Houston Methodist Willowbrook Hospital 2013 Community Health Needs Assessment



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Executive Summary

Representatives from Houston Methodist's (HM) Community Benefits Department conducted community health needs assessments (CHNA) for each HM hospital between June and August 2013. This report contains all methods and findings for the Houston Methodist West Hospital (HMWB) CHNA. HMWB has identified three health priorities based on the findings of this CHNA:

Priority #1: Prevention of Chronic Disease and Related Conditions •Analysis of sources identified chronic diseases as leaders of mortality statistics for Texans and Houston Methodist community members. By prioritizing prevention of chronic disease and contributing conditions, Houston Methodist hopes to build a healthier community and world.

Priority #2: Access to Care Improvement

•Analysis of stakeholder interviews and sources identified improved accessibility to health care services as a key need for the Houston Methodist community. By prioritizing improved access, Houston Methodist hopes to expand the delivery of quality health care to the community and world. Improved access includes a plan for continuum of care and leveraging of community partner collaborations.

Priority #3: Education to Decrease Health Risk Behaviors. • Analysis of stakeholder interviews and sources identified improving community education about health and wellness as a community health need. Education on health and wellness also serves a key component for the other priorities listed above.

Each CHNA for HM hospitals is available at www.HoustonMethodist.org/communitybenefits.

Introduction and Background

Purpose behind the Community Health Needs Assessment

The Community Benefits Department at Houston Methodist (HM) conducted a community health needs assessment (CHNA) for each HM hospital to best identify the health needs of the Greater Houston community. This CHNA provides a set of community health priorities to supplement the development of an implementation plan.

Meeting Affordable Health Care Act Requirements

As a result of the Affordable Care Act, Houston Methodist expanded its existing efforts related to identifying and meeting community needs. The bullet points below summarize the components found within each HM hospital's CHNA:

- A description of the hospital's community and how the community was determined.
- A description of the process and methods HM used to conduct the assessment.
- A description of gaps in information that impact the ability of HM to assess the community health needs.
- A description of how input from persons who represent the broad interests of the community served by each HM hospital was accounted for.
- A prioritized description of all the community health needs identified through the CHNA, as well as a description of the process and criteria used in prioritization.
- A description of the existing health care facilities and other resources within the community available to meet the community health needs identified.

Houston Methodist Background and Values

Established by the Texas Annual Conference of the United Methodist Church as a Christian faith-based not for profit organization, Houston Methodist provides the highest quality, cost-effective health care that delivers the best value to the communities served in a spiritual environment of caring in association with internationally recognized teaching and research.

The core values of integrity, compassion, accountability, respect, and excellence serve as the cultural columns supporting Houston Methodist. We are honest and ethical in all we say and do. We embrace the whole person and respond to emotional, ethical and spiritual concerns as well as physical needs. We hold ourselves accountable for our actions. We treat every individual as a person of worth, dignity and value. We strive to be the best at what we do and a model for others to emulate.

Snapshot of Houston Methodist and Area Hospitals

Houston Methodist

- 5 hospitals
- A Research institute
- A Comprehensive residency program
- 1,633 operating beds
- 14,826 employees
- System with the Texas Annual Conference of the United Methodist Church

Houston Methodist Hospital

Houston, Texas (Texas Medical Center)

- 7 66 operating beds
- 73 operating rooms
- 1,852 system physicians
- 5,957 employees
- 35,542 inpatients
- 290,555 outpatient visits
- 55,370 emergency room visits
- 1,064 births
- More than 7,269 international patients from 95 countries
- 31 ACGME-accredited

Houston Methodist San Jacinto Hospital

Baytown, Texas (*I-10 & Garth*)

- 275 operating beds
- 18 operating rooms
- 335 system physicians
- 1,474 employees
- 12,242 inpatients
- 67,661 outpatient visits
- 54,472 emergency room visits
- 1,542 births

Houston Methodist West Hospital

Houston, Texas (I-10 & Barker Cypress)

- 116 operating beds
- 8 operating rooms
- 616 system physicians
- 868 employees
- 6,238 inpatients
- 39,810 outpatient visits
- 23,228 emergency room visits
- 1,435 births

Houston Methodist Willowbrook Hospital

Houston, Texas (Hwy. 249 & F.M. 1960)

- 241 operating beds
- 14 operating rooms
- 760 system physicians
- 1,474 employees
- 13,757 inpatients
- 78,810 outpatient visits
- 54,403 emergency room visits
- 3,112 births

Houston Methodist Sugar Land Hospital

Sugar Land, Texas (*Hwy.* 59 & *Sweetwater*)

- 235 operating beds
- 18 operating rooms
- 831 system physicians
- 1,630 employees
- 13,132 inpatients
- 119,225 outpatient visits
- 38,541 emergency room visits
- 2,699 births

Board of Directors and Departmental Leadership

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- Cathy Easter, Senior Vice President
- Ryane K. Jackson, Manager
- Baine A. Herrera, 2013 Summer Intern

Community Served by Houston Methodist Willowbrook Hospital

Texas has approximately 27.5 million residents, eight of the fifteen fastest growing large cities in

the United States, and five of the ten cities and towns that added the most people over the year. "Texas gained more people than any other state between April 1, 2010 and July 1, 2011 (529,000)". While not ranked as one of the fastest growing cities, Houston did have the second highest numerical increase (45,716) between April 1, 2010 and July 1, 2011 and is identified as the fourth most populous city in the country behind New York, Los Angeles, and Chicago. As of this CHNA, eleven health service regions divide the state. HM related communities reside in region 5/6S and occupy a portion of the Houston-Baytown-Sugar Land metropolitan statistical area. ²



Figure 1: Outline of Health Service Region 6/5S (Source: Department State Health Services)

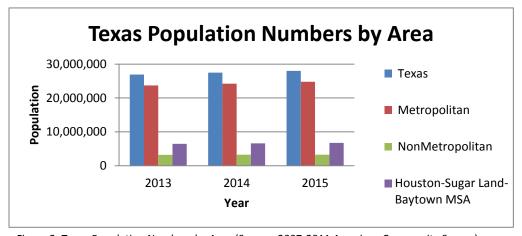


Figure 2: Texas Population Numbers by Area (Source: 2007-2011 American Community Survey)

Houston Methodist Willowbrook (HMWB) defines the combination of Harris County and Waller County as its community. The HMWB community encompasses the Northwest quadrant of the eight county Houston-Baytown-Sugar Land combined metropolitan statistical areas (CMSA). Figure 3 displays the current geographic footprint of the community as well as the approximate location of HMWB.



Figure 3: The green area represents the community served by Houston Methodist Willowbrook. The white cross on yellow background represents the approximate location of Houston Methodist Willowbrook. (Source: *Diersen*, 2013)

Community County Population Analysis 3 4 5 6

The Houston Methodist Willowbrook (HMWB) community spans 2242.2 square miles and contains an estimated population of 4,347,991 people. Harris County accounts for an estimated 4,307,028 HMWB community residents or approximately 99% of the HMWB community population. Waller County accounts for 40,963 HMWB community residents or approximately 1% of the HMWB community population.

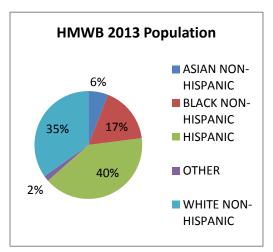
Estimates project the population of the HMWB community to grow 8% overall with a compound annual growth rate of 1.5% resulting in an approximate community population of 4,347,991 people by 2018. Harris County projects the largest population percent increase by 2018 (8%). Waller County projects to grow by 7% by 2018. No counties within the community are projected to shrink within the time frame.

HMWB Population Projections by County (2010-2018)											
Community by County		TOTAL POPULATION		PERCENT OF TOTAL			OVERALL GROWTH		CAGR		
COUNTY		2010	2013	2018	2010	2013	2018	10-13	13-18	10-13	13-18
Harris		4,112,478	4,307,028	4,651,323	70%	69%	69%	5%	8%	1.6%	1.5%
Waller		39,475	40,963	43,737	1%	1%	1%	4%	7%	1.2%	1.3%
HMWB Com	nmunity	4,151,953	4,347,991	4,695,060	100%	100%	100%	5%	8%	0.4%	1.5%

Figure 4: Houston Methodist Willowbrook Hospital community population projections for 2010-2018 by county (Source: *Truven Market Planner Plus*)

Community Racial/Ethnic Analysis 78

The HMWB community reflects the racial makeup and trends of the Houston-Baytown-Sugar Land metropolitan statistical area (MSA). The most apparent trend for the HMWB community over the past twenty years has been increasing community diversification. The Houston-Baytown-Sugar Land MSA comprises the most diverse major metropolitan area in the United States and Houston maintains a minority-majority city status.



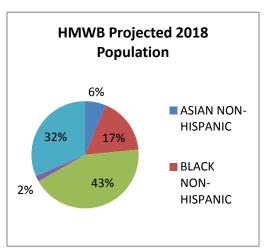


Figure 5: Racial composition of the HMWB community as of 2013 and projected composition for 2018 (Source: *Truven Market Planner Plus*)

HMWB serves an incredibly dynamic and diverse community. The HMWB community has significantly expanded between years 2000 and 2010. During this time the HMWB community added 720,952 people for an estimated growth of 21%. 9

Diversity has followed this expansion. The HMWB community lacks a singular racial majority and every race currently occupies a minority position. Increasing community diversification has followed rapidly expanding Hispanic and Asian populations and a decreasing percentage of Anglos in the community. Harris County currently ranks as the most diverse county within the HMWB community while Waller County is the least diverse HMWB community county. ^{10 11 12 13 14} ^{15 16 17 18}

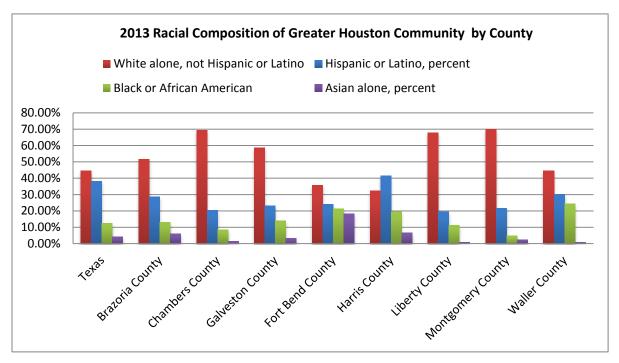


Figure 6: Approximate racial composition of Greater Houston separated by county. (Source: 2010 U.S. Census State and County Quick Facts)

Community Age Analysis 19

Three major age groups make up the HMWB community. They are the youth, adolescent, and young adult population; the adult population; and the senior population.

The Youth, Adolescent, and Young Adult Population 20

Houston Methodist defines the youth, adolescent, and young adult population as any person between the ages of o-24 years. The youth, adolescent, and young adult population accounts for the second highest percentage of the HMWB community (38%). This age group is expected to grow 6% by 2018.

Community residents aged 18–24 years make up the highest percentage of this population (26%) but project the lowest percent growth (4%) by 2018. Comparatively, community residents from birth to age 1 make up the lowest percentage of this population (4%) but project the second highest percent growth by 2018 (8%). No sub cohorts of the youth, adolescent, and young adult population are expected to contract between now and 2018.

The Adult Population 21

Houston Methodist defines the adult population as any person between the ages of 25–64 years. The adult population accounts for the highest percentage of the HMWB community (53%). The adult population is expected to grow 6% by 2018.

