

2018 Bariatric Support Groups

Houston Methodist Weight Management Center is dedicated to providing you with the best care before and after surgery. Consistent bariatric support group attendance has been proven to improve long-term success. We offer free monthly bariatric support groups at the following Houston Methodist hospital locations. **Please check the list of dates below for the respective location prior to attending the meetings. Times and dates are subject to change. Please check our website regularly for updates.**

Houston Methodist Hospital

6445 Main St.
Houston, TX 77030
Time: 6:30-7:30 p.m.
Place: Outpatient Center, 23rd Floor
Dates: (second Tuesday) Jan. 9, March 13, April 10, May 8, July 10, Sept. 11, Oct. 9, Nov. 13, Dec. 18* (date change)

(last Tuesday) Jan. 30, Feb. 27, March 27, April 24, May 29, June 26, July 31, Aug. 28, Sept. 25, Oct. 30, Nov. 27

Houston Methodist San Jacinto Hospital

4201 Garth Rd.
Baytown, TX 77521
Time: 6-7 p.m.
Place: Plaza 1 Building, Suite 303
Dates: (third Tuesday) Jan. 16, Feb. 20, March 20, April 17, May 15, June 19, July 17, Aug. 21, Sept. 18, Oct. 16, Nov. 20

Houston Methodist St. John Hospital

2035 Space Park Dr.
Houston, TX 77058
Time: 6-7 p.m.
Place: West Building, West Conference Room
Dates: (third Tuesday) Jan. 16, Feb. 20, March 20, April 17, May 15, June 19, July 17, Aug. 21, Sept. 18, Oct. 16, Nov. 20

Houston Methodist Sugar Land Hospital

16651 Southwest Fwy.
Sugar Land, TX 77479
Time: 6:30-7:30 p.m.
Place: Medical Office Building 1, Suite 450
Dates: (second Wednesday) Jan. 10, Feb. 14, March 14, April 11, May 9, June 13, July 11, Aug. 8, Sept. 12, Oct. 10, Nov. 14

Houston Methodist The Woodlands Hospital

17183 Interstate 45 S.
The Woodlands, TX 77385
Time: 6-7 p.m.
Place: Medical Office Building 1, Suite 490
Dates: (second Tuesday) Jan. 9, Feb. 13, March 13, April 10, May 8, June 12, July 10, Aug. 14, Sept. 11, Oct. 9, Nov. 13

Houston Methodist West Hospital

18500 Katy Fwy.
Katy, TX 77094
Time: 6-7 p.m.
Place: Medical Office Building 2, Suite 265
Dates: (third Wednesday) Jan. 17, Feb. 21, March 21, April 18, May 16, June 20, July 18, Aug. 15, Sept. 19, Oct. 10, Nov. 14

Houston Methodist Willowbrook Hospital

18220 State Hwy. 249
Houston, TX 77070
Time: 6:30-7:30 p.m.
Place: Women and Children's Pavilion, Magnolia Conference Room
Dates: (Wednesday) Jan. 24, Feb. 21, March 21, April 18, May 16, June 20, July 18, Aug. 15, Sept. 19, Oct. 17, Nov. 28

*****NEWS & UPDATES (NOVEMBER 2018)*****

- ❖ The December meeting for the Texas Medical Center location will be held on December 18th.