

BETTER BREATHERS CLUB



The American Lung Association Better Breathers Club is a free support group providing education, socialization and support for those suffering from chronic lung conditions. In a welcoming environment, participants learn ways to better cope with

- Asthma
- COPD
- Pulmonary fibrosis
- Lung cancer
- Other chronic lung diseases

Family members and caregivers are welcome.

Last Saturday of each month

10 A.M. – NOON

Houston Methodist Lung Center
Outpatient Center, 22nd Floor

FREE PARKING: Vouchers provided at meeting. Park in the Houston Methodist Outpatient Center Parking Garage at 6445 Main St.

Visit houstonmethodist.org/events
or call **713.441.7779** for more information.

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