring concert at Houston Methodist Hospital, recognizes individuals in the medical community who exemplify the leveraged benefits of collaboration between arts and medicine. Stasney, an otolaryngologist and founder of the Center for Performing Arts Medicine, has led the field of arts in health with his passion for caring for artists and supporting the development of the Houston arts and cultural scene. Known as the “opera doc” for many years, Stasney, retired in December 2016. He had served as president of the medical staff on the Houston Methodist Board of Directors and is a former member of the Houston Methodist Research Institute Board. His academic appointments included: Clinical Professor of Otorhinolaryngology, Weill Cornell Medical College; Clinical Professor of Otolaryngology, University of Texas Health Science Center; Clinical Associate Professor of Otolaryngology/Head and Neck Surgery, Baylor College of Medicine; Elected Deputy Chief of Otolaryngology/Head and Neck Surgery Service at Houston Methodist Hospital; Adjunct Professor of Music, Rice University; Otolaryngologist and physician for the Houston Grand Opera; Chairman of the Center for Performing Arts Medicine (The C. Richard Stasney Endowed Chair), Houston Methodist Hospital; and Clinical Professor, Department of Surgery, Texas A&M Health Science Center.

Dr. Richard Kogan was welcomed back to Houston Methodist as the feature of The Susan and C. Richard Stasney CPAM Lecture in Arts and Medicine. His lecture credits at Houston Methodist, the Center for Performing Arts Medicine hosted three lectures last fall for physicians, health care professionals and the arts community. CPAM Chairman, Dr. Robert Jackson believes “The Center for Performing Arts Medicine is a unique program that bridges the arts and medicine communities. Through clinical care, research, innovative programming and education, CPAM has evolved over two decades to become the “gold standard” for a lasting partnership between performing artists and our health care delivery system. Simply put, there is nothing like it in the world!” Under Dr. Jackson’s leadership CPAM has increased efforts in educating health care providers and the community about CPAM’s programs.

Dr. Richard Fish, Houston Methodist Ophthalmologist and the Retina Consultants of Houston, presented The Blind Musician: Historical, Ophthamlic, Musical and Neurological Aspects of Gifted Artists. Fish discussed a history of blind musicians in an exploration of the connection between visual disability and enhanced musical performance.

Dr. Richard Kogan was welcomed back to Houston Methodist as the feature of The Susan and C. Richard Stasney CPAM Lecture in Arts and Medicine. His lecture performance, titled Chopin’s Mind, Music and Mental Illness, explored the role of music in healing and the impact of psychological forces and mental and physical illness on the creative output of the great composers. Kogan, a Julliard-trained pianist and Harvard-educated psychiatrist, interspersed critically acclaimed pieces of Chopin’s work with a discussion on the mental health space of the famous composer. Visit http://www.tmc.edu/news/2017/10/musician-physician-kogan-explores-life-frederic-chopin/ for more information about Kogan’s lecture and visit.

The Center for Performing Arts Medicine was also proud to present a unique multimedia presentation Music and the Mind: Renee Fleming and Todd Frazier. Fleming previously has performed CPAM Director Frazier’s original compositions, and together they discussed exploring the power of music in clinical applications and overall wellness. Fleming, a National Medal of Arts honoree, spoke about the groundbreaking partnership she initiated with the John F. Kennedy Center for the Performing Arts and the National Institutes of Health. The partnership – Sound Health – brings together researchers, music therapists and arts practitioners to explore the connection between the brain, the arts, and human health and development. Frazier discussed the current clinical and experiential ways that the arts are used at Houston Methodist to fast-track healing.

As an ongoing provider of Continuing Medical Education credits at Houston Methodist, the Center for Performing Arts Medicine hosted three lectures last fall for physicians, health care professionals and the arts community.
THE CENTER FOR PERFORMING ARTS MEDICINE HONORED DR. RICHARD STASNEY IN MAY 2017 BY PRESENTING HIM WITH THE SECOND ANNUAL ARTS BRIDGE AWARD FOR HIS LEADERSHIP IN BRIDGING THE WORLDS OF MUSIC AND MEDICINE FOR THE BENEFIT OF MANY.
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Stasney, founder and chair emeritus of the Center for Performing Arts Medicine, has led the field of arts in health with his passion for caring for artists and supporting the development of the Houston arts and cultural scene. Known as the “opera doc” for many years, Stasney is credited with bringing together a group of talented physicians for specialized artist health care at Houston Methodist more than 20 years ago. CPAM presents this award to those in the community who display the qualities of leadership, dedication, sharing, and the “artistic eye” in bridging the worlds of arts and medicine for the benefit of patients, colleagues and the community. No one epitomizes this more than Stasney and CPAM is grateful for his years of leadership and continued support.

Stasney, an otolaryngologist and founder of the internationally recognized Texas Voice Center, retired in December 2016. He had served as president of the medical staff on the Houston Methodist Board of Directors and is a former member of the Houston Methodist Research Institute Board. His academic appointments included: Clinical Professor of Otorhinolaryngology, Weill Cornell Medical College; Clinical Professor of Otolaryngology, University of Texas Health Science Center; Clinical Associate Professor of Otolaryngology/Head and Neck Surgery, Baylor College of Medicine; Elected Deputy Chief of Otolaryngology/Head and Neck Surgery Service at Houston Methodist Hospital; Adjunct Professor of Music, Rice University; Otolaryngologist and physician for the Houston Grand Opera; Chairman of the Center for Performing Arts Medicine (The C. Richard Stasney Endowed Chair), Houston Methodist Hospital; and Clinical Professor, Department of Surgery, Texas A&M Health Science Center.

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Your contribution fuels innovative arts and medicine research and therapy, provides high-quality, accessible care for performing artists, and supports integration of the arts into the hospital environment.

**STASNEY CHORUS LEVELS**

- **$250 - CHORISTER**
- **$500 - SECTION LEADER**
- **$1,000 - SOLOIST**
- **$5,000 - MAESTRO**

*Members at the $5,000 Maestro level who choose to direct their gift in support of the visual arts program will also be recognized as show underwriters and have their names prominently displayed during the exhibits.

**STASNEY CHORUS MEMBER OPPORTUNITIES**

- Recognition in all Center for Performing Arts Medicine (CPAM) publications, including the website, [houstonmethodist.org/cpam](http://houstonmethodist.org/cpam)
- Invitations to inspiring and informative CPAM receptions, presentations and collaborative performances unique to the Texas Medical Center and Houston
- Invitations to the Margaret Alkek Williams Performance Series including performances by the Houston Symphony and many others
- Subscription to Houston Methodist Hospital Foundation Magazine
- Facilitated access to care at Houston Methodist

**HOW STASNEY CHORUS MEMBER GIFTS ARE USED**

Through Stasney Chorus member gifts, Houston Methodist Center for Performing Arts Medicine provides:

- Specialized health care and education for performing artists
- Effective and meaningful integration of the performing and visual arts into the hospital environment
- Clinical therapy that utilizes the arts in support of patient goals
- Research that harnesses the broadest potential of the arts in therapy, rehabilitation and human performance
- Education and outreach that connects the arts in health field across disciplines, inspiring creative thinking and discovery

**Houston Methodist**

**Official Health Care Provider**