Community members between 25–34 years old currently account for the highest percentage of the adult population (29%). However, this sub cohort of community members projects the lowest percent growth by 2018 (-2%). Comparatively, the sub cohort of adult community members aged 55–64 currently accounts for the lowest percentage of the adult cohort (20%) but projects the largest percent increase by 2018 (34%). The distribution of growth trends towards the older sub cohorts of the adult population.

The Senior Population 22

Houston Methodist defines the senior population as persons over the age of 65 years. The senior population currently accounts for 9% of the HMWB community. While it accounts for the lowest percentage of the community, the senior population projects highest percent growth of any cohort by 2018 (29%).

Aging of the HMWB community is reflected in the growth of community members between 65–79 years of age. Sub cohorts within this range are estimated to grow, on average, 33% by 2018. Those between the ages of 65-79 are expected to grow by the largest percentage by 2018.

²³ The HMWB community population concentrates over the adult population until 2018; however, growth within the HMWB community concentrates primarily over the senior population. Projected population percent increases within the 60+ range of the population indicate a significant community shift towards a more senior laden population. While the senior population does show the largest projected percent increase by 2018 it remains the smallest community cohort by total number of members.

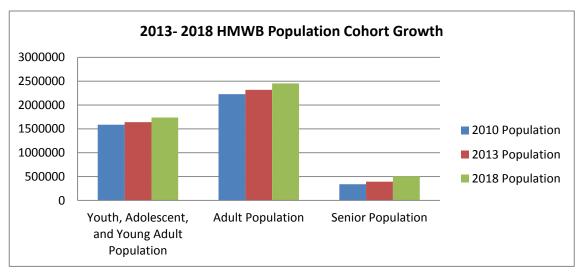


Figure 7: HMWB Community age group growth projections for 2018 (Source: Truven Market Planner Plus)

Community Household Income Analysis 24

The HMWB community as a whole has experienced an increase in average household income dating back to 2000. The increase of HMWB average household income also projects to continue into 2018 for nearly all HMWB community counties.

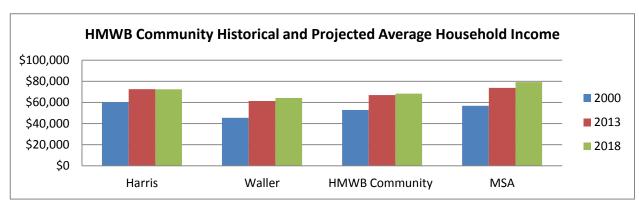


Figure 8: HMWB community historical and projected average household income (Source: *Truven Market Planner Plus*)

Waller County has undergone the largest percent increase in average household income since 2000 (35%) and projections estimate Waller County average household income to continue expanding to 2018 (5%). Harris County has the highest average household income (\$72,555) in the HMWB community. Waller County projects the highest projected percent increase in average household income of all the HMWB community counties headed into 2018 (5%). Harris County experienced the lowest percent increase in average household income from 2000–2013 (24%) and projects the lowest percent increase in average household income growth for the 2013–2018 period (0%). Of the HMWB community, Waller County currently has the lowest average household income (\$61,285) and projects to still have the lowest average household income by 2018 (\$64,204). Currently the HMWB community has a lower average household income than the

Houston-Baytown-Sugar Land metropolitan statistical area (MSA). Projections to 2018 estimate the average household income of the Houston-Baytown-Sugar Land MSA to remain higher than that of the HMWB community.

Community Poverty Analysis 25 26 27 28 29 30 31 32 33 34 35

Each county within the HMWB community experiences a varying degree of poverty. On average, the poverty rate for the HMWB community counties (13.55 %) is lower than the poverty rate of the Houston-Baytown-Sugar Land metropolitan statistical area (MSA) (15.2%), the poverty rate of the Health Service Region (HSR) 6/5S (15.4%), and the poverty rate of the state of Texas (17.1%). ¹

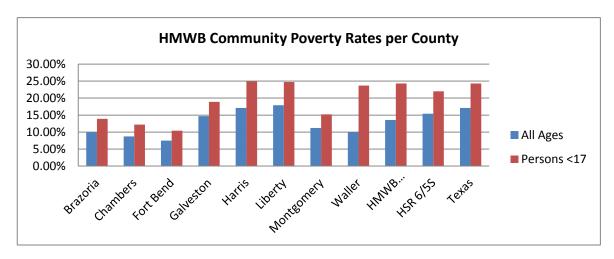


Figure 9: Poverty rates within community counties (Source: 2009 County Health Facts Profile)

Harris County experiences the highest percentage of all individuals living below the federal poverty line (FPL) at 17.10%. Harris County also accounts for the highest gross total of community residents living below the FPL. Waller County has the lowest percentage of people living below the FPL in the HMWB community (10%). Overall, approximately 13.55% of the HMWB community lives below the poverty line—totaling an estimated 693,259 HMWB community residents.

Disparities of poverty exist along an age gradient. In general, HMWB community members under the age of 17 experience higher rates of poverty than the total population. Harris County has the highest rate of poverty for persons under the age of 17 at 24.9%. Waller County experiences the largest disparity between poverty rates for all persons and persons under 17 within the HMWB community (13.70%). As of 2009, the HMWB community has a higher under-17 poverty rate than both the Health Service Region and the state of Texas.

-

¹ This rate was calculated by averaging the 2009 County Health Fact Profile poverty rates

Prioritized Needs of Houston Methodist Willowbrook Hospital Community

Priority #1: Prevention for Chronic Disease and Related Conditions

HMWB has prioritized prevention for chronic disease and related conditions based on analysis of primary and secondary sources. Chronic diseases include high prevalence of heart disease, diabetes, obesity, cancer, stroke and other health related conditions that are persistent or otherwise long lasting in its effect. ³⁶ ³⁷ ³⁸ ³⁹ ⁴⁰ ⁴¹ ⁴²

Chronic diseases contribute to the most community resident deaths each year. Heart disease, all cancer, stroke, and chronic low respiratory disease comprise the chronic diseases with the highest mortality rates. ² ⁴³ ⁴⁴ ⁴⁵ As of the 2009 Waller County Health Fact Profile, the mortality rates for heart disease and all cancer in Waller County were significantly higher than that of the State of Texas further implicating prevention of chronic diseases in the community as a significant health need. ⁴⁶ ⁴⁷

DIABETES/ OBESITY

According to the American Diabetes Association, it is estimated that one out of every three children born after 2000 in the United States will be directly affected by diabetes in Texas. Data released by the Texas State Data Center summarizing their diabetes projects in Texas for 2007 to 2040, found the following:

- 1) Adult diabetes rates have been increasing. These rates have been increasing for all ethnic groups and all ages with special emphasis placed on young adults whose diagnosed diabetes rates more than doubled between 2004 and 2007.
- 2) Texas is among the states with the highest incidence rates for diabetes.
- 3) Increasing diabetes will lower the quality of life for the Texas population. Diabetes is the 6th leading cause of death in the state of Texas.

Complications of the chronic disease diabetes can result in other serious health conditions such as heart disease, blindness, kidney failure, and lower-extremity amputations.3 Obesity is a risk factor for diabetes.

Stakeholder interviews and secondary sources point out prevention of conditions related to chronic diseases as a significant health need. According to Carole Edwards, CEO of AccessHealth, a federally qualified health center (FQHC), "obesity and chronic diseases associated with obesity,

² These rankings were derived by aggregating 2009 County Health Fact Profile Mortality statistics

³ The State of Health (2012).

such as diabetes and hypertension, were rising health needs in the community". ⁴⁸ When asked to identify rising health needs of the community, Mary Vasquez, Director at the United Way of Greater Houston, listed obesity, heart disease, and diabetes. ⁴⁹ Furthermore, obesity and high blood pressure, conditions linked to many chronic disease states, are the two most reported chronic conditions among adults in the 2010 *Health of Houston Survey: a first look,* and both have higher prevalence at the Houston-Baytown-Sugar Land metropolitan statistical area (MSA) level than state level according to recent Texas Behavioral Risk Factor Surveillance System (BRFSS) reports. ⁵⁰ ⁵¹ The *State of Health in Houston/Harris County 2012* reports that 34% of high school students in Houston are overweight or obese (BMI >25) and that 12% of Texas high school students are considered obese. ⁵² 100% of community stakeholder interviews brought up obesity as a health need in the HMWB community.

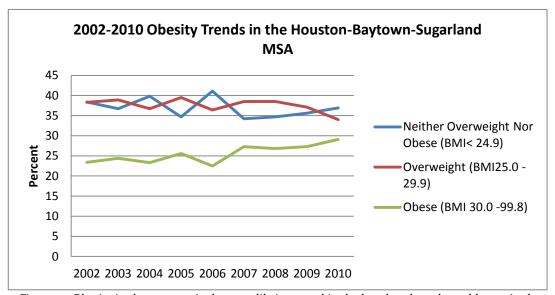


Figure 10: Obesity in the community has steadily increased in the last decade and roughly one in three Houstonians is obese. (Source: *Behavioral Risk Factor Surveillance System* 2002-2010)

STROKE/CARDIOVASCULAR DISEASE

Cardiovascular disease (CVD) and stroke are the number one and three causes of death in Texas and account for nearly three out of every ten deaths in the state according to the Texas Department of State Health Services, 2010.

Heart disease has been the leading cause of death in Texas since 1940. Heart disease includes hypertension, ischemic heart disease, arrhythmias, and congestive heart failure.

Significant disparities exist among Texans with CVD, stroke, or related risk factors. In general, there is a higher prevalence of these conditions among Texans who are older (especially those ages 65 years and older), earn a lower income, have received less education, are African American, and have multiple risk factors.

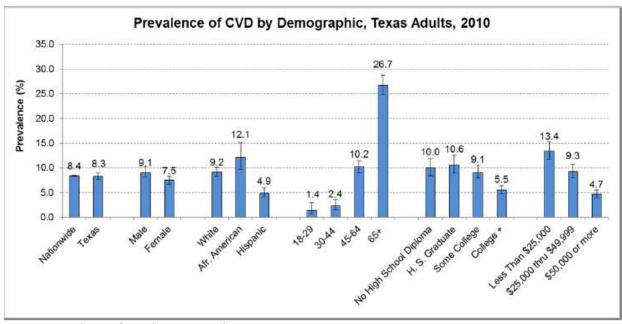


Figure 11: Prevalence of CVD by Demographics, 2010

CANCER

According to the World Health Organization (WHO), cancer is the leading cause of death worldwide with the most common cancers experienced being lung, stomach, liver, colorectal, breast and cervical. Lung cancer alone accounted for 1,222 HMWB community resident deaths—the fifth leading cause of death for HMWB community residents when cancer subtypes are considered independently. 53 54

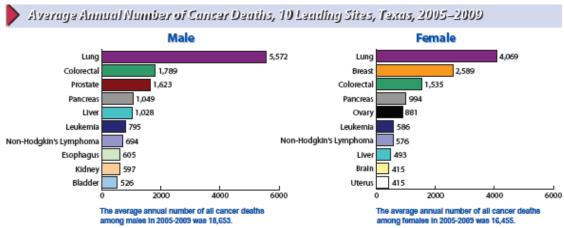


Figure 12: Cancer Epidemiology and Surveillance Branch, Texas Department of State Health Services (2005-2009/updated: 11/2012)

The Texas State Department of Health estimated that more than 110,135 Texans were newly diagnosed with cancer and 39,072 died of the disease in 2012.

With focus on prevention and treatment of the above listed chronic diseases and other conditions related to the above, HMWB is working to improve the health of its community.

Priority #2: Access to Care Improvement

Every HMWB community county is designated as a Health Professional Shortage Area for primary care, behavioral health care, and dental care, including Harris County. ⁵⁵ Patients within the community experience long waits for appointments and often turn to emergency rooms for primary care and non-urgent health care. ⁵⁶ Insufficient access to transportation services delays patients' access to care and encourages inappropriate utilization of emergency services. ⁵⁷ The following areas of improvement have been designated as falling under the overall umbrella of barrier to access:

- High percentage of community uninsured
- Needed increase in community partner collaboration to expand services

UNINSURED COMMUNITY

The *Potential Primary Care Crisis in Texas: A County- Based Analysis* argues that access problems revolving around health care services could become exacerbated by the increase in insured persons seeking health care, the aging Baby Boomer population, the retirement of existing primary care physicians, and the avoidance of primary care by new p.⁵⁸ This report projects the already dilapidated Texas primary care capacity to drop from 86% of the national average to approximately 80 % of the national average—the average capacity drops to 73% of the national average for low-income residents. ⁵⁹

Insurance rates and medical costs indirectly impact access to health care. $^{60\ 61}$ Approximately 27.7% of the HMWB community lives without health insurance. $^{4\ 62\ 63}$ Of the approximately 1,054,980 HMWB community residents living without health insurance, approximately 217,876 are under the age of 17. $^{5\ 64\ 65}$

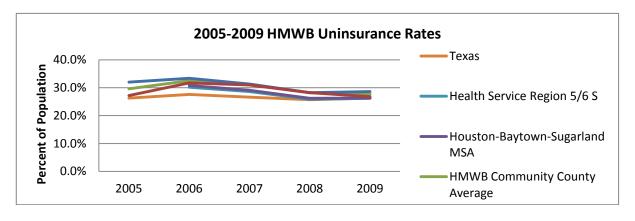


Figure 7: Percent of uninsured persons in the USA, Texas, and the HMWB community (TMHS CHNA, 2012)

⁴ This percent rate was calculated by averaging the rate found in the 2009 Health Fact Profiles

⁵ These totals were derived by aggregating 2009 County Health Fact Profile statistics

Harris County has the highest percent of persons between the ages 00-65 years living without insurance. ⁶⁶ ⁶⁷ Waller County has the lowest percent of persons between the ages 00-65 years living without insurance. ⁶⁸ ⁶⁹ All community counties have decreasing percentages of uninsured peoples from 2005-2009. ⁷⁰ ⁷¹ The HMWB community, on average, has a higher percentage of uninsured persons between the ages 00-65 years than the larger Houston-Baytown-Sugar Land metropolitan statistical area (MSA), the Health Service Region 6/5S, and the state of Texas. ⁷² ⁷³ ⁷⁴

FINANCIAL BARRIERS

Approximately 23% of Houstonians experience medical cost barriers with regard to accessing healthcare. ⁷⁶ According to the *Health of Houston Survey* the overwhelming majority of Houstonians living without insurance cite cost (54%) or ineligibility due to working status (20%) as their primary reasons. ⁷⁷ Financial barriers also impinge upon community residents' access to mental health resources. 38% of those surveyed in the *Health of Houston Survey* did not receive mental health services because they face more than one barrier to accessing mental health services—the majority of individuals reporting not seeking mental health services were inhibited by financial barriers associated to services (59%). ⁷⁸ The Texas Behavioral Risk Factor Surveillance System (BRFSS) reports indicate a clear disparity in insurance rates amongst age groups, income levels, and racial/ethnic cohorts at the Houston-Baytown-Sugar Land MSA level. ⁷⁹ Statistically significant differences exist between medical cost barriers for men above 18 years (19.3%) and medical cost barriers for women above 18 years (27.6%). ⁸⁰ Medical cost barriers experienced also significantly vary along racial/ethnic cohorts (White: 13.7%, Black: 31.7%, Hispanic: 33.5 %). ⁸¹

Statements made by representatives of underserved populations, minority populations, low income populations, and populations with chronic disease, when combined with current indicators, indicate significant challenges to access. When asked to elaborate on current barriers to a healthy community nearly 100% of interviewees suggested that access to primary care, specialty care, dental care, adequate pharmacy services, nutritious food, safer build environments, and transportation all contributed to healthy community and improved accessibility to these resources was currently a significant health need for the community. 82 83 84 85 86 87 88 89

LEVERAGE COMMUNITY HEALTH PARTNER COLLABORATIONS

Under the improving access to care umbrella, HMWB has identified leveraging community health partner collaborations as a necessity for advancement. Combining resources and expertise to tackle health needs within a community helps "create opportunities for impact" in terms of building a healthier community. ⁹⁰

⁹¹ Summarized findings of the *Health Care Safety Net Key Informant Study* include a need for greater collaboration in regards to coordinated medical and behavioral care service. According to these findings, over 90% of decision-makers noted a need for increased collaboration of medical and behavioral services, such as those between safety net hospitals and clinics.

When asked about current barriers to a healthy community, Dr. Stephen Linder, an academic and public health expert with the Institute for Health Policy at the University of Texas Health Science Center School Of Public Health, indicated that organizations must work together to leverage their combined resources and expertise to generate a more significant impact on the health needs of

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the community because individual organizations cannot expect to independently meet large health needs such as heart disease or community wide obesity. 92

Given the complex scope of larger health needs such as cancer or childhood obesity, opportunities for organizations to work together to improve community health exist within the HMWB community. Both Katy Caldwell, CEO of Legacy Community Health Services, and Daniel Montez, CEO of Vecino Health Centers indicated that current collaborations, such as Houston Methodist's residency programs at Vecino/Denver Harbor clinics and Legacy Community Health Services clinics, help deliver improved primary and specialty care to typically underserved areas. ⁹³ ⁹⁴ This input reflects the positive impact expanded community health partner collaborations could have within the underserved community.

Strengthening existing collaborations and building new collaborative health improvement efforts reduces the burden of care experienced by individual organizations and provides more resources directed towards meeting community need. By leveraging community partnerships, Houston Methodist looks to amplify positive impact on the health of its community.

Priority #3: Education to Decrease Health Risk Behaviors

According to the Center for Disease Control, six types of health risk behaviors contribute to the leading causes of death, disability, and social problems in the United States: (1) tobacco use; (2) unhealthy eating; (3) inadequate physical activity; (4) alcohol and other drug use; (5) sexual behaviors that may result in HIV infection, other sexually transmitted diseases (STDs), and unintended pregnancy; and (6) behaviors that contribute to unintentional injury and violence. These behaviors are often established during childhood or adolescence, persist into adulthood, and are preventable.

HMWB has prioritized improving community education and awareness about health and wellness based on analysis of the HMWB community county Health Fact Profiles, the 2011 Texas Behavioral Risk Factor Surveillance System (BRFSS) report, the 2011 Houston and Texas Youth Behavioral Risk Factor Surveillance System (YRBSS) reports, and community stakeholder interviews. These sources support education related to community health and wellness as a HMWB community health need and a key component for the other priorities listed above.

The most recent Health Fact Profiles, the Houston and Texas Behavioral Risk Factor Surveillance Systems (BRFSS), and the Texas Youth Risk Behavior Surveillance System (YRBSS) indicate a high prevalence of unhealthy lifestyle behaviors taking place in the HMWB community. Evidence includes high rates of accidents, communicable disease, smoking, substance abuse, lack of physical activity, and poor nutritional habits. 95 96 97 98 99

ACCIDENTS

Accidents (1,382 deaths), according to the most recent Health Fact Profile of the HMWB community, rank as the third leading cause of death trailing only heart disease (4,949 reported deaths) and all cancer (4,838 reported deaths). 6 100 101

The vast majority of Houston-Baytown-Sugar Land MSA community and state indicators related to YRBSS, though not statistically different from one another, also indicate a high prevalence of unhealthy behaviors in the HMWB community. These include rarely or never wearing a helmet while riding a bike (Houston-Baytown-Sugar Land MSA: 89.9%: Texas: 91.9%), riding with a driver who had been drinking alcohol one or more times (Houston-Baytown-Sugar Land MSA: 31.7%: Texas: 32.2%).

COMMUNICABLE DISEASES

Harris County and Waller County both report a higher number of communicable disease cases in the Health Fact Profiles when compared to the state. ¹⁰² ¹⁰³ ¹⁰⁴ Harris County, the most significant portion to the HMWB community, reports elevated cases of AIDS (17.8 reported cases per 100,000), primary and secondary syphilis (8.1 reported cases per 100,000), and Gonorrhea (127.8 reported cases per 100,000). ¹⁰⁵ Waller County reports a high number of cases of primary and secondary syphilis (7.7 reported cases per 100,000) and cases Gonorrhea (128.9 reported cases per 100,000). ¹⁰⁶

⁶ DSHS Numbers and figures were derived by aggregating 2009 County Health Fact Profile Mortality statistics for community counties

SMOKING, SUBSTANCE ABUSE

HMWB community members engage in a bevy of high risk behaviors: approximately 21.3% of Houston-Baytown-Sugar Land MSA community members aged 18 and up are at risk due to any tobacco use, approximately 19.1% of Houston-Baytown-Sugar Land MSA community members aged 18 and up are at risk due to binge drinking.

LACK OF PHYSICAL ACTIVITY/POOR NUTRITIONAL HABITS

Approximately 68.4% of Houston-Baytown-Sugar Land MSA community members aged 18 and up fail to consume fruit twice a day, approximately 65.1 % of Houston-Baytown-Sugar Land MSA community members aged 18 and up are at risk of becoming overweight or obese (BMI> 25.0), approximately 26.0% Houston-Baytown-Sugar Land MSA community members aged 18 and up do not engage in physical activity during leisure time, and approximately 29.2% of Houston-Baytown-Sugar Land MSA members responded that they experience zero minutes physical activity per week. ¹⁰⁷

COMMUNITY EDUCATION TO EMPOWER

With the prevalence of the listed behaviors, it is important to raise awareness of the risks associated with these behaviors as well as educating the community on prevention of consequences related to lack of physical activity, substance abuse and general risky social behaviors. Also, education improvement could aid in ensuring community members are aware of options when accessing health care.

Literature and interviews also support a need for improved education initiatives and programs aimed at empowering HMWB community residents to take charge of their health and access health care at the right junctures. ¹⁰⁸ Both Shane Chen, COO at HOPE clinic, a federally qualified health center (FQHC) serving primarily underserved, low income, Asian immigrant and Hispanic families within the Houston-Baytown-Sugar Land metropolitan statistical area, and Katy Caldwell, CEO of Legacy Community Health Services, brought up deficiencies in health literacy. ¹¹⁰

According to Caldwell and Chen, deficient understanding of health insurance utilization exists regardless of insurance status or socioeconomic status and contributes to inefficient utilization of services by patients. ¹¹² ¹¹³ When asked to identify current barriers to a healthy community, Mary Vasquez, Director at the United Way of Greater Houston, stated that senior community residents and residents of rural areas of the community had great difficulty navigating the health care system due to gaps in their health literacy." ¹¹⁴ Carole Edwards, CEO of AccessHealth echoed the need for more health education initiatives aimed at empowering community residents because "people often simply don't know what resources are available to them or how to go about accessing them". ¹¹⁵

Responses in stakeholder interviews further implicated improvement of education as it relates to community health and wellness as a serious need—especially in minority populations. According to Chen and Edwards, overcoming communication and cultural barriers present significant health needs related to health education and wellness in the HMWB community due to increasing numbers of foreign born Asian and Hispanic residents. ¹¹⁶ In her interview, Chen stated that "even if insured, communication and cultural barriers inhibit compliance and the delivery of care to foreign born residents of the HMWB community" and that "understanding and compliance is very

Houston Methodist | Community Benefits Department Houston Methodist Willowbrook Hospital

low" among foreign born community members due to cultural norms such customs or traditional methods. ¹⁷ Caldwell indicated that education was responsible for significant breakdowns in the continuum of care within the community

These findings reflect a need for better community education as it pertains to making healthy choices, accessing health care resources, the impact of a healthy lifestyle, and the cost of unhealthy lifestyles. By improving education related to community health and wellness Houston Methodist hopes to encourage a healthier and happier HMWB community.

Methods used to conduct this assessment

The Community Benefits Department (CBD) at Houston Methodist (HM) designed the CHNA to understand the demographic and health statuses of HM communities, to develop a set of health priorities, and to support the development of an implementation plan designed around addressing priorities identified in this CHNA. The CBD at HM conducted this CHNA from June to August 2013

Methods Used to Define the Community

Communities were derived using hospital specific primary service area (PSA) data. This PSA data was initially collected by Zach Diersen, Senior Marketing Analyst with HM, using the Thompson Reuters MarketPlanner Plus platform. Analysis and mapping of PSA data was conducted and published as 2012 Market Analysis reports for each HM hospital. PSA maps were taken from the 2012 Market Analysis reports for each HM System hospital and used to determine which counties corresponded with each HM hospitals. Counties were determined for each hospital based on overlap of the PSA with the county. The relevant counties were then designated as HM System hospital communities for the purpose of this community health needs assessment. Relevant facts and circumstances were compiled, such as county location, county size, county population, county racial/ethnic statistics, county age distribution, county average household income, county poverty statistics and County Health Rankings.

HOUSTON METHODIST WILLOWBROOK COMMUNITIES

Houston Methodist Willowbrook serves two of the ten counties of the Houston-Baytown-Sugar Land metropolitan statistical area (MSA). The Community Benefits Department at Houston Methodist designated the combination of Harris County and Waller County as the community for Houston Methodist Willowbrook based on overlap.

Methods Used to Identify Needs Based on Current Research

Information was collected and compiled on a national, state, region, county, metropolitan statistical area, city, and super neighborhood level data that aligned with the communities listed above. These resources provided a compendium of recent data points and findings used to identify health needs in communities served by Houston Methodist. Analysis was conducted by reviewing the data and aligning the findings of secondary sources.

Listed below are examples of sources used in this report:

State sources used:

- The Health Status of Texas 2011
- Health Fact Profiles
- The Texas Behavioral Risk Factor Surveillance System (BRFSS)
- The Texas Youth Risk Behavior Surveillance System (YRBSS)
- Kaiser Family Foundation State Health Facts: Texas

o Regional sources used:

- Texas Health Care Transformation and Quality Improvement Program Regional Health Care Partnership (RHP) Plan for RHP 2
- Texas Health Care Transformation and Quality Improvement Program Regional Health Care Partnership (RHP) Plan for RHP 3
- Region 3 Goals and Community Needs List

• County sources used:

- County Health Rankings provided by Robert Woods Johnson Foundation
- County Health Assessments conducted within the last five years
- The State of Health 2012 in Houston/Harris County

o Houston and Houston- Baytown- Sugar Land MSA sources

- 2010 U.S. Census and 2010 American Community Survey
- Health of Houston Report 2010: A First Look
- Kinder Houston Area Survey

Data analysis and reviews of relevant existing reports were utilized to identify evidence of community health needs. For the purpose of the CHNA, needs were defined as those that directly contributed to high mortality rates, those that contributed to leading chronic diseases, or those that showed clearly rising trends or disparities within the areas that HM community hospitals serve. These needs were then discussed during the community engagement process to gain more perspective from those individuals that either have expertise in public health or are community stakeholders.

Engaging the Broad Interests of the Community

Secondary data sources were analyzed to identify persons who represent the broad interests of the community, including those with special knowledge of or expertise in public health. These key stakeholders were then interviewed for their opinions and expertise.

The following three sections describe how input from persons with special knowledge or expertise in public health, state and local health departments, and leaders or representatives for underserved, minority, low income, populations or populations with chronic disease was accounted for during this CHNA process

1.0 Accounting for the Input of Persons with Special Knowledge or Expertise in Public Health

Meetings were held between representatives of the CBD and persons with special knowledge of public health and the community from June to August 2013. Meetings were conducted in person or by phone. Persons with special knowledge of public health and the HMWB community included an academic from The University of Texas School at Austin School of Biological Sciences, academics from the Institute for Health Policy at The University of Texas Health Science Center School Public Health, an academic from the Kinder Institute for Urban Research at Rice University, representatives from the Harris County Health Care Alliance, a representative from the Harris County Medical Society, representatives from the United Way and county affiliates, a representative from the Houston Methodist department of Care Management and Social Work, and a representative from Houston Methodist Hospital Operating Division.

Through these meetings, recommendations were received from persons representing the broad interests of the community, requested and received recent datasets and publications, received consultation for methodologies used in this community health needs assessment, and identified potential health needs currently not being addressed in the HMWB community.

2.0 Organizational Input

During the course of engaging the broad interests of the community, representatives from state, regional, and city health departments as well as organizations involved in health care were engaged. Meetings included representatives from the Department of State Health Services Center for Health Statistics, the Health Service Region 6/5 South office, Regional Health Partnership Plan Regions 2, and the Houston Department of Health and Human Services. During these meetings, recent datasets, publications and representatives' perspectives on community health needs were received.

3.0 Community Leaders and Representatives

Input from community leaders and representatives of medically underserved populations, low income populations, minority populations, and populations with chronic disease needs was also collected through phone interviews.

Participants were asked the following questions:

- 1. What community does your organization serve/represent?
- 2. What does a healthy community mean for your community?
- 3. What are current barriers to a healthy community in your community?
- 4. What are the top three health needs of the community you serve?
- 5. Are you experiencing any significant change in client population?
- 6. Is there a health need in your community that's not self-evident?

Community leader input was included in the analysis of primary and secondary data in order to identify community needs and barriers, as well as establishing community priorities.

Prioritizing Community Health Needs

Stakeholder interviews supported the impetus that HMWB focus on serving the broader needs of each community rather than a single specific health need. The priorities are listed and described in the previous sections of this report.

Priorities were rank-ordered based on the total raw score from a structured matrix. Priorities were placed in the middle of a four quadrant matrix and assigned a value for each quadrant of the matrix. These values range from a 1 – 4 for each of the criteria.

Once each quadrant had been assigned a value, a total raw priority score was calculated by adding each quadrant score together. Needs were prioritized based on total raw score of the matrix.

- Mortality rate
- Existing Programs and interventions
- Opportunity for impact
- Alignment with core business functions

Conclusion

The evolution of health care centers on the strong relationships developed between health systems and their surrounding communities. Effective community programs can not only provide care but also support enhanced education and infrastructure that can prevent the ailments unique to the Greater Houston area.

Through this community assessment, Houston Methodist and its community hospitals are able to collectively understand the community's perception of health needs and prioritize them appropriately. With focus turned towards providing access to care to the underserved Houston community, providing education on chronic disease prevention and treatment as well as continuing to leverage our partnerships with local health providers, Houston Methodist is dedicated to a healthier community.

Houston Methodist and its community hospitals will develop an implementation plan to address the priorities identified in this report as we continue to place an emphasis on a healthier community.

Appendix

List of Persons with special knowledge of or expertise in public health consulted during this CHNA

- Dr. Richard Taylor- Public Health, Global Health, and Epidemiology Professor at The University of Texas at Austin School of Biological Sciences
- Dr. Stephen Linder- Director of the Institute for Health Policy at the University of Texas Health Science Center School of Public Health
- Dr. Justin Denney Associate Director of the Kinder Institute for Urban Studies at Rice University
- Margaret Sokol- Manager, Care Management and Social Work Department at Houston Methodist
- Greg Bernica- Vice President of the Harris County Medical Society
- Dr. Katherine Walsh- Vice President, Operations Department at Houston Methodist
- Mayor Annise Parker- Mayor, City of Houston

o List of State, Local, or City Health Departments

- State Department of Health Services Rebecca Wood, Center for Health Statistics
 Community Assessment Texas Dept. of State Health Services
- Regional Health Care Partnership 3- Nicole Lievsay is the Director of Operations for 1115 Waiver
- Brazoria County Health and Human Services Department Cathy Sbrusch, Director
- Chambers County Health and Human Services Department Cami Smith, Director
- Fort Bend County Department of Health and Human Services- Kaye Reynolds, Deputy Director
- Houston Health and Human Services Department Dr. Beverly Nichols, Senior Staff Analyst, with HHHDS' Office of Health Planning, Evaluation and Program Development

"Leaders" and "Representatives of medically underserved populations, indigent populations, populations with chronic diseases

Leadership at Area Federally Qualified Health Centers

- Carol Edwards CEO of AccessHealth
- Daniel Montez CEO of Vecino Health Centers
- Katy Caldwell CEO of Legacy Community Health Services
- Shane Chen COO of HOPE Clinic

Leadership at Safe Net Clinics

• Paule Anne Lewis – Executive Director at San Jose Clinic

Leadership at area other organizations

- Frances Isbell, MA CEO at Health Care For the Homeless Houston
- Mary Vasquez Director of the United Way of Greater Houston
- Cissy Yoes –Director at University of Texas Medical Branch

Criteria Quadrant Value

- Mortality and Morbidity Rates
- Existing Programs and Interventions: 4 programs or initiatives have been set up and
- Opportunity for impact
- Alignment with core business functions

Information Gaps

Information utilized in this CHNA originates at a variety of levels, not all of which involve the same scope or year. In executing this CHNA, the Community Benefits Department sought to accumulate the most current publications related to the community defined above but recognized gaps would exist based on availability of current data. Please note that efforts were made to compensate for information gaps (absence of current data, unavailable data, etc.) during the interviews conducted for this CHNA. The following identify some of the information gaps within health data section of this report:

- Some health indicators may only be available at a county level
- Data from the Texas Department of State Health Services has only published the
 "County Health Facts Profiles" through 2009 as of June 2013.
- The Texas Behavioral Risk Factor Surveillance System (BRFSS) provides reports on a variety of health behaviors or conditions by year (2002 2010). This data is available at the health service region, metropolitan statistical area (MSA) and state level. County level data is unavailable through this query; therefore MSA level data was used in this assessment.

- The Texas Youth Behavior Risk Factor Surveillance System (YRBFSS) data was only available at a state or a school district level; therefore Houston Independent School District level data was used in this assessment.
- Stakeholder input originates from face to face or phone interviews with leadership of community health organizations operating in the HM community. This information is anecdotal in nature. Furthermore this information may be filtered because while these organizations represent their respective communities (minority communities, the underserved, the uninsured, indigent, etc.), details may be lost in translation.

Project Safety Net: Community Assets

The following resources are available to address the health needs identified in this CHNA. These resources were listed by Project Safety Net. ¹¹⁸

Access Health - Missouri City

307 Texas Parkway, Suite 100 Missouri City, TX 77489 281-969-1800

Clinic Type: Federally Qualified Health

Access Health-Richmond

400 Austin St. Richmond, TX 77469 281-342-4530

Clinic Type: Federally Qualified Health

Center

Clinic last updated 6/5/2013

Acres Home Health Center

818 Ringold Houston, TX 77088 281-260-3300

Clinic Type: Hospital District Clinic last updated 7/12/2013

Airline Children's Clinic

5808 Airline Drive Houston, TX 77076 713-695-4013

Clinic Type: Federally Qualified Health

Center

Clinic last updated 8/30/2012

Aldine Health Center

4755 Aldine Mail Route Houston, TX 77039 281-985-7600 Clinic Type: Hospital District

Clinic last updated 6/6/2012

Almatha Clark Taylor SBC at Cloverleaf

Elementary

13940 Bonham Street Houston, TX 77015 713-330-8904 Clinic Type: School-Bas

Clinic Type: School-Based Clinic last updated 7/3/2012

American Cancer Society - Gulf Coast

Region

6301 Richmond Avenue Houston, TX 77057 713-266-2877

Clinic Type: Non-Profit Provider Clinic last updated 6/5/2012

Antoine Health Clinic

5815 Antoine, Suite A Houston, TX 77091 713-602-3300 Clinic Type: County Clinic

Clinic Type: County Clinic Clinic last updated 8/30/2012

Antoine WIC Center

5815 Antoine Houston, TX 77091 713-407-5800 Clinic Type: County Clinic Clinic last updated 7/5/2012

Baylor College of Medicine

One Baylor Plaza Houston, TX 77030 713-798-4951

Clinic Type: Non-Profit Hospital Clinic last updated 6/5/2012

Baylor Teen Health Clinic - Ben Taub

<u>Hospital</u>

1504 Taub Loop Houston, TX 77030

Houston Methodist | Community Benefits Department Houston Methodist Willowbrook Hospital

713-873-3601 Clinic Type: Non-Profit Provider Clinic last updated 8/30/2012

Baylor Teen Health Clinic - Cavalcade

3815 Cavalcade Houston, TX 77026 713-673-1655 Clinic Type: Non-Profit Provider Clinic last updated 6/3/2013

Baylor Teen Health Clinic - Chavez High School

8501 Howard Houston, TX 77017 713-495-6971 Clinic Type: Non-Profit Provider Clinic last updated 8/30/2012

Baylor Teen Health Clinic - Cullen

5737 Cullen Blvd. Houston, TX 77021 713-440-7313 Clinic Type: Non-Profit Provider Clinic last updated 8/30/2012

Baylor Teen Health Clinic - Lawn

8111 Lawn Houston, TX 77088 281-847-9970 Clinic Type: Non-Profit Provider Clinic last updated 5/28/2013

Baylor Teen Health Clinic - LBJ Hospital

5656 Kelley Houston, TX 77026 713-566-5612 Clinic Type: Non-Profit Provider Clinic last updated 8/30/2012 Baylor Teen Health Clinic - Lee High School 6529 Beverly Hill Lane Houston, TX 77057 713-787-1756

Clinic Type: Non-Profit Provider Clinic last updated 8/30/2012

Bayside Clinic

621 S. Ross Sterling (FM 563) Anahuac, TX 77514 409-267-4126 Clinic Type: Federally Qualified Health Center Clinic last updated 2/25/2013

Baytown Health Center

1602 Garth Road Baytown, TX 77520 281-837-2700 Clinic Type: Hospital District Clinic last updated 6/21/2012

Baytown Health Clinic

1000 Lee Drive Baytown, TX 77520 281-427-5195 Clinic Type: County Clinic Clinic last updated 8/30/2012

Baytown WIC Center

1000 Lee Dr. Baytown, TX 77520 281-427-7656 Clinic Type: County Clinic Clinic last updated 6/22/2011

Bear Creek WIC Center

16233 Clay Rd. Houston, TX 77084 713-407-5800 Clinic Type: County Clinic Clinic last updated 6/22/2011

Bellville General Hospital

44 N. Cummings Bellville, TX 77418 979-413-7400

Houston Methodist | Community Benefits Department Houston Methodist Willowbrook Hospital

Clinic Type: Non-Profit Hospital Clinic last updated 9/10/2012

Ben Taub General Hospital

1504 Taub Loop Houston, TX 77030 713-873-2000 Clinic Type: Hospital District Clinic last updated 3/1/2013

1427 Hawthorne Street

Bering Omega Dental Clinic

Houston, TX 77006 713-341-3790 Clinic Type: Non-Profit Provider Clinic last updated 6/21/2012

Brazosport Medical Center 905 North Gulf Boulevard

Freeport, TX 77541 979-239-1633 Clinic Type: Non-Profit Provider Clinic last updated 8/8/2012

CanCare, Inc.

9575 Katy Freeway, Suite 428 Houston, TX 77024 713-461-0028 Clinic Type: Non-Profit Provider Clinic last updated 7/19/2012

Casa De Amigos Health Center

1615 N. Main Street Houston, TX 77009 713-222-2272 Clinic Type: Hospital District Clinic last updated 6/5/2012

Cathedral Clinic-Health Care for the

Homeless-Houston

1212 Prairie Houston, TX 77002 713-220-9730

Clinic Type: Federally Qualified Health

Center

Clinic last updated 6/20/2012

<u>Central Care Community Health Center -</u> Acres Home

1102-A Pinemont Houston, TX 77018 713-734-4580

Clinic Type: Federally Qualified Health

Center

Clinic last updated 3/29/2013

<u>Central Care Community Health Center -</u> MLK

8610 Martin Luther King Jr. Blvd. Houston, TX 77033 713-734-4580 Clinic Type: Federally Qualified Health Center Clinic last updated 2/21/2013

<u>Central Care Community Health Center -</u> Riverside -

3315 Delano St. Houston, TX 77004 713-831-9663 Clinic Type: Federall

Clinic Type: Federally Qualified Health

Center

Clinic last updated 3/29/2013

<u>Central Care Community Health Center</u> at Acres Home

Houston, TX 77018 281-822-0900

Clinic Type: Federally Qualified Health

Center

Clinic last updated 3/29/2013

Christ Clinic of Katy

5504 First Street Katy, TX 77493 281-391-0190

Clinic Type: Non-Profit Provider Clinic last updated 6/27/2013

CHRISTUS Point of Light Clinic

3828 Hughes Court, Suite 207 Dickinson, TX 77539 281-523-3500 Clinic Type: Non-Profit Provider Clinic last updated 6/5/2012

CHRISTUS St. Mary's Clinic

2120 S. Wayside, Suite B Houston , TX 77023 713-803-1840 Clinic Type: Non-Profit Provider Clinic last updated 3/29/2013

Coastal Health & Wellness Galveston

4700 Broadway
Galveston, TX 77550
409-763-7200
Clinic Type: Federally Qualified Health
Center
Clinic last updated 2/25/2013

Coastal Health & Wellness Texas City

9850 C Emmett Lowry Expressway Texas City, TX 77590 409-938-2234 Clinic Type: Federally Qualified Health Center Clinic last updated 3/26/2013

Conroe Regional Medical Center

504 Medical Blvd Conroe, TX 77304 936-525-3900 Clinic Type: Non-Profit Hospital Clinic last updated 6/5/2012

Decker WIC Center

4128 Decker Dr.
Baytown, TX 77521
713-407-5800
Clinic Type: County Clinic
Clinic last updated 6/22/2011

Deepwater School Based Clinic

305 Glenmore Drive Pasadena, TX 77503 832-668-8380 Clinic Type: School-Based Clinic last updated 7/3/2012

Denver Harbor Clinic Family Clinic

424 Hahlo Houston, TX 77020 713-674-3326 Clinic Type: Federally Qualified Health Center Clinic last updated 4/19/2013

EA Squatty Lyons Health Center

1712 First St.
Humble, TX 77338
281-446-4139
Clinic Type: Hospital District
Clinic last updated 10/9/2012

<u>El Centro de Corazón - Eastwood Health</u> Center

412 Telephone Rd. Houston, TX 77023 713-660-1880 Clinic Type: Federally Qualified Health Center Clinic last updated 3/29/2013

El Centro de Corazón - John S. Dunn Clinic

7635 Canal St. Houston, TX 77012 713-660-1880 Clinic Type: Federally Qualified Health Center Clinic last updated 3/27/2013

El Centro de Corazón - Magnolia Clinic

7037 Capitol St. Houston, TX 77011 713-660-1880

Clinic Type: Federally Qualified Health

Center

Clinic last updated 3/29/2013

El Centro de Corazon- Southeast Health Center

5901 Long Dr. Ste, 500 Houston, TX 77087 713-660-1880

Clinic Type: Federally Qualified Health

Center

Clinic last updated 3/29/2013

El Franco Lee Health Center

8901 Boone Road Houston, TX 77099 281-454-0500

Clinic Type: Hospital District Clinic last updated 6/6/2012

Emerald Plaza WIC Center

11509 Veterans Memorial Dr.

Houston, TX 77067

713-407-5800

Clinic Type: County Clinic Clinic last updated 6/22/2011

Galveston County Health District

9850-B Emmett F. Lowry Expressway

Texas City, TX 77591

409-938-2291

Clinic Type: County Clinic Clinic last updated 3/26/2013

Good Neighbor Health Care Center/ 4th Ward Clinic

190 Heights Blvd. Houston, TX 77007

713-529-3597

Clinic Type: Federally Qualified Health

Center

Clinic last updated 3/12/2013

Good Neighbor-North

8504 Schuller Road Houston, TX 77093

713-387-7171

Clinic Type: Federally Qualified Health

Center

Clinic last updated 3/29/2013

Goose Creek School Based Clinic at San

<u>Jacinto Elem</u>

2706 Kentucky Street Baytown, TX 77520

281-420-1351

Clinic Type: School-Based Clinic last updated 7/3/2012

Grimes County Community Health

Center

1905 Dove Crossing Navasota, TX 77868

936-825-0000

Clinic Type: Federally Qualified Health

Center

Clinic last updated 2/25/2013

Gulfgate Health Center - HCHD

7550 Office City Drive Houston, TX 77012

713-495-3700

Clinic Type: Hospital District Clinic last updated 6/27/2012

Harris County Hospital District Dental

Center

5230 Griggs Rd. Houston, TX 77021

713-757-0572

Clinic Type: Hospital District Clinic last updated 6/26/2012

HCHD-HCHP: Salvation Army Adult

Rehabilitation Center
2118 Washington Avenue

Houston Methodist | Community Benefits Department Houston Methodist Willowbrook Hospital

Houston, TX 77007

713-869-3551

Clinic Type: Federally Qualified Health

Center

Clinic last updated 8/30/2012

HCHD-HCHP: Salvation Army Family

Residence

1603 McGowen Houston, TX 77004

713-650-6530

Clinic Type: Federally Qualified Health

Center

Clinic last updated 8/30/2012

HCHD-HCHP: Salvation Army Mens'

Shelter

2407 North Main Houston, TX 77009

713-224-2875

Clinic Type: Federally Qualified Health

Center

Clinic last updated 7/9/2012

HCHD-HCHP: Star of Hope Mission

Shelter

1811 Ruiz

Houston, TX 77002

713-227-8900

Clinic Type: Federally Qualified Health

Center

Clinic last updated 7/9/2012

HCHD-HCHP: Star of Hope Women & Family Shelter

419 Dowling

Houston, TX 77003

713-222-2220

Clinic Type: Federally Qualified Health

Center

Clinic last updated 6/6/2013

Health Center - Southeast Texas

(Cleveland)

401 E. Crockett Street, Suite A

Cleveland, TX 77327

281-592-2224

Clinic Type: Federally Qualified Health

Center

Clinic last updated 8/6/2012

Health Center - Southeast Texas

(Shepherd)

1651 South Byrd Avenue Shepherd, TX 77371 936-628-1100

Clinic Type: Federally Qualified Health

Center

Clinic last updated 7/25/2012

Health Care for the Homeless - Houston

2505 Fannin St. Houston, TX 77002

713-276-3073

Clinic Type: Federally Qualified Health

Center

Clinic last updated 6/6/2013

HOPE Clinic

7001 Corporate Drive Houston, TX 77036

713-773-0803

Clinic Type: Federally Qualified Health

Center

Clinic last updated 4/19/2013

Houston Area Community Services, Inc.

2150 West 18th Street Houston, TX 77008

713-426-0027

Clinic Type: Federally Qualified Health

Center

Clinic last updated 4/5/2013

Humble Health Clinic

1730 Humble Place Drive

Humble, TX 77338

281-446-4222

Clinic Type: County Clinic Clinic last updated 8/30/2012

Humble WIC Center

8950 Will Clayton Pkwy. Humble, TX 77338 713-407-5800 Clinic Type: County Clinic Clinic last updated 6/22/2011

<u>Ibn Sina Community Clinic, SouthWest</u> <u>Hospital</u>

11226 S. Wilcrest Drive Houston, TX 77099 281-977-7462 Clinic Type: Non-Profit Provider Clinic last updated 7/1/2013

Ibn Sina Community Clinic, Clear Lake

15132 Old Galveston Road Houston, TX 77598 281-990-7462 Clinic Type: Non-Profit Provider Clinic last updated 6/27/2013

Interfaith Community Clinic

101 Pine Manor Drive
Oak Ridge North, TX 77385
281-364-7889
Clinic Type: Non-Profit Provider
Clinic last updated 6/6/2013

La Nueva Casa de Amigos Health Center

1809 North Main St Houston , TX 77009 713-547-8000 Clinic Type: City Clinic Clinic last updated 2/28/2013

LaPorte Health Clinic

1009 South Broadway LaPorte, TX 77571 281-471-4202

Clinic Type: County Clinic Clinic last updated 8/30/2012

<u>Legacy Community Health Services -</u> <u>Mapleridge</u>

6550 Mapleridge St. Houston, TX 77081 713-779-7200

Clinic Type: Federally Qualified Health

Center

Clinic last updated 3/29/2013

<u>Legacy Community Health Services @</u>

Lyons Avenue 5602 Lyons Avenue Houston, TX 77020 713-671-3041

Clinic Type: Federally Qualified Health

Center

Clinic last updated 2/25/2013

Legacy Community Health Services-

Baker Ripley

6500 Rookin, Building B, Suite 200

Houston, TX 77074

713-351-7350

Clinic Type: Federally Qualified Health

Center

Clinic last updated 3/29/2013

Legacy Community Health Services-

Southwest Clinic 6441 High Star Houston, TX 77074 713-779-6400

Clinic Type: Federally Qualified Health

Center

Legacy Montrose Clinic

1415 California Street Houston, TX 77006 713-830-3000

Clinic Type: Federally Qualified Health

Center Clinic last updated 4/24/2013

<u>Lesbian Health Initiative of Houston,</u> Inc.

401 Branard Houston, TX 77006

713-426-3356

Clinic Type: Non-Profit Provider Clinic last updated 4/22/2013

Lone Star Family Health Center

605 South Conroe Medical Drive Conroe, TX 77304 936-539-4004

Clinic Type: Federally Qualified Health

Center

Clinic last updated 6/6/2013

Magnolia Health Center

7037 Capitol St. Houston, TX 77011 713-928-9800 Clinic Type: City Clinic Clinic last updated 8/30/2012

Martin Luther King Jr. Health Center

3550 Swingle Road Houston, TX 77047 713-547-1000 Clinic Type: Hospital District Clinic last updated 6/7/2012

Matagorda Episcopal Health Outreach Program (MEHOP)

101 Avenue F, North Bay City, TX 77414

979-245-2008

Clinic Type: Federally Qualified Health

Center

Clinic last updated 3/4/2013

MD Anderson Cancer Center

1515 Holcombe

Houston, TX 77030 877-632-6789

Clinic Type: Non-Profit Hospital Clinic last updated 10/10/2012

MD Anderson Cancer Center - Katy

19770 Kingsland Blvd Houston, TX 77094 713-563-9600

Clinic Type: Non-Profit Hospital Clinic last updated 6/7/2012

MD Anderson Cancer Center - Sugar Land

1327 Lake Pointe Parkway Sugar Land, TX 77478 281-566-1800

Clinic Type: Non-Profit Hospital Clinic last updated 6/7/2012

Memorial Hermann Centers for Schools - Jane Long

6501 Bellaire Blvd. Houston, TX 77074

713-777-0481

Clinic Type: School-Based Clinic last updated 8/30/2012

Memorial Hermann Health Centers for

Schools--Hogg 1100 Merrill Street Houston, TX 77009 713-864-7614

Clinic Type: School-Based Clinic last updated 8/30/2012

Memorial Hermann Health Centers for Schools-Lamar

1002 E. Stadium Drive Rosenberg, TX 77471

281-762-8383

Clinic Type: School-Based Clinic last updated 8/20/2012

Memorial Hermann Health Centers for Schools-Terry

5500 Avenue N Rosenberg, TX 77471 281-238-0852 Clinic Type: Non-Profit Provider Clinic last updated 8/16/2012

Memorial Hermann Health Centers for Schools-WAVE

1500 Main St. South Houston, TX 77587 713-946-7461 Clinic Type: School-Based Clinic last updated 8/30/2012

Memorial Hermann Health Cntrs for Schools-Burbank

315 Berry Road Houston, TX 77022 713-742-8158 Clinic Type: School-Based Clinic last updated 8/30/2012

Memorial Hermann Mobile Dental Program

9301 S.W FRWY Houston, TX 77074 713-249-4838 Clinic Type: School-Based Clinic last updated 6/22/2011

Memorial Hermann Northeast

18960 Memorial North Humble, TX 77338 281-540-7905 Clinic Type: Non-Profit Hospital Clinic last updated 8/6/2012

Memorial Hermann Southeast

11800 Astoria Blvd Houston, TX 77089 281-929-6100 Clinic Type: Non-Profit Hospital Clinic last updated 10/10/2012

Memorial Hermann The Woodlands Hospital

9250 Pinecroft Dr.
The Woodlands, TX 77380
281-364-2300
Clinic Type: Non-Profit Hospital
Clinic last updated 6/7/2012

Methodist West Hospital Hospital

18400 Katy Freeway Houston, TX 77094 832-522-2873 Clinic Type: Non-Profit Hospital Clinic last updated 3/28/2013

Monica Lamb Wellness Foundation

5103 Yellowstone Houston, TX 77021 832-352-5702 Clinic Type: Non-Profit Provider Clinic last updated 6/7/2012

Montrose Counseling Center

401 Branard St. Houston, TX 77006 713-529-0037 Clinic Type: Non-Profit Provider Clinic last updated 6/7/2012

<u>Neighborhood Health Center -</u> Northwest

1800 W. 26th Street, Suite 103 Houston, TX 77008 713-957-8400 Clinic Type: Non-Profit Provider Clinic last updated 10/9/2012

<u>Neighborhood Health Center -</u> <u>Southwest</u>

7600 Beechnut, Suite A

Houston, TX 77074 713-456-4280 Clinic Type: Non-Profit Provider Clinic last updated 8/30/2012

Neighborhood Health Center Northeast

9813 Memorial Blvd, Suite H Humble, TX 77338 281-319-8500 Clinic Type: Non-Profit Provider Clinic last updated 8/30/2012

Northside Health Center

8504 Schuller Road Houston, TX 77093 713-696-5900 Clinic Type: City Clinic Clinic last updated 9/24/2012

Northwest Assistance Ministries' Children's Clinic

15555 Kuykendahl Road Houston, TX 77090 281-885-4630 Clinic Type: Non-Profit Provider Clinic last updated 8/30/2012

Northwest Health Center

1100 W 34th Street Houston, TX 77018 713-861-3939 Clinic Type: Hospital District Clinic last updated 6/7/2012

Pasadena Health Center

908 Southmore Pasadena, TX 77502 713-554-1091 Clinic Type: Federally Qualified Health Center Clinic last updated 2/25/2013

Pasadena WIC Center

524 Pasadena Blvd. Suite 1005

Pasadena, TX 77506 713-407-5800 Clinic Type: County Clinic Clinic last updated 6/22/2011

Patrick Henry School Based Clinic

10702 East Hardy Houston, TX 77093 713-696-2731 Clinic Type: School-Based Clinic last updated 7/3/2012

<u>Pediatric & Adolescent Health Center-</u> Bear Creek

5870 Highway 6, Ste. 108 Houston, TX 77084 713-873-6860 Clinic Type: Hospital District Clinic last updated 7/3/2012

Pediatric & Adolescent Health Center-

<u>Pasadena</u>

3925 Fairmont Parkway Pasadena, TX 77504 713-873-6300 Clinic Type: Hospital District Clinic last updated 7/3/2012

People's Health Center

6630 Demoss
Houston, TX 77074
713-272-2600
Clinic Type: Hospital District
Clinic last updated 7/20/2012

<u>Planned Parenthood Dickinson Health</u> Center

3315 Gulf Freeway Dickinson , TX 77539 713-514-1105

Clinic Type: Non-Profit Provider Clinic last updated 8/14/2012

<u>Planned Parenthood FM1960 Health</u> Center

3995 FM1960 West Houston, TX 77068 281-587-8082 Clinic Type: Non-Profit Provider Clinic last updated 8/30/2012

<u>Planned Parenthood Greenspoint Health</u> Center

11834 Airline Dr. Houston, TX 77037 713-514-1106 Clinic Type: Non-Profit Provider Clinic last updated 8/30/2012

<u>Planned Parenthood Northwest Health</u> Center

13169 Northwest Freeway, Suite115 Houston, TX 77040 713-514-1107 Clinic Type: Non-Profit Provider Clinic last updated 8/30/2012

Planned Parenthood Prevention Park

4600 Gulf Freeway Houston, TX 77023 713-522-3976 Clinic Type: Non-Profit Provider Clinic last updated 8/30/2012

<u>Planned Parenthood Rosenberg Health</u> <u>Center</u>

4203 Avenue H, #7 Rosenberg, TX 77471 713-514-1104 Clinic Type: Non-Profit Provider Clinic last updated 8/14/2012

<u>Planned Parenthood Southwest Health</u> Center

5800 Bellaire Blvd Houston, TX 77081 713-541-5372 Clinic Type: Non-Profit Provider Clinic last updated 8/30/2012

<u>Planned Parenthood Stafford Health</u> Center

3727 Greenbriar, Suite 118 Stafford, TX 77477 713-514-1100 Clinic Type: Non-Profit Provider Clinic last updated 8/14/2012

Quentin Mease Community Hospital

3601 N. MacGregor Way Houston, TX 77004 713-873-3700 Clinic Type: Hospital District Clinic last updated 6/7/2012

Red Oak WIC Center

830 FM 1960 West Houston, TX 77090 713-407-5800 Clinic Type: County Clinic Clinic last updated 6/22/2011

Riverside Health Center

3315 Delano St. Houston, TX 77004 713-831-9600 Clinic Type: City Clinic Clinic last updated 8/30/2012

Robert Carrasco School Based Clinic

1115 Noble Houston, TX 77009 713-226-2632 Clinic Type: School-Based Clinic last updated 7/3/2012

San Jacinto Methodist Hospital

4401 Garth Rd Baytown, TX 77521 281-420-8600 Clinic Type: Non-Profit Hospital Clinic last updated 6/7/2012

San Jose Clinic

2615 Fannin Houston, TX 77002 713-228-9411 Clinic Type: Non-Profit Provider Clinic last updated 6/27/2013

Scarsdale WIC Center

10851 Scarsdale Blvd. Houston, TX 77089 713-407-5800 Clinic Type: County Clinic Clinic last updated 6/22/2011

Settegast Health Center

9105 North Wayside Houston, TX 77028 713-636-7192 Clinic Type: Hospital District Clinic last updated 9/5/2012

Shalom Health Clinic

8121 Broadway Ste 103 Houston, TX 77061 713-900-2750 Clinic Type: Non-Profit Provider Clinic last updated 6/27/2013

Sharpstown Health Center

6201 Bonhomme Suite 300 South Houston, TX 77036 713-780-5600 Clinic Type: City Clinic Clinic last updated 2/28/2013

Shaver WIC Center

152 Fairmont Pkwy. Pasadena, TX 77504 713-407-5800 Clinic Type: County Clinic Clinic last updated 6/22/2011

<u>Sheldon School Based Clinic at Sheldon</u> <u>Elementary</u>

17203 1/2 Hall Shepperd Houston, TX 77049 281-456-5201 Clinic Type: School-Based Clinic last updated 7/3/2012

Shifa Abu Bakr Clinic

8830 Old Galveston Road Houston, TX 77034 713-910-7860 Clinic Type: Non-Profit Provider Clinic last updated 9/4/2012

Shifa Al Mustafa Health Services

17250 Coventry Park Drive Houston, TX 77084 281-712-1574 Clinic Type: Non-Profit Provider Clinic last updated 9/4/2012

Shifa Al Salam Clinic

16700 Old Louetta Road Spring, TX 77379 281-251-2639 Clinic Type: Non-Profit Provider Clinic last updated 9/4/2012

Shifa Clinic Houston

10415 Synott Road Sugar Land, TX 77478 281-561-5767 Clinic Type: Non-Profit Provider Clinic last updated 8/28/2012

Smith Clinic

2525-A Holly Hall St. Houston, TX 77054 713-526-4243 Clinic Type: Hospital District Clinic last updated 3/1/2013

Southeast Health Clinic

3737 Red Bluff Rd.
Pasadena, TX 77503
713-740-5000
Clinic Type: County Clinic
Clinic last updated 8/30/2012

Southeast WIC Center

3737 Red Bluff Road Pasadena, TX 77503 713-407-5800 Clinic Type: County Clinic Clinic last updated 6/22/2011

Southside School Based Behavioral

Health Clinic
1721 16th Street
Galena Park, TX 77547
713-676-1475
Clinic Type: School-Based
Clinic last updated 7/3/2012

Southside School Based Clinic

1721 16th Street Galena Park, TX 77547 713-671-2461 Clinic Type: School-Based Clinic last updated 7/3/2012

Spring Branch Community Health Center

1615 Hillendahl Suite 100 Houston, TX 77055 713-462-6565 Clinic Type: Federally Qualified Health Center Clinic last updated 4/19/2013

Spring Branch Community Health Center

Pitner Rd Clinic 8575 Pitner Rd. Houston, TX 77080 713-462-6545

Clinic Type: Federally Qualified Health

Center

Clinic last updated 3/29/2013

St Vincent's Clinic

2817 Postoffice Street Galveston, TX 77550 409-765-2219 Clinic Type: Non-Profit Provider Clinic last updated 3/21/2013

<u>Stephen F. Austin Community Health</u> Center

1111 W. Adoue Street Alvin, TX 77511 281-824-1480

Clinic Type: Federally Qualified Health

Center

Clinic last updated 2/25/2013

Strawberry Health Center

927 E. Shaw Pasadena, TX 77506 713-982-5900 Clinic Type: Hospital District Clinic last updated 6/25/2012

Sunnyside Health Center

9314 Cullen St.

Houston, TX 77051 713-732-5000 Clinic Type: City Clinic Clinic last updated 9/24/2012

<u>Texas Children's Pediatric Association-</u> <u>Corinthian Pointe</u>

5505 W. Orem Dr. Suite 100 Houston, TX 77085 713-283-1039

Clinic Type: Non-Profit Provider Clinic last updated 3/25/2013

<u>Texas Children's Pediatric Associates -</u>

<u>Cullen</u>

5751 Blythewood Street

Houston, TX 77021 713-741-4078 Clinic Type: Non-Profit Provider Clinic last updated 10/25/2012

<u>Texas Children's Pediatric Associates -</u> Gulfton

5900 Chimney Rock Houston, TX 77081 713-661-2951 Clinic Type: Non-Profit Provider Clinic last updated 8/30/2012

<u>Texas Children's Pediatric Associates -</u> Ripley

4410 Navigation Boulevard Houston, TX 77011 713-547-8282 Clinic Type: Non-Profit Provider Clinic last updated 8/30/2012

Texas Children's Pediatrics-AAMA

6001 Gulf Freeway Suite C-2 Houston, TX 77023 713-514-8060 Clinic Type: Non-Profit Provider Clinic last updated 8/30/2012

The Rose Galleria

5420 West Loop South Bellaire, TX 77401 713-668-2996 Clinic Type: Non-Profit Provider Clinic last updated 9/12/2012

The Rose Southeast

12700 N. Featherwood Houston, TX 77034 281-484-4708 Clinic Type: Non-Profit Provider Clinic last updated 6/14/2012

The University of Texas Medical Branch

301 University Blvd. Galveston, TX 77555 409-747-4952 Clinic Type: Non-Profit Hospital Clinic last updated 6/7/2012

Thomas Street Health Center

2015 Thomas Street Houston, TX 77009 713-873-4000 Clinic Type: Hospital District Clinic last updated 7/9/2012

TOMAGWA Health Care Ministries

455 School Street
Tomball, TX 77375
281-357-0747
Clinic Type: Non-Profit Provider
Clinic last updated 6/27/2013

Tomball WIC Center

701 E. Main Street Tomball, TX 77375 713-407-5800 Clinic Type: County Clinic Clinic last updated 6/22/2011

UTMB Angleton RMCHP Clinic

1108 A. East Mulberry Angleton, TX 77515 979-849-0692 Clinic Type: Non-Profit Hospital Clinic last updated 8/13/2012

<u>UTMB Breast Health and Imaging Center</u>

2240 Gulf Freeway South League City, TX 77573 832-505-1700 Clinic Type: Non-Profit Hospital Clinic last updated 6/7/2012

<u>UTMB Cancer Center - Dickinson Clinic</u> 2401 West FM 646

Dickinson, TX 77539 281-534-8380

Clinic Type: Non-Profit Provider Clinic last updated 6/8/2012

UTMB Conroe RMCHP Clinic

701 East Davis, Suite A Conroe, TX 77301 936-525-2800 Clinic Type: Non-Profit Hospital Clinic last updated 8/13/2012

UTMB Dickinson RMCHP

3828 Hughes Court Dickinson, TX 77539 281-614-1256 Clinic Type: Non-Profit Provider Clinic last updated 8/28/2012

UTMB Family Medicine, Island West

6710 Stewart Rd. Galveston, TX 77551 409-744-4030 Clinic Type: Non-Profit Provider Clinic last updated 8/13/2012

UTMB Galveston RMCHP

7th Floor UHC Bldg - 301 University Blvd Galveston, TX 77555 409-747-4952 Clinic Type: Non-Profit Hospital Clinic last updated 10/10/2012

UTMB Katy RMCHP Clinic

511 Park Grove Drive Katy, TX 77450 281-398-7001 Clinic Type: Non-Profit Hospital Clinic last updated 8/27/2012

UTMB New Caney RMCHP Clinic

21134 US Hwy 59, Ste. I New Caney, TX 77357 281-577-8966 Clinic Type: Non-Profit Hospital Clinic last updated 8/13/2012

UTMB Pasadena RMCHP

3737 Red Bluff, Suite 150 Pasadena, TX 77503 713-473-5180 Clinic Type: Non-Profit Hospital Clinic last updated 10/10/2012

UTMB Pearland RMCHP Clinic

2750 East Broadway Pearland, TX 77581 281-485-3220 Clinic Type: Non-Profit Hospital Clinic last updated 6/7/2012

<u>UTMB Pediatric and Adult Primary Care</u>, Friendswood

128 W Parkwood Friendswood, TX 77546 281-482-5695 Clinic Type: Non-Profit Provider Clinic last updated 8/13/2012

<u>UTMB Pediatric and Adult Primary Care,</u> League City

6465 South Shore Blvd League City, TX 77573 281-538-7735 Clinic Type: Non-Profit Provider Clinic last updated 6/7/2012

UTMB Sugar Land RMCHP Clinic

14823 Southwest Fwy Sugar Land, TX 77478 713-234-3100 Clinic Type: Non-Profit Hospital Clinic last updated 8/13/2012

UTMB Texas City RMCHP

9300 EF Lowry Expressway Texas City, TX 77591 40 -986-9686 Clinic Type: Non-Profit Provider Clinic last updated 8/28/2012

<u>UTMB Women's Specialty Care at Bay</u> <u>Colony & University Fertility Center</u>

1804 FM 646 League City, TX 77539 281-534-6414 Clinic Type: Non-Profit Provider Clinic last updated 8/13/2012

UTMB Women's Specialty Care, Nassau

Bay

2060 Space Park Dr. Houston, TX 77058 281-333-2744 Clinic Type: Non-Profit Provider Clinic last updated 8/13/2012

Vaccine Center for Adults and Travelers

8000 North Stadium Dr.; 1st Floor Houston, TX 77054 832-393-5174 Clinic Type: City Clinic Clinic last updated 6/20/2012

Webster Health Clinic

311 Pennsylvania , Suite 200 Webster , TX 77598 281-338-0637 Clinic Type: County Clinic Clinic last updated 6/7/2012

Health Outcomes							
Focus Area	Measure	Weight	Source	Year(s)			
Mortality (50%)	Premature death (years of potential life lost before age 75 per 100,000 pop) National Center for Health Statistics						
Morbidity (50%)	Poor or fair health (percent of adults reporting fair or poor health)	Behavioral Risk Factor Surveillance System	2005-2011				
	Poor physical health days (average number in past 30 days)	10%	Behavioral Risk Factor Surveillance System	2005-2011			
	Poor mental health days (average number in past 30 days)	10%	Behavioral Risk Factor Surveillance System	2005-2011			
	Low birthweight (percent of live births with weight < 2500 grams)	20%	National Center for Health Statistics	2004-2010			

	Health Behaviors (30%)						
Focus Area	Measure	Weight	Source	Year(s)			
Tobacco use (10%)	Adult smoking (percent of adults that smoke)	Behavioral Risk Factor Surveillance System	2005-2011				
Diet and exercise (10%)	Adult obesity (percent of adults that report a BMI >= 30)	7.5%	National Center for Chronic Disease Prevention and Health Promotion, Division of Diabetes Translation	2009			
	Physical inactivity (percent of adults that report no leisure time physical activity)	2.5%	National Center for Chronic Disease Prevention and Health Promotion, Division of Diabetes Translation	2009			
Alcohol use Excessive drinking (percent of adults who report heavy or bringe drinking)		2.5%	Behavioral Risk Factor Surveillance System	2005-2011			
	Motor vehicle crash deaths per 100,000 population	2.5%	National Center for Health Statistics	2004-2010			

IV/AIDS, 2010 and TB
ealth 2004-2010
ć

	Clinical Care (20%)							
Focus Area	Measure Weight Source							
Access to care (10%)	Tre Uninsured (percent of population < age 65 without health insurance)		Small Area Health Insurance Estimates	2010				
	Ratio of population to primary care physicians	3%	3% HRSA Area Resource File					
	Ratio of population to dentists 2% HRSA Area Resource File							
Quality of care (10%) Preventable hospital stays (rate per 1,000 Medicare enrollees)		5%	Dartmouth Atlas of Health Care	2010				
	Diabetic screening (percent of diabetics that receive HbA1c screening)	2.5% Dartmouth Atlas of Health Care		2010				
	Mammography screening (percent of females that receive screening)	2.5%	Dartmouth Atlas of Health Care	2010				

	Social and Economic Environment (40%)							
Focus Area	Measure	Weight	Source	Year(s)				
Education (10%)	High school graduation (percent of ninth grade cohort that graduates in 4 years)	5%	State sources and the National Center for Education Statistics	Varies by state				
	Some college (Percent of adults aged 25-44 years with some post-secondary education) 5% American Community Survey, 5-year estimates							
Employment (10%)	Unemployment rate (percent of population age 16+ unemployed)	10%	Bureau of Labor Statistics	2011				

Income (10%)	Children in poverty (percent of children under age 18 in poverty)	2011		
Family and social support	Inadequate social support (percent of adults without social/emotional support)	2.5%	Behavioral Risk Factor Surveillance System	2005-2010
(5%)	Percent of children that live in single- parent household	2.5%	American Community Survey, 5- year estimates	2007-2011
Community safety (5%)	Violent crime rate per 100,000 population	5%	Uniform Crime Reporting, Federal Bureau of Investigation State data sources for Illinois	2008-2010

	Physical Environment (10%)						
Focus Area	Measure	Weight	Source	Year(s)			
Environmental quality (4%)	Daily fine particulate matter (average daily measure in micrograms per cubic meter)	2%	CDC WONDER Environmental data Data not available for Alaska and Hawaii	2008			
	Drinking water safety (percent of population exposed to water exceeding a violation limit in the past year)	2%	Safe Drinking Water Information System	FY 2012			
Built environment	Access to recreational facilities (rate per 100,000 population)	2%	County Business Patterns	2010			
(6%)	Limited access to health foods (percent of population who lives in poverty and more than 1 or 10 miles from a grocery store)	2%	USDA Food Environment Atlas	2012			
	Fast food restaurants (percent of all restaurants that are fast food)	2%	County Business Patterns	2010			





2013 National Benchmarks

Total # of counties/county equivalents in US - 3,143 Total # of unranked counties in 2013 - 90

Total # of ranked counties in 2013 - 3,053

Category	Focus Area	Measure	Missing Countles (out of 3053)	Minimum	Maximum	Average	Standard Deviation	10th Percentile	Median	90th Percentile	National Benchmark
	Mortality	Premature death	0	2,153	24,668	8,025	2,417	5,317	7,714	11,045	5,317
	Morbidity	Poor or fair health (%)	357	2	41	17	6	10	16	24	10
Outcomes	Morbidity	Poor physical health days	204	0.7	8.5	3.8	1.0	2.6	3.7	5.1	2.6
	Morbidity	Poor mental health days	240	0.7	7.5	3.4	1.0	2.3	3.4	4.7	2.3
	Morbidity	Low birthweight (%)	134	3.4	17.5	8.3	2.0	6.0	7.9	11.1	6.0
	Smoking	Adult smoking (%)	556	0	48	21	6	13	21	28	13
	Diet and Exercise	Adult obesity (%)	0	14	48	30	4	25	31	35	25
Health	Diet and Exercise	Physical inactivity (%)	0	10	44	28	5	21	28	34	21
Health Behaviors	Alcohol Use	Excessive drinking (%)	467	0	37	15	6	7	15	22	7
benaviors	Alcohol Use	Motor vehicle crash death rate	280	3	111	22	10	10	20	36	10
	Sexual Activity	Sexually transmitted infections	6	0	2,813	315	271	92	236	646	92
	Sexual Activity	Teen birth rate	100	4	130	46	20	21	44	72	21
	Access to Care	Primary care physicians	122	218:1	17,377	2,596:1	2,114:1	1,067:1	1,963:1	4,822:1	1,067:1
	Access to Care	Uninsured (%)	0	4	41	18	5	11	18	26	11
Clinical Care	Access to Care	Dentists	152	348:1	35,544:1	3,630:1	2,735:1	1,516:1	2,868:1	6,634:1	1,516:1
Clinical Care	Quality of Care	Diabetic screening* (%)	12	17	100	84	7	76	85	90	90
	Quality of Care	Mammography screening* (%)	31	30	95	63	8	52	64	73	73
	Quality of Care	Preventable hospital stays	52	20	342	79	31	47	73	115	47
	Education	High school graduation* (%)	13	1	100	82	10	70	84	93	
	Education	Some college* (%)	0	18	90	54	12	39	54	70	70
Social &	Employment	Unemployment (%)	0	1.1	29.7	8.7	2.9	5.0	8.4	12.3	5.0
Economic	Income	Children in poverty (%)	0	3	62	25	9	14	24	37	14
Factors	Family & Social Support	Children in single-parent household (%)	2	2	75	31	10	20	30	44	20
	Family & Social Support	Inadequate social support (%)	622	0	57	19	5	14	19	26	14
	Community Safety	Violent crime rate	151	0	2,062	274	226	66	215	562	66
	Environmental Quality	Daily fine particulate matter**	29	6	15	11	2	9	11	13	8.8
Dharatast	Environmental Quality	Drinking water safety (%)	52	0	100	9	20	0	0	31	0
Physical Environment	Built Environment	Access to recreational facilities*	0	0.0	62.4	7.6	7.4	0.0	6.9	15.8	16
Environment	Built Environment	Fast food restaurants (%)	98	7	100	45	14	27	47	60	27
	Built Environment	Limited access to healthy foods (%)	0	0	72	8	7	1	6	15	1

Reverse-coded measures, the national benchmark is the 90th percentile. For all other measures, the national benchmark is the 10th percentile.

County Health Rankings & Roadmaps is a collaboration between the Robert Wood Johnson Foundation and the University of Wisconsin Population Health Institute.



^{**} No data were available for these measures for Alaska and Hawaii.

SOURCES

¹ United States Census Bureau, *Texas Cities Lead Nation in Population Growth*; http://www.census.gov/newsroom/releases/archives/population/cb13-94.html

² Texas Department of State Health Service, Health Service Regions 6 and 5 South; http://www.dshs.state.tx.us/region6-5/

³ Texas Department of State Health Service, Center for Health Statistics, 2009 Fort Bend County Health Fact Profile; http://www.dshs.state.tx.us/chs/cfs/Texas-Health-Facts-Profiles.doc

⁴ Texas Department of State Health Service, Center for Health Statistics, 2009 Harris County Health Fact Profile; http://www.dshs.state.tx.us/chs/cfs/Texas-Health-Facts-Profiles.doc

⁵ Texas Department of State Health Service, Center for Health Statistics, 2009 *Waller County Health Fact Profile*; http://www.dshs.state.tx.us/chs/cfs/Texas-Health-Facts-Profiles.doc

⁶ Truven Health Analytics. *Truven Market Planner Plus*. Accessible at http://truvenhealth.com/

⁷ Rice University, Kinder Institute for Urban Research, Emerson, M. O., Bratter, J., Howell, J., Jeanty, P. W., & Cline, M. (n.d.). Houston Region Grows More Racially/Ethnically Diverse, With Small Declines in Segregation. A Joint Report Analyzing Census Data from 1990, 2000, and 2010.

⁸ Truven Health Analytics. *Truven Market Planner Plus*. Accessible at http://truvenhealth.com/

⁹ U.S. Census Bureau, Population Division, *Table 1. Intercensal Estimates of the Resident Population for Counties of Texas: April 1, 2000 to July 1, 2010 (CO-EST00INT-01-48);* September 2011

¹⁰ U.S. Census Bureau, *Brazoria County quick facts*. Retrieved June 12, 213 from U.S. Census Website: http://quickfacts.census.gov/qfd/states/48000.html

¹¹ U.S. Census Bureau, *Chambers County quick facts*. Retrieved June 12, 213 from U.S. Census Website: http://quickfacts.census.gov/qfd/states/48000.html

¹² U.S. Census Bureau, *Fort Bend County quick facts*. Retrieved June 12, 213 from U.S. Census Website: http://quickfacts.census.gov/qfd/states/48000.html

¹³ U.S. Census Bureau, *Galveston County quick facts*. Retrieved June 12, 213 from U.S. Census Website: http://quickfacts.census.gov/qfd/states/48000.html

¹⁴ U.S. Census Bureau, *Harris County quick facts*. Retrieved June 12, 213 from U.S. Census Website: http://quickfacts.census.gov/qfd/states/48000.html

¹⁵ U.S. Census Bureau, *Liberty County quick facts*. Retrieved June 12, 213 from U.S. Census Website: http://quickfacts.census.gov/qfd/states/48000.html

¹⁶ U.S. Census Bureau, *Montgomery County quick facts*. Retrieved June 12, 213 from U.S. Census Website: http://quickfacts.census.gov/qfd/states/48000.html

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- ²⁰ Truven Health Analytics. *Truven Market Planner Plus*. Accessible at http://truvenhealth.com/
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- ²² Truven Health Analytics. *Truven Market Planner Plus*. Accessible at http://truvenhealth.com/
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- ²⁴ Truven Health Analytics. *Truven Market Planner Plus*. Accessible at http://truvenhealth.com/
- ²⁵ Texas Department of State Health Service, Center for Health Statistics, 2009 Houston-Baytown-Sugar Land Metropolitan Statistical Area Health Fact Profile; http://www.dshs.state.tx.us/chs/cfs/Texas-Health-Facts-Profiles.doc
- ²⁶ Texas Department of State Health Service, Center for Health Statistics, 2009 *Texas State Health Fact Profile*; http://www.dshs.state.tx.us/chs/cfs/Texas-Health-Facts-Profiles.doc
- ²⁷ Texas Department of State Health Service, Center for Health Statistics, 2009 Health Service Region 6/5S Health Fact Profile; http://www.dshs.state.tx.us/chs/cfs/Texas-Health-Facts-Profiles.doc
- ²⁸ Texas Department of State Health Service, Center for Health Statistics, 2009 *Brazoria County Health Fact Profile*; http://www.dshs.state.tx.us/chs/cfs/Texas-Health-Facts-Profiles.doc
- ²⁹ Texas Department of State Health Service, Center for Health Statistics, 2009 *Chambers County Health Fact Profile*; http://www.dshs.state.tx.us/chs/cfs/Texas-Health-Facts-Profiles.doc
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